

Gear Guide - Ski Mountaineering Skills

Gear Guide / Packing List

Backcountry Touring Gear
☐ Alpine Touring Skis or Splitboard - Light to Midweight Setup with "Tech Bindings"
 Alpine Touring Boots or Splitboard Compatible Boots; Scarpa F1
☐ Climbing Skins - Mohair Mix is Best; Black Diamond GlideLite Mohair Mix,
☐ Ski Crampons - Specific to your Skis/Board;
☐ Ski Strap - Voile Ski Strap or Similar
☐ Ski Touring Backpack - Lightweight pack that holds all your gear, ideally with an
avalanche tools compartment
Avalanche Gear
☐ Avalanche Beacon - Digital Avalanche Transceiver; Black Diamond Guide Recon BT
☐ Avalanche Shovel - Collapsible, Aluminum Shovel; Backcountry Access BT2 Shovel
☐ Avalanche Probe - Quickdraw Style Probe; Backcountry Access Stealth 300
Technical Gear
☐ Climbing/Ski Helmet - Dual Rated Helmet; Petzl Sirocco or Black Diamond Vision
☐ Climbing Harness - Light Alpine Harness; Petzl Altitude, Mammut Zephyr Altitude
☐ Two Locking Carabiners - Petzl Attache, etc
 □ Crampons, Steel OR Aluminum - make sure they are compatible with your boots! □ Ice Axe - Petzl Ride, BD Raven Ultra
☐ Ski Poles - Lightweight, Adjustable Poles with Baskets; BD Expedition 3 Poles
Head and Neck Layers
☐ Sun Hat - A Baseball Hat; Blackbird Mountain Guides Logo Hat
☐ Sunglasses - Dark Lens Glasses with Side Coverage; Julbo Shield
☐ Goggles - Ski Goggles with a Storm Lens; Julbo Aerospace Reactive
Warm Hat - Lightweight Warm Hat that Fits Under Your Helmet;
☐ Neck Gaiters - Light to Midweight Neck Gaiters; Buff or your favorite Face Masks
***These Are Required as Covid-19 Face Coverings



Upper Body and Hand Layers Long Sleeve Base Layer - Lightweight, Synthetic/Wool; Patagonia SunHoody 2 Insulating Top Layers - Light to Midweight Insulation Layers; Patagonia R1 & Nano Air ☐ Puffy (optional) - Midweight Down or Synthetic with Hood; Patagonia Fitzroy or similar ☐ Hardshell Jacket, Hooded - Waterproof, Gore-Tex, NOT insulated; Arc'Teryx Alpha FL Light Gloves - Light to Mid Weight for Warm Temps; Flylow John Henry Gloves, BD Tour ☐ Midweight Gloves - Mid to Heavy Weight for Cold Conditions; BD Legend □ Sports Bra - Wool/Synthetic; Lower Body and Foot Layers ☐ Socks - Midweight Wool/Synthetic; Darn Tough Via Ferrata ☐ Underwear - Wool/Synthetic ☐ Long Underwear - Wool/Synthetic "Long Johns"; Patagonia Capilene Air □ Softshell Ski Pants - Breathable, Weather Resistant Pants; OR Trailbreaker II ☐ Vented Hardshell Ski Pants - Waterproof Pants for Extreme Weather; Flylow Compound Food and Water ☐ Food - Bring enough snacks water for a full day in the field

☐ Water - Bring enough water for a full day in the field

***Please bring at least one hard sided water bottle.



Other Essentials

- ☐ Sun Screen (SPF 30 minimum)
- ☐ Lip Balm (with SPF)
- □ Hand Sanitizer

Optional

- ☐ First Aid/blister Kit
- □ Chemical Hand Warmers
- ☐ Hydration System Flexible Water Bladder with Hose; Hydrapak, Camelback, Platypus

Group Gear

Blackbird Mountain Guides will supply all of the group gear for the trip, including:

- √ Ropes
- √ Guide's First Aid Kits
- √ Wag Bags (Solid Human Waste Disposal Bags)