

3V GEAR GO BAG CHECKLIST

A Go Bag is a pack you have at the ready, filled with the essentials you need in case of an emergency or potential threat. When disaster strikes, time is of the essence and being prepared can make all the difference. This checklist is a starting point for building your go bag. Not all items will be required in your go bag and you may need to add additional items based on your needs.

MEDICAL

- Medications
- First-aid supplies
- Personal toiletry items
- Hand sanitizer
- Face mask
- Latex gloves

HYDRATION

- Purification tablets
- Reusable water bottle

FOOD

- High calorie sport bars
- Beef jerky
- Non-perishable snacks

CLOTHING

- Extra layers in waterproof bags
- Beanie
- Neck gaiter
- Work gloves
- Hat or head protection

TOOLS & EQUIPMENT

- Battery-operated radio
- Headlamp or flashlight
- Spare batteries
- Emergency blanket
- Spare keys for your house and car
- Knife
- Lighter and matches
- Multi-tool
- Pepper spray

MISCELLANEOUS

- Important documents in sealed plastic bags
- Cash
- CCW if not already on your person

POTENTIAL ADDITIONS

- Complete IFAK
- Shelter
- MREs
- Poncho
- Survival blankets
- Toilet paper