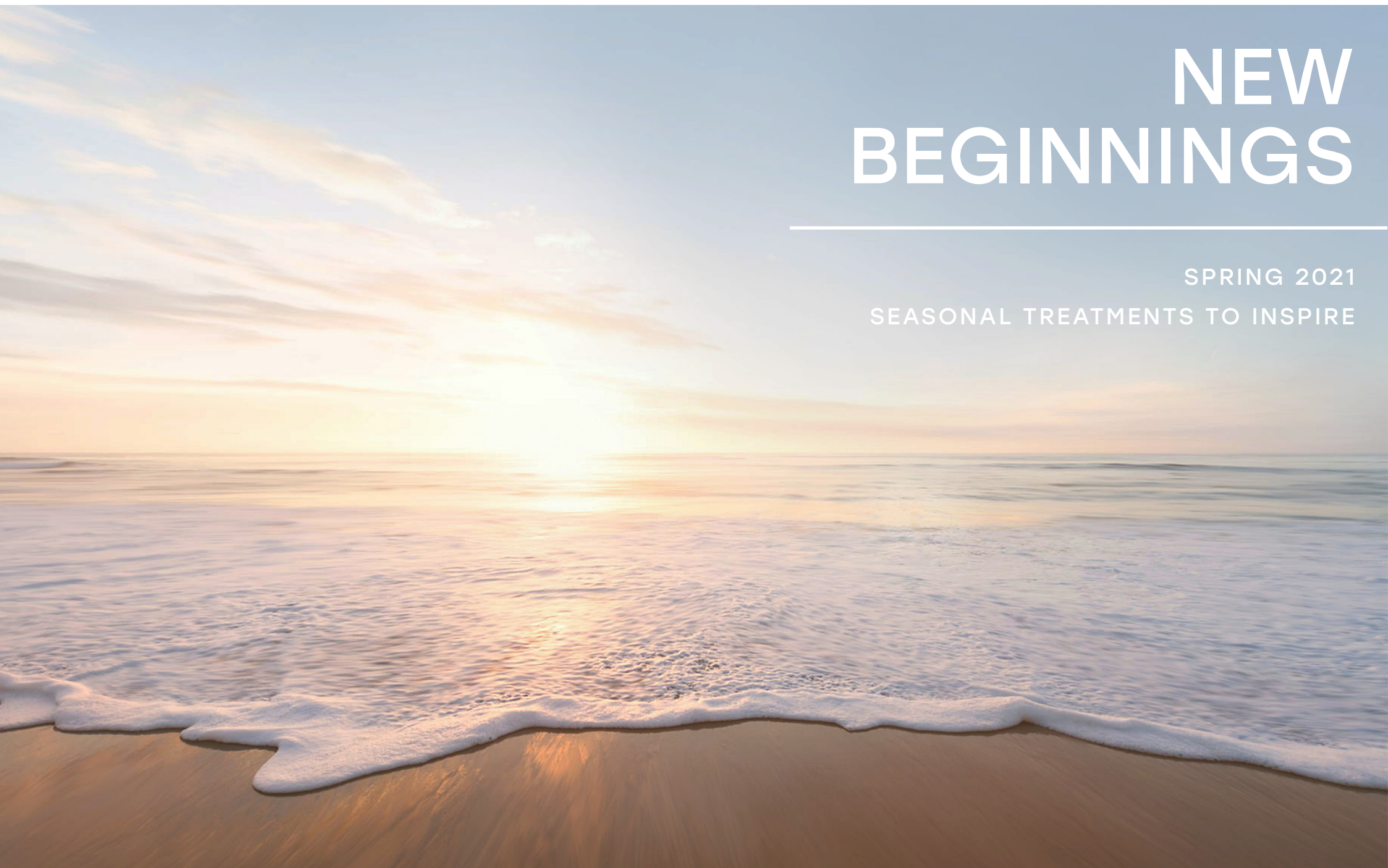


NATURAL SPA FACTORY

# NEW BEGINNINGS

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SPRING 2021  
SEASONAL TREATMENTS TO INSPIRE



## SPRING 2021

As the long days stretch out before us and the warm summer haze sets in, it's time to ease out of lockdown and smooth away the stresses of winter. Inspired by memories of the sun-drenched outdoors, this treatment collection is as calming as it is energising, perfect for waking up from hibernation. Aid your clients on their journey out of the chaos and uncertainty of the last year and leave them feeling recharged, energised and ready for new beginnings.

### IN THE SPOTLIGHT

As we awaken, we begin to look at the world with new eyes...

DOWNLOAD THE NATURAL SPA FACTORY  
SPOTIFY PLAYLIST TO SURROUND YOUR SPA  
IN SOOTHING AND CHILLED OUT TUNES.



