



MOTHER-TO-BE FACIAL

Mothers-to-be can still prioritise self-care and full-on pampering, with this relaxing experience to reduce the stress that comes with pregnancy. Help mum-to-be reconnect with her inner peace by calming the mind with massage and relieving any pressure – both physical and mental. This treatment has the added benefits of Neroli Oil and Rosehip Oil to combat dry itchy skin and promote cell regeneration which will reduce the appearance of scars and prevent stretch marks.

MOTHER-TO-BE FACIAL – 40 MINUTES

set the scene — make sure client and bump are comfortable on the bed.

cleanse — using the Ab:scent Cleanser, circular motions over the face and neck to remove make up, dirt and oils.

remove — remove using warm mitts.

polish — using Bumps a Daisy Top to Toe Polish, gently massage this over the face and neck.

remove — using warm mitts, remove polish and granules.

mask — apply the soothing Bilberry and Chamomile Peel Off Face Mask over the face and neck.

feet & ankles — using the Top to Toe Polish, help to relieve swollen ankles and feet by buffing away, followed by massaging – remove and use Bumps a Daisy Face, Bump & Body Oil to drain away any swelling and relieve puffy ankles.

remove — remove the face mask.

moisturise — apply a few drops of the Organic Rosehip Oil into hands and press this into the skin.

top tip — retail the Bumps a Daisy range with a pamper take away to use during the rest of the pregnancy.



Ab:scent Unscented Melting Cleanser 50ml | 500ml
 Bumps a Daisy Top to Toe Polish 250g | 2.5kg
 Bilberry and Chamomile Peel Off Face Mask 30g
 Bumps a Daisy Face, Bump & Body Oil 100ml | 1ltr
 Organic Rosehip Oil 30ml