

Gear Guide - Alps Hut-Based Alpine Climbing

General Mountaineering (Gran Paradiso, Mont Blanc, etc)

Gear Guide / Packing List

Technical Gear

- Ice Axe - Classic ice axe for mountaineering; Petzl Glacier Walking
- Crampons - Steel Crampons Compatible with Your Boots; Petzl Vasak or Irvis
- Climbing Boots - Suitable for the Weather and Mountain; LaSportiva Nepal Cube, Scarpa Mont Blanc, or Scarpa Phantom Tech
- Climbing Helmet - Petzl Sirocco or Mammut Wall Rider
- Headlamp - LED headlamp with fresh batteries; Petzl Actik Core
- Climbing Harness - Alpine or Rock Climbing Harness, Mammut Zephyr, Petzl Altitude,
- Triple Action Locking Carabiner - Edelrid HMS Strike Triple FG Locking Carabiner
- Gaiters - Low Profile, Lightweight Gaiters; OR Flex-Tex II
- Trekking Poles - Lightweight, Adjustable Poles with Baskets; BD Alpine FLZ Poles

Technical Gear (for trips requiring rappelling)

- Two Locking Carabiners - Petzl Attache, etc
- Double Length Sling - Sewn Runner; Black Diamond 10mm Dynex Runner
- Belay Device - Tube Style Belay Device; Mammut Nordwand Belay, Petzl Reverso

Head and Neck Layers

- Sun Hat - A Baseball Hat; Blackbird Mountain Guides Logo Hat
- Sunglasses - Dark Lens Glasses with Side Coverage; Julbo Shield
- Goggles (bring these, we may choose to leave them in town depending on weather)
- Warm Hat - Lightweight Warm Hat that Fits Under Your Helmet;
- Neck Gaiters - Light to Midweight Neck Gaiters; Buff or your favorite Face Masks

Upper Body and Hand Layers

- Long Sleeve Base Layer - Lightweight, Synthetic/Wool; Patagonia SunHoody
- Breathable Insulating Top Layer - Light Insulation Layer; Rab Filament Hoody
- Warm Insulating Top Layer - Midweight Insulation Layer; Rab Xenair
- Puffy - Midweight Down or Synthetic with Hood; Rab Neutrino Pro or similar
- Hardshell Jacket, Hooded - Waterproof, Gore-Tex, NOT insulated; Rab Zanskar Jacket
- Light Gloves - Light to Mid Weight for Warm Temps; Velocity Guide Glove
- Midweight Gloves - Mid to Heavy Weight for Cold Conditions; Guide 2 GTX Glove
- Sports Bra - Wool/Synthetic;

Lower Body and Foot Layers

- Underwear - Wool/Synthetic underwear; Syncrino Boxers
- Socks - Midweight Wool/Synthetic; Darn Tough Via Ferrata
- Long Underwear - Wool/Synthetic “Long Johns”; Syncrino Leggings
- Softshell Climbing Pants - Breathable, Weather Resistant Pants - Rab Ascendor AS Softshell Pants

Sleeping and Hut Gear

- Sleeping Bag Liner - Comfortable large, backpacker’s liner; Rab Traveller Cotton
- Ear Plugs

Food and Water

- Dinner - Dinner will be provided at the hut.
- Breakfast - Breakfast will be provided at the hut.
- Bottled Water - **Water is not provided at the huts and you will need to purchase drinking water at the huts.**
- 1 Liter Nalgene Bottle - A Hard Sided Water Bottled.
- Soft Water Bottle 1.5L - Flexible Water Bladder; Hydrapak Flux 1.5L
*****Please bring at least one hard sided water bottle.**
- Lunch/Snack Food - Snacks for Each Day of the Trip;

Other Essentials

- Sun Screen (SPF 30 minimum)
- Lip Balm (with SPF)
- Hand Sanitizer
- Blister Prevention /Dressings; [KT Blister Prevention Tape](#)

Optional

- First Aid Kit; Small Personal Kit
- Chemical Hand Warmers
- Hydration System - Flexible Water Bladder with Hose; Hydrapak, Camelback, Platypus

Group Gear

Blackbird Mountain Guides will supply all of the group gear for the trip, including:

- ✓ Ropes
- ✓ Snow Pickets
- ✓ Rock / Ice Protection
- ✓ Guide’s First Aid Kits
- ✓ Wag Bags (Solid Human Waste Disposal Bags)