

Rock Climbing Gear Guide for Trad Followers

Gear Guide / Packing List

Please review this list thoroughly and ask if you have any questions. Some of this gear is necessary for all climbs, and some may be optional depending on the objective of your day.

Technical Gear

- Helmet, UIAA/CE approved for climbing, like a Petzl Sirocco
- Harness with belay loop, UIAA/CE approved for climbing, like a Petzl Hirundos
- Rock Climbing Shoes
- Approach Shoes (optional, bring if you have them)
- Nut Tool, for removing nuts/stoppers on trad routes
- Non-locking Carabiners, 10 carabiners
- Locking Carabiners, 3 HMS-style (Munter Hitch Compatible) lockers
- Locking Carabiners, 6 or more small or HMS style locking carabiners
- Belay Device, Tube style belay device, like a Petzl Reverso, BD ATC Guide
- Assisted Braking Device, ABD style belay device, like a Petzl "GriGri" or Trango "Cinch"
- Double Length Sewn Runner
- 1 Prusik loop, fixed 4' loop of 6mm nylon cord or purpose built loop, like a Sterling "Hollowblock"

Head and Neck Items

- Sun Hat - like a Baseball Hat or Blackbird Mountain Guides Logo Hat
- Sunglasses - Dark Lens Glasses
- Warm Hat - Lightweight Warm Hat that Fits Under Your Helmet

Upper Body and Hand Layers (weather dependent)

- Long Sleeve Base Layer - Lightweight, Synthetic/Wool
- Insulating Top Layers - Light to Midweight Insulation Layer; like a Rab Xenair
- Puffy - Midweight Down or Synthetic with Hood; like a Rab Generator
- Softshell Jacket, Hooded – Weather resistant but breathable, not insulated or waterproof
- Light Gloves - Light to Mid Weight for cool temps
- Sports Bra - Wool/Synthetic

Lower Body and Foot Layers

- Underwear - Wool/Synthetic
- Socks - Midweight Wool/Synthetic; like Darn Tough Via Ferrata socks
- Softshell Climbing Pants - Breathable, Weather Resistant Pants, like Marmot Scree Pants



Food and Water

- Water for a full day of climbing
- Snacks and lunch for a full day of climbing

Other Essentials

- Sun Screen (SPF 30 minimum)
- Lip Balm (with SPF)

Group Gear Supplied by Blackbird Mountain Guides

- ✓ Guide First Aid Kit
- ✓ Wag Bags (Solid Human Waste Disposal Bags)
- ✓ Climbing Ropes
- ✓ Hardware for anchors
- ✓ Lead climbing rack (cams & stoppers)
- ✓ Draws and/or Alpine Draws