Ingredients:

Date Paste, Crushed Almonds [Tree Nuts], Coconut Pol, Cocoa Powder (10%), Rice Malt Syrup, Gluten Free Flour [Contains Modified Tapioca Starch (1442), Thickeners (446, 464), Emulsifier (471), Vegetable Gum (415)], Whey Protein Concetrate (7%) [Contains Milk], Chai Seeds, Desiccated Coconut, Natural Peppermint Flavouring (0.9%). Contains Milk & Tree Nuts. May Contain Gluten, Peanuts, Egg, Soy, Seasame & Lupin.

Tony Ferguson Protein Ball (Choc Mint Flavour)



Nutritional Information

Serving size: 40g	Average quantity	Average quantity
Serving per package: 1	per serving	per 100g
Energy	716 kJ (171 Cal)	1790 kJ (428 Cal)
Protein	5.2 g	13.1 g
Fat, Total	9.6 g	24.0 g
-Saturated	4.8 g	12.1 g
Carbohydrates, Total	14.5 g	36.1 g
-Sugars	9.2 g	23.0 g
Dietary Fibre	3.2 g	7.9 g
Sodium	17 mg	43 mg

RDI: Recommended Dietary Intake.

Percentage daily intakes are based on an average adult diet of 8700kJ.

Ingredients:

Date Paste, **Peanuts** (13%), Coconut Oil, Cocoa Powder (11%), Rice Malt Syrup, Gluten Free Flour [Tapioca Starch, Rice Flour, Potato Starch, Modified Tapioca Starch (1442), Dextrose, Thickeners (446, 464), Emulsifier (471), Vegetable Gum (415)], Whey Protein Concentrate (8%) [Contains **Milk**], Chai Seeds. **Contains Milk & Peanuts. May contain Gluten, Tree Nuts, Egg, Soy, Sesame & Lupin.**

Tony Ferguson Protein Ball (Choc Peanut Flavour)



Nutritional Information

Serving size: 40g	Average quantity	Average quantity
Serving per package: 1	per serving	per 100g
Energy	710kJ (170 Cal)	1780 kJ (424 Cal)
Protein	5.3 g	13.2 g
Fat, Total	8.4 g	210 g
-Saturated	4.3 g	10.8 g
Carbohydrates, Total	16.9 g	42.3 g
-Sugars	11.2 g	28.0 g
Dietary Fibre	2.8 g	7.0 g
Sodium	14 mg	35 mg

RDI: Recommended Dietary Intake.

Percentage daily intakes are based on an average adult diet of 8700kJ.