

## TIARE MELTING MASSAGE

30 - 60 MINUTES

The Tiare flower is known for its beautiful, intoxicating fragrance. The flower is a staple of Polynesian culture. The Tahitian people honour the legend of the Tiare flower to this day. The simple, white flower petals are only part of their appeal. When a large bouquet of tiare are gathered together, they give off a strong and intoxicating fragrance, filling sweethearts with the romantic bliss which was once the secret of the god Atea.

Monoi de Tahiti is a specifically derived combination of Coconut oil and Tiare flowers, known as some of the best skin care ingredients. The flowers are picked just before blooming and placed in Coconut oil to soak for at least 15 days. Polynesian women have used it as a beauty remedy for hair and skin for more than 2000 years. It's also used for Taurumi massage, an ancient traditional Tahitian massage that allows the body to recover all its connections to the world.

SET THE SCENE — light some candles and set a relaxing mood in the room.

MELT THE OIL — place the Tiare Monoi Body Oil in hot water or into the hot cabby to melt down.

MASSAGE- drizzle the oil over the body and start a relaxing massage. This treatment can be done as a 30 or 60 minute.

 $TOP\ TIP\ -$  this oil is a fantastic moisturiser - a great take home item for massages or nourishing moisturiser after a hot bath or for areas of dry skin.



Tiare Monoi Body Oil 100ml