#### NATURAL SPA FACTORY



# SKINIMALISM

SUMMER 2021

Seasonal Treatments to Inspire



### SUMMER 2021

Our Skinimalism treatment menu signals simplicity and enjoying the simple things in life. It is a selection of treasures that should remind your customers of the importance of wellbeing. These are not just treats to be enjoyed on special occasions but an indulgence that if relished regularly can benefit mind, body and soul through the professionalism, experience and care of your therapists.

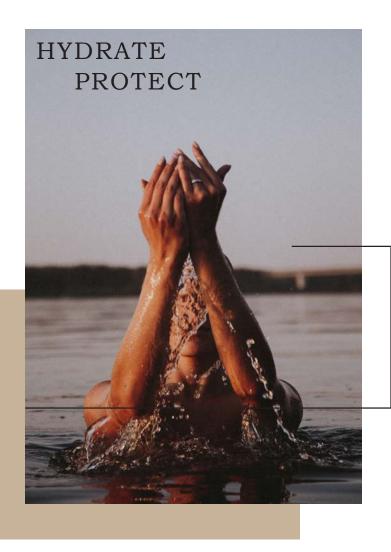
We hope you enjoy.

Top Tip: Look on the left-hand side to see at a glance whether the treatment is for face or body.

If you are still unsure about face-to-face treatments, please go to the back of our menu to see a selection of body ideas that will enhance your menu.

# IN THE SPOTLIGHT

Falling back in love with yourself. The importance of self-care. Re-start. Renew. Revive.



# THE ESSENTIAL DRENCH

Summer can do some strange things to your skin-like making it feel and look as dry as the Sahara. Between the scorching sun and the effects of air conditioning, it's easier than ever for your visage to feel parched. This face quenching skin rescue will hydrate, protect and nourish lack-lustre skin.

#### TREATMENT PROCEDURE

CLEANSE: Wanderbalm Raw Organic Coconut Oil - remove with hot mitts.

TONE: Boosting Face Tonic - apply with cotton pads.

POLISH: Superfruit Active Exfoliation - remove with hot mitts.

MASK: Cucumber Peel Off Face Mask.

MASSAGE: Hand, arm, neck & shoulder - Wanderbalm Raw Organic Coconut Oil.

REMOVE MASK: with hot mitts.

TONE: Boosting Face Tonic - apply with cotton pads.

PROTECT: Organic Apricot Oil.

TREAT: Every Day Cream.



WANDERBALM - RAW ORGANIC COCONUT OIL 20G RRP £7.70



**BOOSTING FACE** TONIC 200MI RRP £21.50



CUCUMBER PEEL OFF FACE MASK 50G RRP £8.70



ORGANIC APRICOT OIL 30ML RRP £10.80

# THE SUMMER GLOW

Although our skin is comprised of up to 70% water, it's still possible for your skin to become dehydrated. Our Summer Glow is designed for skin that has become dull, patchy or even flaky as a result of dehydration. Give an immediate nourishment boost, relieving tightness and giving you the ultimate dewy skin.

#### TREATMENT PROCEDURE

CLEANSE: Illuminate Melting Cleanser - remove with hot mitts.

TONE: Illuminate Facial Toner - apply with cotton pads.

POLISH: Illuminate Facial Polish - remove with hot mitts.

MASK: Illuminate Cream Mask - apply thick layer.

MASSAGE: Scalp - Wanderbalm Raw Organic Coconut Oil (or dry if you prefer).

REMOVE MASK: with hot mitts.

TONE: Illuminate Facial Toner - apply with cotton pads.

PROTECT: Illuminate Serum.

TREAT: Illuminate Moisturiser.



ILLUMINATE MELTING CLEANSER 50ML RRP £24



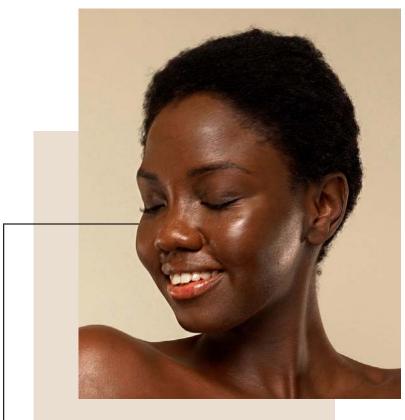
ILLUMINATE FACIAL POLISH 50ML RRP £19.40



ILLUMINATE CREAM MASK 50G RRP £10.80



ILLUMINATE FACIAL TONER 50ML RRP £17.40



**ILLUMINATE** 

# **ENHANCE**

# THE EYE ENHANCE

A youthful gaze is like the perfect yoga body: it makes you look rested, balanced and like a pro at tuning out stress. Banish those dark circles, expel those fine lines and add that twinkle back into your eyes. Small add on treatment (15 minutes).

#### TREATMENT PROCEDURE

EYE CLEANSE: Illuminate Eye Gel Cleanser.

MASSAGE: Eyes - Organic Apricot Oil.

EYE MASK: Biocellulose Eye & Mouth Patches.

MASSAGE: Hands - Fig & Vanilla Hand Cream.

PROTECT: Gold Contour Eye Serum with Hyaluronic Acid.



ILLUMINATE EYE GEL CLEANSER 50ML RRP £32 20



ORGANIC APRICOT OIL 30ML RRP £10.80



**BIOCELLULOSE EYE &** MOUTH PATCHES 5G RRP £770



GOLD CONTOUR EYE SERUM WITH HYALURONIC ACID 30ML RRP £6120

# THE PREGNANT PAUSE

Skin works extra hard during pregnancy, so we've created the Bumps A Daisy pregnancy range to soothe, soften and swaddle stretched pregnancy skin in balanced and nourishing essential oils. With a grounding foot and leg treatment, light body exfoliation and gentle skin replenishing massage, it'll lift spirits and calm the mind.

