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Emoji Emotions

How well do you really know one another? Find out with this game! You might be surprised by some of the answers!

Skill Building



How to Play

1. Give each player a set of colored emotion cards.
2. The first player selects a gray situation card. Other players guess what emotion player 1 would feel and place their corresponding emotion card in the center.
3. Player 1 reveals the answer, and players who guessed right earn a point.
4. Rotate and repeat!



Quick Info

- Players: 3+
- Ages: 4+
- Prep time: 2 min.
- Playing time: 20+ min./game
- Supplies:

- Emoji Emotions card deck from FamilyFED.com

Adaptations



1. After everyone guesses the player's response, have them share what emotion they would feel and why.



2. Use the blank cards to add situations or emotions relevant to your family.



3. Use the numbered list instead of gray cards and have players pick a number.

Conversation Starter: Becoming comfortable talking with others about your emotions is an important skill for mental health and family communication. How can each of you help create a safe space for your family members or friends to talk about their emotions?