

# Ring Size Guide

## How to use the Meera Jaipur ring size guide

### Instructions

- Place a pre-owned ring on the closest matching sized circle on the Ring Size Chart on page 2. The **inner edge** of the ring should be perfectly aligned with the outer edge of the circle. This will be your ring size.
- If the ring falls between two sizes, order the larger size.
- If needed compare your result to the International Conversion Chart on page 3.
- *Please note that different countries use different sizes, so please compare and convert your ring size using the International Conversion Chart on page 3.*



*Meera*  
JAIPUR

## Ring Size Chart - Indian Sizes



# International Size Chart

Diameter	India	USA	Europe	UK
15.61	9	5	49	J1/2
15.92	10	5	50	K
16.24	11	5.5	51	L
16.56	12	6	52	L1/2
16.88	13	6	53	M1/2
17.2	14	7	54	N1/2
17.52	15	7.5	55	O
17.83	16	7.5	56	P
18.15	17	8	57	P1/2
18.47	18	8.5	58	Q1/2
18.79	19	8.5	59	R
19.11	20	9	60	S
19.43	21	9.5	61	S1/2
19.75	22	10	62	T1/2
20	23	10	64	U
20.06	24	10.5	64	U1/2

# Useful Tips

There are a few environmental and physical factors that should be taken into consideration before deciding on the size of the ring you want to buy, but remember that when it comes to guessing your partner's ring size, guess on the large side as it's easier to size a ring down.

## **Average ring sizes**

Keep in mind the average ring size range for women is between 9 and 14 (India), while sizes commonly range from 17 to 22 (India) for men. If you have no other information available, it's best to choose between these ranges.

## **Time of day**

An ideal time to measure their finger size is in the evening. Most people's fingers tend to be at their largest in the evening and smaller in the morning. Measuring your partner's finger size in the evening will guarantee a comfortable fit.

## **Optimal temperature**

Fingers tend to react to temperatures, and can change size depending on the weather. The cold winter air will shrink fingers while the opposite happens in summer or when it's warm and humid. Avoid measuring finger size outside in the very cold or very hot.

## **Fingers expand and contract**

Other factors can cause fingers to grow such as exercising, water retention, pregnancy, ageing, and arthritis. Weight loss and low temperatures can cause fingers to decrease in size.

