a little self care

Remember to listen to your body and take time to relax and unwind as self-care is the new health care. Our exquisite gentle formulations are drawn from the healing power of nature; this treatment features products with anti-bacterial rose water, antiseptic tea tree, soothing chamomile, nourishing vitamin E, anti-oxidising pomegranate and green tea, and collagen-stimulating jojoba along with the fresh burst of watermelon and yuzu to stimulate those senses taking you to memories of warmer days with a fruity burst of watermelon!

CLEANSE – using Damascene Melting Cleanser, using circular motions to melt away dirt and make up from the face. *REMOVE* – with hot mitts. *POLISH* – with Ab:scent Facial Polish. *REMOVE* – excess with hot mitts. *MASK* – with Bilberry & Chamomile Peel Off Face Mask. Apply a thick layer and leave. *BUFF* – neck, shoulder & décolletage with Yuzu, Pink Beets & Watermelon Body Scrub providing a light blast of delicious scents. *BUFF* – away with hot mitts. *REMOVE MASK* – peel from the neck up, removing excess with warm mitts. *TONE* – spritz with Boosting Face Tonic. *MASSAGE* – face, neck, shoulders & décolletage with the Rosehip Oil, renewing skin cells. *MOISTURISE* – using the Everyday Cream.

 $TOP \ TIP - why not take home the Youthful Self:care Regime gift set to recreate some of these delights at home.$



Damascene Melting Cleanser 50ml | 1kg Ab:scent Facial Polish 50ml | 250ml Bilberry & Chamomile Peel Off Face Mask 30g Yuzu, Pink Beets & Watermelon Body Scrub 250ml | 5kg Boosting Face Tonic 200ml | 1ltr | 5ltr

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