## NEW BEGINNINGS

## THE FOOD FOR THOUGHT

We're all feeling a bit over-indulged post-lockdown, and a little lethargic from the effects of a long winter. Ease out of hibernation and brighten the body from the outside with a dose of anti-oxidant super foods. Conjure up memories of hazy holiday evenings while the coconut oil works its magic, and let the Apple Stem Cell Regeneration Mask give dull skin a new spring glow.

### TREATMENT PROCEDURE

**SET THE SCENE:** Spritz the treatment bed with Boosting Face Tonic.

**CLEANSE:** 100% Raw Organic Coconut Oil.

**TONE:** Sweep cotton pads of Boosting Face Tonic across the face.

**EXFOLIATE:** Use the antioxidant rich Superfruit Facial Polish.

**FACIAL MASSAGE:** 100% Refined Passionflower Seed Oil.

**MASK:** Apple Stem Cell Regeneration Mask – kiss of life for dull skin with signs of ageing.

**MASSAGE:** The neck, shoulders, arms and hands with the 100% Raw Organic Coconut Oil.

**REMOVE MASK:** Peel gently from the chin and peel off in one piece.

**MOISTURISE:** With Capsule Collection Every Day Cream.

**SPA SPECIALIST TOP TIP:** Put a thin layer of Raw Organic Coconut Oil around the hair line to stop the face mask getting caught in the hair!

### PRODUCTS TO UPSELL



APPLE STEM CELL  
REGENERATION MASK 25G  
RRP £8.70



100% RAW ORGANIC  
COCONUT OIL  
RRP £20.40



EVERY DAY  
CREAM 50ML  
RRP £26.60

## NEW BEGINNINGS

## THE SUMMER DAZE

Nothing feels better than those long summer days and nights, warm sun on the skin and a sense of freedom. Cocoa is perfect for appeasing dry winter skin and making sure everyone is prepped for the long-awaited sunshine. Feel the tension sail away with exotic fig tones, boost those anti-oxidants and let this relaxing experience transport you straight to sunnier climes.

### PRODUCTS TO UPSELL



HYDRATING CLEANSING  
MILK 200ML  
RRP £26.60



FIG & VANILLA  
SALTED BODY CRUSH 250G  
RRP £21.50



FIG MESSAGE CANDLE 30G  
RRP £9.20 PER CANDLE

### TREATMENT PROCEDURE

**SET THE SCENE:** Light the Fig Massage Candle.

**CLEANSE:** The back with Hydrating Cleansing Milk and remove with hot mitts.

**SCRUB:** With Fig & Vanilla Salted Body Crush and remove with dry mitts.

**WRAP:** The back with antioxidant-infused Ginger, Sweet Orange & Cocoa Bean Body Wrap.

**MASSAGE:** Whilst the back is wrapped, perform a foot massage using the Fig Massage Candle.

**REMOVE:** The back mask.

**MASSAGE:** The back, neck and shoulders with the Fig Massage Candle.

**SPA SPECIALIST TOP TIP:** Let the client take the remainder of the Massage Candle home with them to continue their journey.

### NEW BEGINNINGS

The best part of dining out is going to town on the menu, and we've long been dreaming up that first night out. After a year of few choices and little individual freedom, put the independence back into your clients' hands and encourage them to completely personalise their spa experience. Use invigorating scents for those who want to feel social and energised again or opt for calming chamomile and a full body massage for a soothing treatment.

## TREATMENT PROCEDURE

**TO START:** Pressure point massage for the hands, scalp or feet.

Choose from:

100% Raw Organic Coconut Oil  
Fig Massage Candle  
Organic Apricot Oil

**TO FOLLOW:** Full Body Scrub.

Choose from:

Yuzu, Pink Beets & Watermelon Body Scrub  
Lime & Lemongrass Body Salt Scrub  
Coconut & Lychee Seed Body Buff

**TO FINISH:** Full Body Massage.

Choose from:

Sensitive Oil – Infused with raspberry & apricot for a fruity finish  
Invigorating Oil – No need for coffee at the end of this feast  
Calming Body Oil – If a chamomile tea is your tippie at the end of a meal, this one's for you

**INHALATIONS:** Using the clients preferred choice of scents.

**MASSAGE:** Complete a pressure point massage of the clients choice.

**SCRUB:** The back of the body, turn the client and scrub the front.

**REMOVE:** Shower off the scrub of remove with hot mitts.

**MASSAGE:** The entire body, back first, then front.

Pay particular attention to areas of concern for the client.

