



natural Spa factory®

FEEL ANEW
spring treatment menu



FEEL ANEW

Spring is a time when nature reawakens and brings forth new growth and possibilities. Aligning with this period of rejuvenation can significantly enhance our physical and mental well-being and reignite our zest for life.

Embrace this season of renewal with open arms and treat yourself to Spring treatments, not only to pamper your skin but also your overall wellbeing. Self-renewal is an essential part of our spiritual wellness. By learning how to renew yourself, you'll be able to continuously reconnect with your purpose in life, reignite your passion and rediscover your true spirit.

HOW TO FEEL ANEW THIS SPRING

reconnect: Help clients to reconnect with their inner selves, or with the natural world. This could include treatments like meditation, yoga, or forest bathing. Additionally, it's about building a stronger connection between the spa and its clients. Offering personalised or customisable services can help achieve this.

reignite: Prioritise rejuvenating and revitalizing treatments. These range from energizing massages, fitness programs to detoxification treatments and nutritional coaching. These services help reignite clients' vitality and energy after the cold Winter months.

rediscover: Introduce clients to new or forgotten wellness rituals. For example, using traditional or indigenous healing practices in treatments can give clients the chance to rediscover ancient wisdom and practices.

A balanced, diverse, and compelling treatment menu incorporating these three elements for Spring, can greatly enhance the spa's attractiveness and connection with clients.

ENGLISH ROSE GOLD

A facial combining rose-infused products, gold, and bakuchiol is an exceptional treat for the English Rose in your life this Mother's Day. Rose-infused products provide hydration, reduce inflammation, and have antioxidant benefits. Gold is known for its healthy ageing properties, boosting collagen production, reducing the appearance of fine lines, and giving the skin a healthy glow. Bakuchiol is a plant-based alternative to retinol that can help stimulate collagen production, reducing signs of ageing, and improving skin elasticity without the usual irritation associated with retinol. This unique blend of ingredients delivers a rejuvenating and luxurious experience, perfect for showing your love and appreciation on Mother's Day. Not only will it make the client feel anew, but also help us to rediscover the joy of shared moments and pampering.

ENGLISH ROSE GOLD FACIAL – 60 MINUTES

set the scene — light a candle (Fig & Vanilla Candle is ideal) and dim the lights.

cleanse — using Damascene Melting Cleanser, circular motions over the face, removing with warm mitts.

polish — using Gold & Pearl Facial Polish, buff away impurities, removing with warm mitts.

mask — with Pearl & Gold Face Mask to add the plumpness and brightness back into the skin.

remove — the Gold Mask and gently press excess product into the skin.

massage — using Organic Rosehip Facial Oil, perform a pressure point facial massage, doing this until all oil has been absorbed.

treatment — using Bakuchiol Oil, apply a generous amount, pressing into the skin to help with fine lines, plumpness, and youthful glow.

moisturise — using Gold Moisturiser, seal in all those luxurious oils.

top tip — add this onto a Mother's Day pamper package, maybe an afternoon tea or a cocktail hour.



Fig & Vanilla Candle 220g
 Damascene Melting Cleanser 50ml | 1kg
 Gold & Pearl Facial Polish 50ml | 500ml
 Pearl & Gold Face Mask 30g
 Rosehip Oil 30ml
 Bakuchiol Facial Oil 50ml



SWEET HONEY BODY RITUAL

Emerge anew this Spring with a Nectarine & Honey Blossom Salt Scrub treatment to exfoliate dead skin cells, smooth the skin, and stimulate circulation. The sweet, soothing honey candle scent soothes the mind, while Apricot kernel oil is rich in vitamins A and E and works to renew skin cells, nourish skin, and fight free radicals.

Show the mum in your life how much she means to you with this treatment on Mother's Day. Using the soothing and refreshing scents of honey and mandarin, these natural ingredients symbolise the purity and sweetness of your love and appreciation for her, so not only will she feel relaxed and rejuvenated but also deeply cherished.

