

North Cascades Alpine Climbing

Gear Guide / Packing List for climbs WITHOUT pitched ice climbing

The gear that you select for this trip will have a huge impact on your success and how you feel throughout the climb and afterward. Many items on this list are specialised for specific types of climbing. It cannot be overstated: having the right tool for the job makes all the difference.

Boots, crampons, axes and packs are all particularly important for comfort, efficiency and safety during climbing. Choose wisely and reach out with any questions you may have!

Technical Gear

- Climbing Helmet - Petzl Sirocco or Black Diamond Vision
- Headlamp - LED headlamp with fresh batteries; Petzl Actik Core
- Climbing Harness - Alpine or Rock Climbing Harness; Petzl Altitude, Mammut Zephyr
- Two Locking Carabiners - Petzl Attache, etc
- Triple Action Locking Carabiner - Edelrid HMS Strike Triple FG Locking Carabiner
(You can also substitute a screw gate carabiner and a nonoacker for a triple action)
- Double Length Sling - Sewn Runner; Black Diamond 10mm Dynex Runner
- Belay Device - Tube Style Belay Device; BD ATC Guide, Petzl Reverso
- Climbing boots - Suitable for the Weather and Mountain; LaSportiva G5 or Nepal Cube, Scarpa Phantom Tech or Scarpa Mont Blanc
- Gaiters - Low Profile, Lightweight Gaiters; OR Flex-Tex II
- Crampons - Steel Crampons Compatible with Your Boots; Petzl Vasak
- Ice Axe or Semi-technical Ice Tool, Petzl Sum Tec, BD Raven,
- Trekking Poles - Lightweight, Adjustable Poles with Baskets; BD Alpine FLZ Poles

Head and Neck Layers

- Sun Hat - A Baseball Hat; Blackbird Mountain Guides Logo Hat
- Sunglasses - Dark Lens Glasses with Side Coverage; Julbo Shield
- Goggles (bring to trailhead, we may choose to leave at the car depending on weather)
- Warm Hat - Lightweight Warm Hat that Fits Under Your Helmet;
- Neck Gaiters - Light to Midweight Neck Gaiters; Buff or your favorite Face Masks

*****These Are Required as Covid-19 Face Coverings**

Upper Body and Hand Layers

- Long Sleeve Base Layer - Lightweight, Synthetic/Wool; Patagonia SunHoody
- 2 Insulating Top Layers - Light to Midweight Insulation Layers; Patagonia R1 & Nano Air
- Puffy - Midweight Down or Synthetic with Hood; Patagonia Fitzroy or similar
- Hardshell Jacket, Hooded - Waterproof, Gore-Tex, NOT insulated; Arc'Teryx Alpha FL
- Light Gloves - Light to Mid Weight for Warm Temps; Flylow John Henry Gloves, BD Tour
- Midweight Gloves - Mid to Heavy Weight for Cold Conditions; Flylow Super Glove
- Sports Bra - Wool/Synthetic;

Lower Body and Foot Layers

- Underwear - Wool/Synthetic
- Socks - Midweight Wool/Synthetic; Darn Tough Via Ferrata
- Long Underwear - Wool/Synthetic “Long Johns”; Patagonia Capilene Air
- Softshell Climbing Pants - Breathable, Weather Resistant Pants - Marmot Scree Pants

Camping & Backpacking Gear

- Sleeping Bag - Down or Synthetic Rated to 20F; Feathered Friends Egret UL 20
- Sleeping Pad - Insulated Inflatable Air Mattress; Therm-a-Rest NeoAir X-Therm, X-Lite
- Compression Stuff - To Pack Your Sleeping Bag; Ultralight Compression Sack 10L
- Backpack - Lightweight, Simple 50 Liter Pack; Patagonia Alpinist 50, BD Speed 50

Food and Water

- Dinner - Your Favorite Freeze Dried or “Just-Add-Hot-Water” Meal for Each Night in the Field.
- Breakfast - Your Favorite Freeze Dried or “Just-Add-Hot-Water” Meal for Each Morning in the Field
- Hot Drinks - For After Dinner and During Breakfast; Instant Coffee, Decaffeinated Tea, Hot Cocoa, Tang, Whatever You Prefer
- Half Liter Nalgene Bottle - A Hard Sided Water Bottle that Can Act as your Mug For Hot Drinks and WATER Bottle During the Climb; Nalgene 16oz Wide Mouth Bottle
- Soft Water Bottle 1.5L - Flexible Water Bladder; Hydrapak Flux 1.5L
*****Please bring at least one hard sided water bottle.**
- Water Treatment or Filtration - Katadyn BeFree Filter Connects to Hydrapak Flux Bottles
- Bowl - Reuse your Freeze Dried Dinner Bag as Your Bowl, or Bring Another;
- Spoon - 9” Long Handled Spoon (For Eating Food in a Bag); GSI Essential Spoon Long
- Snacks - Snacks for Each Day of the Trip;

Other Essentials

- Sun Screen (SPF 30 minimum)
- Lip Balm (with SPF)
- Hand Sanitizer
- Toilet Paper

Optional

- First Aid/blister Kit
- Chemical Hand Warmers
- Hydration System - Flexible Water Bladder with Hose; Hydrapak, Camelback, Platypus



Group Gear

Blackbird Mountain Guides will supply all of the group gear for the trip, including:

- ✓ Slingfin Tents (Designed and Headquartered in Berkeley, CA)
- ✓ Stoves
- ✓ Fuel for Stoves
- ✓ Ropes
- ✓ Snow Pickets (if required)
- ✓ Rock Protection (if required)
- ✓ Guide's First Aid Kits
- ✓ Wag Bags (Solid Human Waste Disposal Bags)