self love

Take some time for self-reflection. Use this treatment time to explore your feelings and emotions, things you are grateful for and moments we treasure, indulge in the cozy scents of winter pear and the uplifting scents of ginger and sweet orange, to help relax and invigorate senses.

START — with buffing the back and top of legs with this beautiful seasonally fragranced Pear & Nigella Seed Body Salt Scrub.

BUFF – away with hot mitts.

APPLY – warming Ginger, Sweet Orange & Cocoa Bean Body Wrap. Leave customer enveloped in towels, whilst the back and top of legs benefits from an invigorating boost of energy to help rejuvenate a sluggish system. DRIZZLE – using the Hydrating Face & Body Milk, massaging lower legs, whilst the wrap gets to work.

REMOVE – wrap with a warm towel or shower off.

MASSAGE – back and top of legs with Hydrating Face & Body Milk to finish.



Pear & Nigella Seed Body Salt Scrub 250g | 4kg Ginger, Sweet Orange & Cocoa Bean Body Wrap 2.5kg Hydrating Face & Body Milk 200ml | 11tr | 51tr

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