

Walk this Way

with Treasure Trails!

TASKS: Complete **one** activity per **task A-D** to earn your stars!

A Walk this way:

Complete 100m in one of these styles:

- tiptoe
- backwards
- sideways
- crouching
- object on head
- pigeon steps
- giant strides
- knees together
- three-legged race style

B Step up your game:

Play one of the following on your next walk:

- Rainbow Spot - spot objects in rainbow colour order.
- Sound Alert - pick a sound. Each time you hear that sound, change 'walk leader' or choose an action or phrase to do or say.
- One Step Beyond - select a fixed spot in the distance. Estimate how many steps away it is. Then attempt to reach it in your guessed number of steps. Go 'one step beyond' and you must complete a forfeit.

C Walk on the wild side:

Choose one of the following:

- Animal Walk Charades - take it in turns to choose an animal and walk like that animal until someone guesses what you are.
- Brave Explorers - find a path you've never walked down before. Guess where it will come out and then bravely head along it to see if you are right.
- Dress Up - go bold, don your very best fancy dress costume, make a cape or get the face paints out. Complete your walk in character to earn your star!

D Solve it!:

Complete a Treasure Trail! Plan a day out or pick where you're staying if you're away for the weekend or a staycation break.

BONUS - at the end of your Trail, take a *#SolvedIt* photo and share it on Facebook, Twitter or Instagram, making sure to tag us and use the hashtags *#SolvedIt* and *#WalkThisWay*. We'll be choosing our favourites to add to our *#SolvedIt* Hall of Fame!


Your stars
to cut out
and stick on
task record

