

Ski Mountaineering - Single Day

Gear Guide / Packing List

Backcountry Touring Gear

- Alpine Touring Skis or Splitboard - Light to Midweight Setup with "Tech Bindings"
- Alpine Touring Boots or Splitboard Compatible Boots; Scarpa F1
- Climbing Skins - Mohair Mix is Best
- Touring Backpack - A Pack with Avalanche Tools Pocket; [Lowe Alpine Revolt 35L](#)
- Ski Crampons - Specific to your Skis/Board
- Ski Strap - Voile Ski Strap or Similar

Avalanche Gear

- Avalanche Beacon - Digital Avalanche Transceiver
- Avalanche Shovel - Collapsible, Aluminum Shovel; Backcountry Access BT2 Shovel
- Avalanche Probe - Quickdraw Style Probe; Backcountry Access Stealth 300

Technical Gear

- Climbing/Ski Helmet - Dual Rated Helmet; Petzl Sirocco
- Headlamp - LED Headlamp with Fresh Batteries; Petzl Actik Core
- Climbing Harness - Light Alpine Harness; Petzl Altitude, Mammut Zephyr Altitude
- Two Locking Carabiners - Petzl Attache, etc
- Triple Action Locking Carabiner - Edelrid HMS Strike Triple FG Locking Carabiner
- Double Length Sling - Sewn Runner
- Belay Device - Tube Style Belay Device; Petzl Reverso
- Crampons, Steel - Steel Crampons Compatible with Your Boots; Petzl Vasak
- Crampons, Aluminum - Lightweight Aluminum Crampons, Compatible with Your Boots
- Lightweight Ice Axe - An Ultralight Axe for Steep Terrain; Petzl Ride
- Ski Poles - Lightweight, Adjustable Poles with Baskets

Head and Neck Layers

- Sun Hat - A Baseball Hat; Blackbird Mountain Guides Logo Hat
- Sunglasses - Dark Lens Glasses with Side Coverage; Julbo Shield
- Goggles - Ski Goggles with a Storm Lens; Julbo Aerospace Reactive
- Warm Hat - Lightweight Warm Hat that Fits Under Your Helmet
- Neck Gaiters - Light to Midweight Neck Gaiters; Buff or your Favorite Face Masks

Upper Body and Hand Layers

- Long Sleeve Base Layer - Lightweight, Synthetic/Wool; Patagonia SunHoody
- 2 Insulating Top Layers - Light to Midweight Insulation Layers; Patagonia R1 & Nano Air
- Puffy - Midweight Down or Synthetic with Hood; Patagonia Fitzroy or similar
- Hardshell Jacket, Hooded - Waterproof, Gore-Tex, NOT insulated; Arc'Teryx Alpha FL
- Light Gloves - Light to Mid Weight for Warm Temps; Flylow John Henry Gloves
- Midweight Gloves - Mid to Heavy Weight for Cold Conditions
- Sports Bra - Wool/Synthetic

Lower Body and Foot Layers

- Socks - Midweight Wool/Synthetic; Darn Tough Via Ferrata
- Underwear - Wool/Synthetic
- Long Underwear - Wool/Synthetic "Long Johns"; Patagonia Capilene Air
- Softshell Ski Pants - Breathable, Weather Resistant Pants; OR Trailbreaker II
- Vented Hardshell Ski Pants - Waterproof Pants for Extreme Weather; Flylow Compound

Food and Water

- Lunch & Snacks - Enough Food for the Day. There will be no lunch break so food must be convenient and easy to eat.
- Nalgene Water Bottle - Hard Sided Bottle; Nalgene 16oz-32oz Wide Mouth Bottle
- Soft Water Bottle 1.5L - Flexible Water Bladder; Hydrapak Flux 1.5L

*****Please bring at least one hard sided water bottle.**

Other Essentials

- Sun Screen (SPF 30 minimum)
- Lip Balm (with SPF)
- Hand Sanitizer
- Toilet Paper

Optional

- First Aid/blister Kit
- Chemical Hand Warmers
- Hydration System - Flexible Water Bladder with Hose; Hydrapak, Camelback, Platypus

Group Gear

Blackbird Mountain Guides will supply all of the group gear for the trip, including:

- ✓ Ropes
- ✓ Snow, Rock, and Ice Protection (if required)
- ✓ Guide's First Aid Kits
- ✓ Wag Bags (Solid Human Waste Disposal Bags)