SCRUB & MASSAGE BODY TREATMENT – 45 MINUTES

set the scene — light the Honey Massage Candle to fill the room with the sweet soothing fragrance.

scrub — using Nectarine & Honey Body Salt Scrub, starting with the legs, moving up to the back. Use circular motions, buffing away impurities and dry skin – leaving the skin feeling refreshed, rejuvenated and full of life.

remove — buff away the scrub using warm mitts.

massage — using the Melted Honey Candle, drizzle this over client's body and perform a leg and back massage.

top tip — give your client the remainder of the candle as a gift to take home.



Honey Massage Candle 35g
Nectarine & Honey Body Salt Scrub 250g | 5kg

FULL BODY RENEWAL

This detoxifying treatment is not only going help slim the body, but also invigorate the senses with combined fragrances of Sri Lankan Black Tea and Hibiscus, transporting you with the senses to tropical rainforests, or perhaps imagine the gentle rustle of palm trees on the beach. Reignite your desire for life with the renewing scent of scrubs and detoxifying wraps and leave behind the dark cold months of winter. Close your eyes and picture the sun casting a golden hue on the sand and for a moment the world seems to slow down. Summer is just around the corner.

DETOXIFYING BODY TREATMENT – 90 MINUTES

set the scene — using the Reviving Himalayan Bath Salts in a small ramakin, add some hot water and let the aromas of the salts fill the room, the spearmint will act as a refreshing cleanse, aligning with theme of the treatment.

scrub — using Sri Lankan Black Tea Salt Scrub. Using circular motions, to buff away impurities and stimulate blood flow.

remove — buff away the scrub using warm mitts.

wrap — apply the Laminaria Body Wrap over the entire body, leaving to detox for 10-15 minutes. Cover with a warm blanket to raise the body temperature aiding the detox process.

scalp — whilst the Wrap completes its magic, perform a soothing head massage.

remove — optional; shower or buff the wrap away, leaving the skin fresh and ready for the massage.

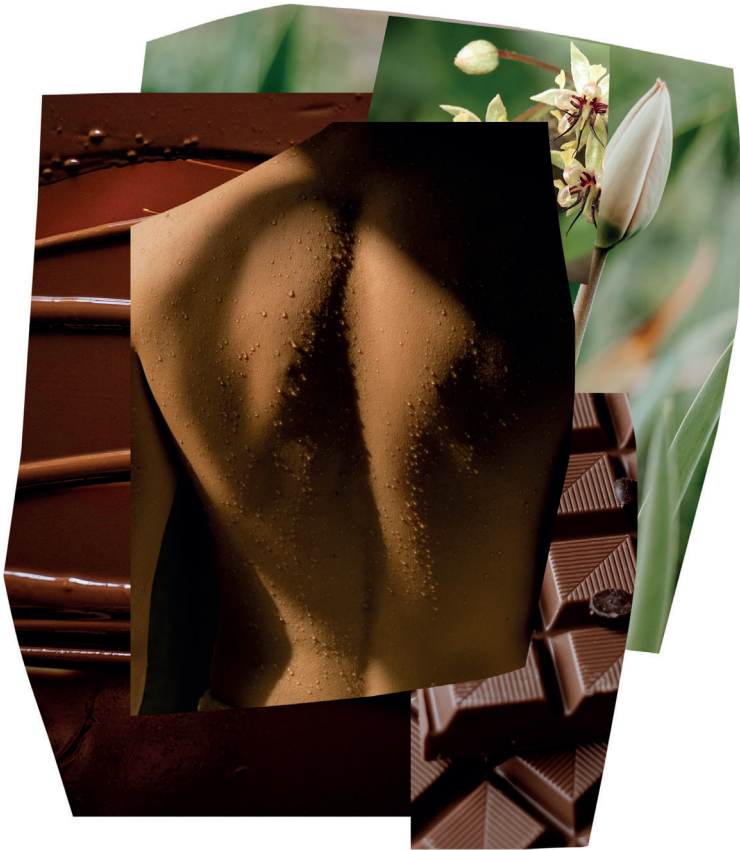
massage — using the Seaweed Body Oil, perform a full body, detoxing massage.

moisturise — using Gold Moisturiser, seal in all those luxurious oils.

top tip — retail the scrub and the massage oil to clients to continue the detoxing treatments at home.



