

# SUNSATIONAL SKIN

As the holiday season approaches, we find ourselves looking towards sun drenched beaches and an opportunity to unwind and enjoy time with loved ones or rejuvenate our zest for life through new experiences and adventures. Now is a time to get your skin beach ready and restore your natural outer glow!

With our exciting treatment menus, we bring you to the most exotic places in the world: Whether you are looking for a relaxing moment with an exotic treatment or just a little luxury, our curated treatments provide a sense of escape and adventure! We invite you to experience traditional treatments bringing your body and soul into balance, these are designed to soothe the body and mind and refresh the skin. Let your imagination unwind in incredibly stunning destinations from around the world and be spoiled by first-class exotic spa treatments. How can you not be inspired by these exotic holiday destinations. A truly unforgettable experience that leaves you feeling refreshed, relaxed and rejuvenated.

What's stopping you? Let the holiday season begin!





# GOLDEN HOUR

Golden hour is a feeling of contentment and peacefulness, this can be time spent with loved ones or just doing something you enjoy. Focusing on the entire body you can bring new alignment and a renewed sense of self. Soak up the natural calm and long-lasting effects from the traditional combination of Grape Leaf, Pearl & Caviar extract, giving skin a golden glow with Collagen and skin loving ingredients.

SCRUB — the full body with Gold & Caviar Body Polish.

Pay particular attention to problem areas like the knees, feet and elbows.

BUFF- away the excess scrub with dry mitts.

WRAP — the body with Gold Fine Body Wrap. Leave on for 15-20 minutes.

MASSAGE — hand, arm, neck and shoulders — the beautiful 23 Carat Gold & Caviar Dry Body Oil, with its gentle amber scent and a subtle golden sparkle, will leave skin radiant.

APPLY – Golden Jojoba Wax to the hair and complete a scalp massage whilst the wrap gets to work.

SHOWER — the wrap off and use the Luxurious Gold Facial Cleansing Wash.

MOISTURISE – using the shimmering 23 Carat Gold & Caviar Dry Body Oil, creating that golden glow.



From left to right:
Gold & Caviar Body Polish 200g | 1 kg
Gold Fine Body Wrap 2kg
23c Gold & Caviar Dry Body Oil 100ml | 500ml
Golden Jojoba Wax 30ml
Luxurious Gold Facial Cleansing Wash 500ml



### SCRUB MENU

Let your imagination run wild, whilst we take you around the world, with scents from far and wide, to evoke memories of sun drenched shores and far flung destinations. Let your mind escape and dreams of a vacation begin with sunsational skin.

Pick one or more of our fabulous new scents to add to your scrub bar or seasonal treatment menu. Adding them into existing treatments, creating new and exciting options for your guests or adding into the rasul to reveal glowing beach ready skin.



#### PACIFIC SHORES

Hawaii is a tropical paradise known for its stunning beaches, lush rainforests, and vibrant culture. The scent of Lime, Mango and Watermelon evoke memories of tropical cocktails, sandy beaches, and warm sun. Pacific Shores Sugar Scrub combines natural sugar with fruity and fresh aromas and is perfect for the summer months. With Melon seed oil, rich in antioxidants and essential fatty acids, it helps to hydrate and nourish the skin. Beets powder, a popular herbal medicine used to help with inflammation and protect against cellular damage - not to mention giving the scrub the most vibrant purple colour, the perfect addition to your scrub collection.



#### PERUVIAN AMAZONIA

Peru is a holiday destination known for its diverse offerings from stunning landscapes and diverse ecosystem where the scents of Coriander, Lime and Mint can be found in local cuisines and traditional medicines. Peruvian Amazonia combines fine sea salt scrub, with uplifting and zesty scents, to take your mind and body straight to Peru. Nourishing to the core with Avocado oil and invigorating Peppermint leaves, perfect for sensitive or super dry skin types.



SRI LANKAN BLACK TEA

One of the most iconic scents associated with Sri Lanka is that of Black tea. Sri Lanka is one of the world's largest producers of Black tea and it is an integral part of the country's culture and economy. The aroma of Black tea leaves being plucked and brewed fills the air and is a treat to the senses. Sri Lankan Black Tea Fine Salt Scrub combines with the added scents of Hibiscus which is rich in antioxidant properties.



YAMATO COLD BREW JAPAN

Cucumber, Apple and Matcha offer a refreshing and healthy taste of Japan, showcasing the country's love for fresh and natural ingredients. Yamato Cold Brew Fine Sea Salt Scrub with these clean and fresh scents, combines with Apple extract, high in antioxidants, to smooth and maintain skin elasticity and help with microcirculation, creating a refreshing treatment experience and helping to promote healthy radiant skin.



