



# 3V GEAR EVACUATION CHECKLIST

When disaster strikes, time is of the essence and being prepared can make all the difference. This checklist is a starting point for building your evacuation plan and go bag. Not all items will be required and you may need to add additional items based on your needs.

## MEDICAL & HYGIENE

- Medications & prescriptions
- First-aid supplies
- Hand sanitizer
- Face mask
- Latex gloves
- Toilet paper or cleaning wipes
- Feminine hygiene products
- Toothbrush, toothpaste & floss
- Soap
- Deodorant
- Glasses or contact lenses

## FOOD & WATER

- Enough water & food for 72 hours
- High calorie sport bars
- Beef jerky
- Non-perishable snacks
- Purification tablets
- Reusable water bottle

## CLOTHING

- Extra layers in waterproof bags
- Beanie
- Neck gaiter
- Work gloves
- Hat or head protection
- Undergarments
- Extra shoes
- Extra clothing (warm & cold)
- Coat or jacket

## MISCELLANEOUS

- Important documents in sealed plastic bags
- Virtual copies of all your important documents
- Cash
- House & car keys
- Phone & charger
- Backup power supply
- CCW if not already on your person
- Blankets
- Photos of you, your children, & pets

## TOOLS & EQUIPMENT

- Battery-operated radio
- Headlamp or flashlight
- Spare batteries
- Emergency blanket
- Knife
- Lighter and matches
- Multi-tool
- Pepper spray
- Zip ties or paracord

## ADDITIONS

- Complete IFAK
- Stuffed animal for children
- Diapers and formula for babies
- Any possible food, medication, bed, leash, etc. for pets
- List of phone numbers & addresses for family, friends, doctors, medications