

CRAB WALK.

CRAB WALK BACKWARDS.

HOP ON ONE FOOT.

DO JUMPING JACKS.

SKIP.

CLICK YOUR HEELS.

SHOW YOUR NINJA MOVES.

TAP HEAD & RUB TUMMY.

DO YOUR FAVORITE DANCE.

WALK BACKWARD.

CLOSE YOUR EYES

JUMP SIDEWAYS.

SPIN.

HOP ON BOTH FEET.

PRETEND TO RIDE A BIKE.

RUN.

FROG JUMP.

WALK ON HANDS (HANDSTANDS).

DO CARTWHEELS.

SOMERSAULT.

LEAP.

HOP LIKE A KANGAROO.

ARMY CRAWL.

PRETEND YOU'RE SWIMMING.

PLAY A PRETEND INSTRUMENT.

CRISS-CROSS YOUR LEGS.

CRAWL.

HOP BACKWARD.

CLAP HANDS UNDER KNEES.

DO HIGH KNEE JUMPS.

FLY LIKE AN AIRPLANE.

PRETEND TO KICK A BALL.