# GET READY TO GLOW

Our skin needs nutrients too! Ab:scent knows that not everyone's skin can handle essential oils or fragrances, so this powerful range is enriched with natural oils and vitamins but zero fragrance. The Melting Cleanser will effortlessly remove make up, followed by a creamy Facial Polish to buff away any dead skin cells using upcycled microparticles of rice. Finish with the Moisturiser, packed with Shea Butter and Almond oil to deeply nourish and plump the face. For an added boost the Super Serum is packed with Green Tea and Vitamin C to support a healthy-looking complexion and is especially beneficial for those who are looking to protect their skin from damage caused by environmental stressors and ageing and create that extra glow!

CLEANSE- using our Ab:scent Melting Cleanser apply with circular motions over the face and neck - remove using warm mitts.

POLISH- using Ab:scent Facial Polish gently buff away dry skin and impurities – remove using warm mitts.

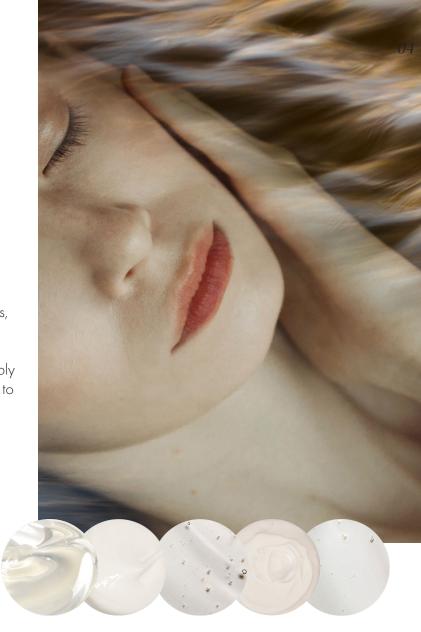
MASK — with a mask of choice to suit clients skin concerns.

MASSAGE – performing a relaxing scalp massage whilst the mask does its work – remove mask by peeling or warm mitts (depending on mask chosen).

TREATMENT- using our green tea Ab:scent Super Serum.

MOISTURISE — using Ab:scent Eye & Facial Moisturiser adding in 2-3 drops of the new Brightening Vitamin C Booster.

 $TOP\ TIP$  — customise your facial using our new Vitamin C Booster, adding a boost of hydration and brightness to the skin.



From left to right:
Ab:scent Melting Cleanser 50ml | 500ml
Ab:scent Facial Polish 50ml | 250ml
Ab:scent Super Serum 30ml | 100ml
Ab:scent Eye & Facial Moisturiser 50ml | 250ml

Brightening Vitamin C Booster 30ml











# SOULFULLY GROUNDED

#### FOOT & LOWER LEG RITUAL 20 MINUTES

Everyone needs a little grounding every now and then. Stress can take a toll on the feet and ankles, particularly during pregnancy, and often it's where a lot of us carry water retention. This calming treatment is packed with gentle Sweet Almond and Wheatgerm oils and complemented with a flurry of Rose oil, Mandarin, and Bitter Orange to increase circulation and ease the effects of water retention.

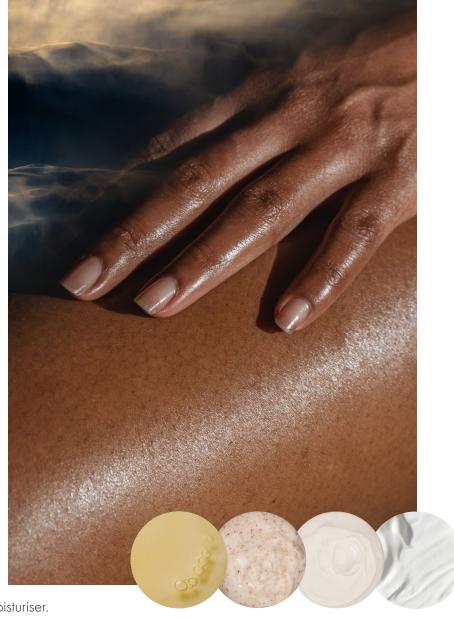
To buff, soothe and help eradicate chapped & cracked skin on the heel area. Leave skin feeling refreshed, nourished and beautifully fragant.

SOAK- the feet in a basin with a few drops of Bumps A Daisy Face, Bump & Body Oil.

SCRUB — the feet and lower legs with Bumps A Daisy Top to Toe Polish.