## THE GO TO TOWN

## PRODUCTS TO UPSELL



LIME & LEMONGRASS  
BODY SALT SCRUB 250G  
RRP £21.50



INVIGORATING VEGAN  
BODY OIL 50ML  
RRP £16.40



ORGANIC APRICOT  
OIL 30ML  
RRP £10.80

## NEW BEGINNINGS

# THE SOCIAL SUMMER RASUL JOURNEY

Think of packaging sunshine into a tin and this is it. Leave the skin bright and beach ready with this powerful treatment, and let the sensual summer scents of yuzu and watermelon transport the client somewhere exotic.

## PRODUCTS TO UPSELL



YUZU, PINK BEETS & WATERMELON  
BODY SCRUB 250G  
RRP £21.50



SENSITIVE FACE & BODY OIL 50ML  
RRP £16.40



FIG & VANILLA BODY WASH 250ML  
RRP £12.80

## TREATMENT PROCEDURE

CLEANSE: Fig & Vanilla Body Wash.

EXFOLIATE: Yuzu, Pink Beets & Watermelon Body Scrub.

RASUL: Mud selection and Pure Rasul Mud Face Mask.

SALT BLAST: Scrub with Fig & Vanilla Salted Body Crush to buff away remaining mud.

CLEANSE: Fig & Vanilla Shampoo, and Conditioner.

MOISTURISE: Sensitive Face & Body Oil with apricot kernel oil and raspberry seed oil.

SPA SPECIALIST TOP TIP: Use the Spirit Raiser Mud Oil to add a summery watermelon scent to the Rasul.

## NEW BEGINNINGS

## PRODUCTS TO UPSELL



COLOMBIAN RUSH COFFEE  
BODY SCRUB 300G  
RRP £26.60



ORGANIC COCOA FACE  
DRENCH MASK 50G  
RRP £7.70



CACAO MASSAGE  
CANDLE 30G  
RRP £9.20 PER CANDLE

## TREATMENT PROCEDURE

**SET THE SCENE:** Light the Cacao Flower Massage Candle.

**SCRUB:** The feet and lower legs with the Colombian Rush Coffee Body Scrub.

**APPLY:** The melted Organic Cocoa Drench Mask to the lower legs, feet and ankles.

**MASSAGE:** Whilst the wrap gets to work use the oil from the melted Massage Candle to deliver a soothing hand massage.

**REMOVE:** The Organic Cocoa Drench Mask with hot mitts.

**MASSAGE:** Complete the treatment with an invigorating massage of the lower legs and feet using the oil from the Cacao Flower Massage Candle.

**SPA SPECIALIST TOP TIP:** For extra relaxation, stimulate reflex points on the feet to reduce pain, tension & improve circulation.



# THE WE'RE OUT, LEGS OUT

It's easy to feel apprehensive to ditch the tights after being cocooned through the cosy season, but don't forget the beauty of a fresh summer breeze on your bare skin. Lower legs are often where we'll carry all our aches, pains, and the tension of tricky months. This revitalising experience uses cocoa to smooth and calm the skin, while the caffeine enriched coffee scrub stimulates and buffs.

## THE MAMA'S TREAT

After a long lockdown, it's finally time for some mum-only me-time. Just because certain indulgences are off the menu, doesn't mean you can't treat yourself. Sweet almond oil will lift any remaining seasonal moods and ease water retention in the process. Using the Bumps A Daisy range, which incorporates neroli oil to help promote new skin cell generation, this cocktail will soothe even the achiest bodies to sleep.

### PRODUCTS TO UPSELL



BUMPS A DAISY TOP  
TO TOE POLISH 250G  
RRP £16.90



SOLE FOOD FOOT  
NUTRITION 50G  
RRP £8.70



BUMPS A DAISY FACE,  
BUMP & BODY OIL 100ML  
RRP £15.90

### TREATMENT PROCEDURE

**SET THE SCENE:** Complete the consultation whilst performing a foot scrub using the Bumps A Daisy Top to Toe Polish.

**MOISTURISE:** Drizzle warm Bumps A Daisy Face, Body & Bump Oil to the front of the body and gently massage. Always check with the client before rubbing the bump.

**WRAP:** The client in a towel – loosely and keep an eye on body temperature.

**CLEANSE:** The face with 100% Raw Organic Coconut Oil.

**MASSAGE:** The face using Bumps A Daisy Face, Body & Bump Moisturiser.

**UNWRAP:** The body and massage remaining product into the skin, applying nourishing Bumps A Daisy Face, Body & Bump Oil to areas of excessive dryness.

**SPA SPECIALIST TOP TIP:** The 100% Raw Organic Coconut Oil is a great all-rounder. Recommend the Wanderbalm as a small pregnancy saviour.

**NEW BEGINNINGS**