

INTERBRANCH EMPLOYEE CLUB DISCOUNT

50% off 3-class trial pass, plus free boxing gloves using coupon code: CALGARYCORPORATE online at www.ilovekickboxing.com. Only \$9.99 after discount.

PLUS

2 months free when you sign up for a 12-month unrestricted membership.

Try the trial classes first, then sign up on an unrestricted membership:

- ✓ Lose fat: up to 2 lbs/week safely, 600 to 1100+ calories burned per class
- ✓ Tone up: shed fat while building muscle
- ✓ Have fun: we're like a big family that you actually get along with ☺
- ✓ Build strength and endurance
- ✓ 60-minute classes: mornings, afternoons and evenings
- ✓ Real kickboxing with real bags, real gloves and real results, but non-combat (sorry, but we don't think your boss wants you coming in with black eyes and missing teeth)

Valid at ILKB Calgary-Millrise for Interbranch Employee Club Members and their immediate family #3149, 150 Millrise Blvd SW (behind Coach & Horses Pub in Millrise Station)

Call us, we love helping people achieve their health & fitness goals: (587) 600-8118

Please have your membership number & card available.