MASSAGE — the feet gently and lower legs with the Bumps A Daisy Face, Body & Bump Moisturiser. FEED — nourishing the feet with Sole Food Foot Nutrition. With Sweet Orange, Neroli and Pomegranate to feed skin, helping repair cracks and soothe dryness. Safe for clients during pregnancy, just ensure you avoid pressure points on the feet whilst massaging.

TOP TIP - Drink plenty of water to flush out excess fluid and reduce swelling.



From left to right:

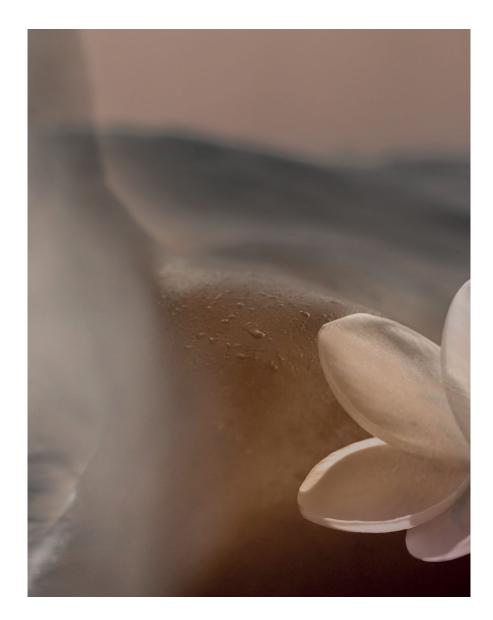
Bumps A Daisy Face, Bump & Body Oil 100ml | 1L

Bumps A Daisy Top to Toe Polish 250g | 2.5kg

Bumps A Daisy Face, Body & Bump Moisturiser 250ml | 1L

Sole Food Foot Nutrition 50g | 1L





# TIARE MELTING MASSAGE

30 - 60 MINUTES

The Tiare flower is known for its beautiful, intoxicating fragrance. The flower is a staple of Polynesian culture. The Tahitian people honour the legend of the Tiare flower to this day. The simple, white flower petals are only part of their appeal. When a large bouquet of tiare are gathered together, they give off a strong and intoxicating fragrance, filling sweethearts with the romantic bliss which was once the secret of the god Atea.

Monoi de Tahiti is a specifically derived combination of Coconut oil and Tiare flowers, known as some of the best skin care ingredients. The flowers are picked just before blooming and placed in Coconut oil to soak for at least 15 days. Polynesian women have used it as a beauty remedy for hair and skin for more than 2000 years. It's also used for Taurumi massage, an ancient traditional Tahitian massage that allows the body to recover all its connections to the world.

SET THE SCENE — light some candles and set a relaxing mood in the room.

MELT THE OIL — place the Tiare Monoi Body Oil in hot water or into the hot cabby to melt down.

MASSAGE- drizzle the oil over the body and start a relaxing massage. This treatment can be done as a 30 or 60 minute.

 $TOP\ TIP\ -$  this oil is a fantastic moisturiser - a great take home item for massages or nourishing moisturiser after a hot bath or for areas of dry skin.



Tiare Monoi Body Oil 100ml







#### BE BACK READY

Get ready to bare those shoulders and treat your back with a 45 minute back treatment to buff away dull skin leaving a glowing radiance and noticeably less visible pores. Gain an even skin tone, with a feeling of soft, smooth and rejuvenated skin.

The Rosemary oil in this treatment helps stimulate cell renewal, keeps skin taut and toned and lock moisture back into the skin. Kaolin improves skin's balance and reduces the levels of pore-clogging oils, dirt, and toxins while Guarana seed extract has very high caffeine levels which are used to target cellulite, reduce puffiness and give a smoothing effect to the skin.

SET THE SCENE — with a bowl of warm water with fresh Rosemary and Lavender under treatment couch.

APPLY — Illuminate Body Polish to entire back.

BUFF — away with warm mitts.

WRAP — and smooth the Rosemary & Guarana Peel Off Body Wrap over the back whilst the client is lying down.

DRIZZLE — warm Raw Coconut Face, Body & Hair Oil onto scalp and massage in for a relaxing massage whilst the wrap gets to work.

REMOVE – wrap and remove excess with a warm towel.

MASSAGE — to finish, with warm Raw Coconut Face, Body & Hair Oil drizzled onto the back for a 15 min back, neck and shoulder massage.



From left to right:

Illuminate Body Polish 200g | 1 kg
Rosemary & Guarana Peel Off Body Wrap 2.5kg
Raw Coconut Face, Body & Hair Oil 250g

