

3V GEAR

EMERGENCY CAR KIT CHECKLIST

An emergency car kit is important to have in case of an accident, breakdown, or getting stranded. This checklist is a starting point for building emergency car kit. Not all items will be required in your emergency car kit and you may need to add additional items based on your needs, time of year, and geography.

MEDICAL

- Medications
- First-aid supplies
- Personal toiletry items
- Hand sanitizer
- Face mask
- Latex gloves

FOOD & WATER

- Water
- Non-perishable snacks

CLOTHING

- Warm jacket
- Beanie
- Neck gaiter
- Work gloves
- Hat or head protection
- Rain jacket

TOOLS & EQUIPMENT

- Seat belt cutter and glass breaker
- Multitool
- Crank lantern/radio
- Small air compressor
- Jumper cables
- Tow rope
- Screwdriver
- Duct tape
- Heavy duty garbage bags
- Portable USB charger
- Headlamp
- Wrench
- Pry bar
- Bungee cords
- Car specific fire extinguisher
- Portable jump starter

MISCELLANEOUS

- Cash (small denominations for purchasing equipment or supplies)

POTENTIAL ADDITIONS

- Warm and thick blanket
- Survival blanket
- Toilet paper