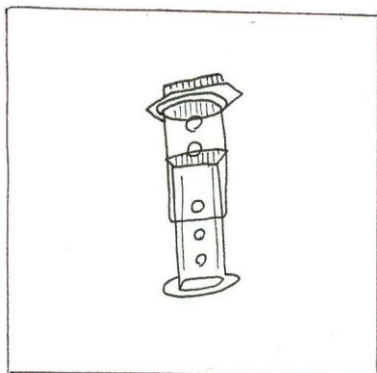




AEROPRESS BREW GUIDE



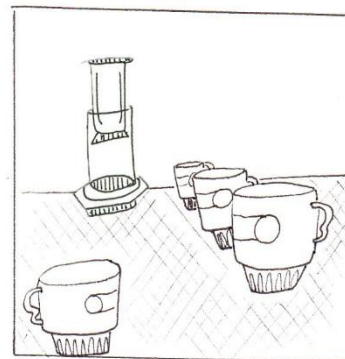
INVERTED METHOD

TOTAL TIME | 2:00-2:30 |

GRIND | MEDIUM-FINE |

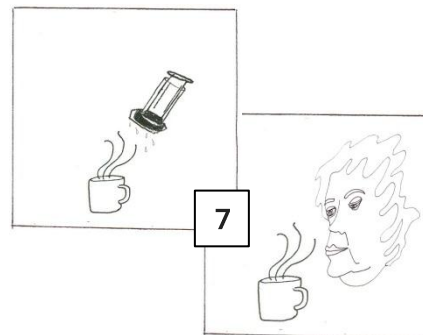
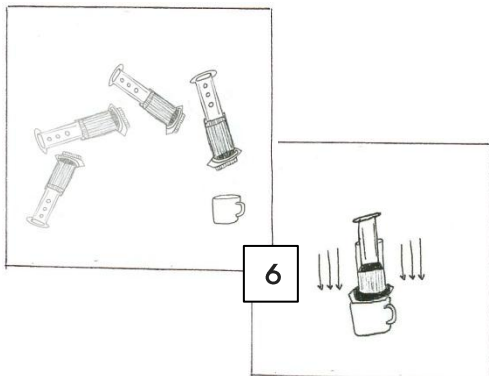
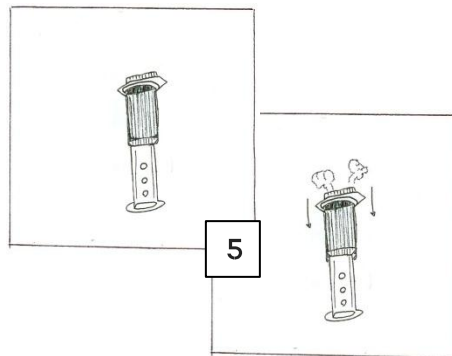
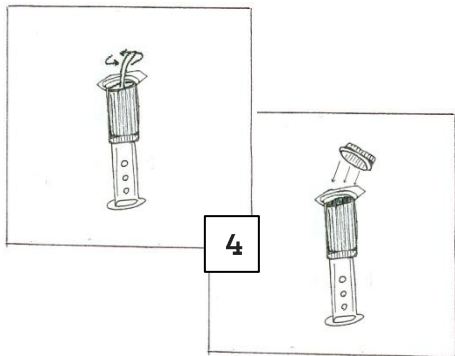
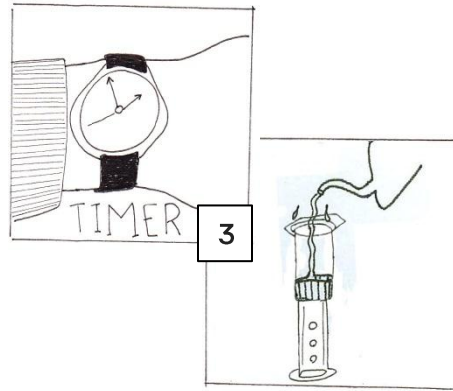
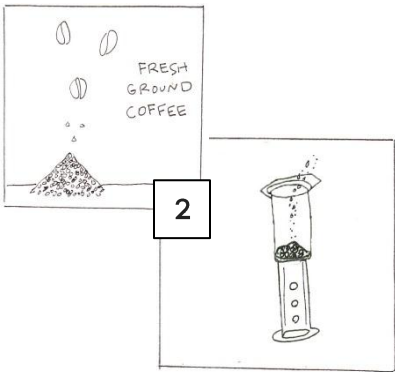
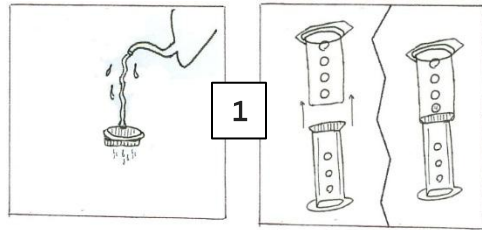
The inverted method tends towards an immersion style brew, thus favoring richer flavor and a heavier mouth-feel.

INTRODUCTION



THE AEROPRESS is a unique and fun way to brew up a single cup of coffee. Durable, super portable, and easy to clean, the AeroPress is every traveling coffee fan's go to brewing device. Other than being convenient, the AeroPress has proved to be one of the most versatile brew methods, with unlimited sets of recipes highlighting different strengths and preferences – it's in a category of its own. The AeroPress can be used to highlight body through its immersion brew – like a French press, while holding back enough fines to provide some room for more subtle flavors to shine through – like a paper filter brew.

INVERTED



Step 1: Pre-wet your filter by placing the paper filter into the filter holder, and then pour enough hot water to sufficiently wet the filter. Set the filter holder aside, we'll use it later. Set-up your inverted AeroPress by placing the piston into the brew chamber, but only so far that the rubber portion is right under the "4" mark of the AeroPress.

Step 2: Place the inverted AeroPress onto your scale. Grind 16g of whole bean coffee at a medium-fine setting. Tare your scale then place the ground coffee into the brew chamber. Make sure your scale reads 16g.

Step 3: Tare your scale once more; we just need to measure water input. Start your timer and immediately pour 35g of water (198f-204f) into the brew chamber, taking care to wet all grounds. Once your timer reads 30 seconds,, finish pouring water into the brew chamber until your scale reads 230g.

Step 4: Gently transfer your AeroPress off the scale and stir the coffee to ensure all grounds are saturated. Attach your filter holder to the brew chamber. Make sure it locks into place.

Step 5: Slowly push the inverted AeroPress downward to let as much air out – stop when liquid is about to come out of the filter case. (This prevents the AeroPress from spewing coffee everywhere when you flip the AeroPress.)

Step 6: Between 1:15-1:30 quickly flip the AeroPress, so it's upright, onto your cup and gently plunge for about 45 seconds. Stop plunging once you hear a hissing sound.

Step 7: Finishing around 2:00-2:30. Pull the AeroPress off your cup and enjoy!