Treatment for after first trimester.

#### TREATMENT PROCEDURE

GROUNDING FOOT & LEG TREATMENT: Bumps A Daisy Top to Toe Polish. Gently buff calves, ankles & feet - remove with hot mitts.

MASSAGE: Legs & feet - Sole Food Foot Nutrition.

EXFOLIATION: Bumps A Daisy Top to Toe Polish.

Gently exfoliate shoulders, arms, back & legs - remove with hot mitts.

MASSAGE: Shoulders, arms & back - Bumps A Daisy Face, Bump & Body Oil.

HYDRATE: Herbal tea or water.



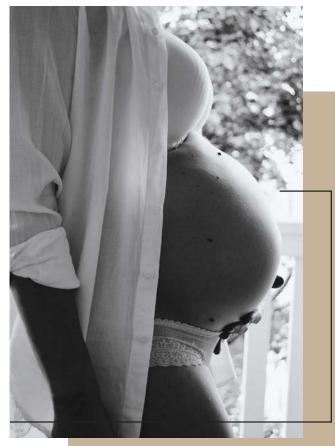
BUMPS A DAISY TOP TO TOE POLISH 250G RRP £16.90



SOLE FOOD FOOT NUTRITION 50G RRP £8.70



BUMPS A DAISY FACE, BUMP & BODY OIL 100ML RRP £15.90



SOOTHE



# THE BODY BLITZ

An invigorating full body scrub with ground coffee, sea salt and enriched oils is followed by an incredibly anti-oxidising yet decadent chocolate body drench wrap. Then, finishing with an illuminating express facial, also using liquid chocolate, skin will be detoxed, glowing & toned.

#### TREATMENT PROCEDURE

FULL BODY SCRUB: Colombian Rush Coffee Body Scrub.

REMOVE: Shower off - Fig & Vanilla Body Wash.

FULL BODY WRAP: Chocolate & Cocoa Bean Self Heating Body Wrap.

FACIAL: Cleanse, tone & polish - Illuminate collection.

FACE MASK: Organic Cocoa Face Drench Mask.

MASSAGE: Scalp - Wanderbalm Raw Organic Coconut Oil (or dry if you prefer).

REMOVE: Face mask - with hot mitts.

Hair mask & body wrap - shower off, Fig & Vanilla Body Wash.

PROTECT: Face - Illuminate Moisturiser. Body - Wanderbalm Raw Organic Coconut Oil.

Add on a body massage for an extra indulgent treatment.



COLOMBIAN RUSH COFFEE **BODY SCRUB 300G** RRP £26.60



ILLUMINATE FACIAL POLISH 50ML RRP £19.40



ORGANIC COCOA FACE DRENCH MASK 50G RRP £7.70



FIG & VANILLA BODY WASH 250ML RRP £12.80

# THE BODY BOOST

A botanical boost to the body - packed with incredible body-food ingredients to soothe, nourish and draw out toxins, impurities and tackle water retention.

#### TREATMENT PROCEDURE

FULL BODY SCRUB: Invigorating Lime & Lemongrass Body Salt Scrub.

CLEANSE: Face - Damascene Melting Cleanser.

POLISH: Face - Superfruit Active Exfoliation.

REMOVE: Shower off - Fig & Vanilla Body Wash.

FULL BODY WRAP: Green Tea, Red Tea, White Tea & Mint Leaf Body Wrap.

MASSAGE: Face & scalp - Wanderbalm Raw Organic Coconut Oil.

REMOVE: Shower off - Fig & Vanilla Body Wash.

PROTECT: Face & body - Wanderbalm Raw Organic Coconut Oil.



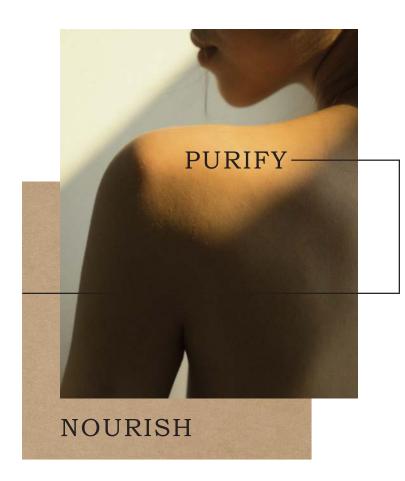
LIME & LEMONGRASS BODY SALT SCRUB 250G RRP £21.50



SUPERFRUIT ACTIVE EXFOLIATION 30G -SET OF 2 RRP £18.40



WANDERBALM - RAW ORGANIC COCONUT OIL 20G RRP £7.70





# THE BODY RESCUE

Awaken your senses and skin with our nourishing & anti-oxidant Nectarine & Honey Body Salt Scrub. Then indulge in a full body massage with our Invigorating Oil packed with Roman Chamomile that eliminates feelings of sadness, depression, and sluggishness while inducing a happy or charged feeling.

#### TREATMENT PROCEDURE

FULL BODY SCRUB: Nourishing Nectarine & Honey Body Salt Scrub.

REMOVE: Shower off - Yuzu Oil & Marjoram Body Wash.

MASSAGE: Full body - Invigorating Body Oil.

HYDRATE: Calming cup of Chamomile tea.



NOURISHING NECTARINE & HONEY BODY SALT SCRUB 250G RRP £21.50



YUZU OIL & MARJORAM BODY WASH 250ML RRP £12.80



INVIGORATING BODY OIL 50ML RRP £16.40