Reviving Himalayan Bath Salts 250g | 650g | 2.5kg
 Sri Lankan Black Tea Salt Scrub 300g | 4kg
 Laminaria Body Wrap 2.5kg
 Seaweed Body Oil 50ml | 1ltr | 5ltr
 23 Carat Gold, Pearl & Caviar Moisturiser 50ml | 250ml



CHOCOLATE MELT INDULGENCE

Easter is the perfect occasion for an indulgent treatment that immerses you in the comforting scents and sensations of chocolate to feel both pampered and relaxed. The smell of chocolate is known to trigger the release of chemicals in the brain that produce a similar feeling to being in love. Uplift your mood and be drenched in luxury.

Cocoa beans, the primary ingredient in chocolate, are packed with antioxidants that help combat free radicals, potentially reducing the signs of ageing. The natural fats present in cocoa are nourishing and moisturising to the skin, giving it a smooth and soft texture while the caffeine present in chocolate helps stimulate blood flow, potentially improving the skin's overall appearance and texture.

TOP-TO-TOE TREATMENT – 90 MINUTES

set the scene — light the Cacao Flower Massage Candle to fill the room with fragrance, also preparing it for the massage ahead.

wrap — apply the Chocolate & Cocoa Bean Self-Heating Wrap over the entire body, warming the body up and relaxing the muscles ahead of the massage.

cleanse — whilst the wrap does its magic and warms up, cleanse the face using Ab:scent Unscented Melting Cleanser, buff away using warm mitts.

mask — apply the Organic Cocoa Face Drench Mask to the face and neck.

scalp — perform a scalp massage while the wrap and the mask warm the client's body up to send them into a state of total relaxation.

remove — remove the face mask using warm mitts, optional shower or buffing away for the chocolate body wrap.

massage — extinguish candle and begin a full body massage, drizzling the warm Cacao Flower Oil straight from the vessel.

top tip — give your client the remainder of the candle as a gift to take home with them. When offering these treatments consider pairing them with complementary treats, like a cup of hot chocolate or a small box of chocolates making the experience even more special and unforgettable.



Cacao Flower Massage Candle 35g
 Chocolate & Cocoa Bean Self-Heating Wrap 2.5kg
 Ab:scent Unscented Melting Cleanser 50ml | 500ml
 Organic Cocoa Face Drench Mask 50g

DECOMPRESS SCALP MASSAGE

Leave the stress of the day behind and enjoy this heavenly experience that offers both relaxation and nourishment for the scalp and hair. Coconut oil is rich in fatty acids, vitamins, and antioxidants which can promote hair growth, improve scalp health, and add a natural shine to your hair, all combined with the unique fragrance of the Tiare Monoi oil flower. Instantly reduce stress and stimulate the senses - this is tranquillity at its best!

DECOMPRESS SCALP MASSAGE – 20 MINUTES

set the scene — place Tiare Monoi Melting Body Oil into hot caddy or warm water, filling the room with the luxurious scent.

massage — drizzle the warm Tiare oil directly onto the scalp, letting this trickle down, perform a relaxing scalp massage.

top tip — leave the oils in the hair for a deeply nourishing hair treatment.



Tiare Monoi Melting Body Oil 100ml | 500ml



MOTHER-TO-BE FACIAL

Mothers-to-be can still prioritise self-care and full-on pampering, with this relaxing experience to reduce the stress that comes with pregnancy. Help mum-to-be reconnect with her inner peace by calming the mind with massage and relieving any pressure – both physical and mental. This treatment has the added benefits of Neroli Oil and Rosehip Oil to combat dry itchy skin and promote cell regeneration which will reduce the appearance of scars and prevent stretch marks.

MOTHER-TO-BE FACIAL – 40 MINUTES

set the scene — make sure client and bump are comfortable on the bed.

cleanse — using the Ab:scent Cleanser, circular motions over the face and neck to remove make up, dirt and oils.

remove — remove using warm mitts.

polish — using Bumps a Daisy Top to Toe Polish, gently massage this over the face and neck.

remove — using warm mitts, remove polish and granules.

mask — apply the soothing Bilberry and Chamomile Peel Off Face Mask over the face and neck.

feet & ankles — using the Top to Toe Polish, help to relieve swollen ankles and feet by buffing away, followed by massaging – remove and use Bumps a Daisy Face, Bump & Body Oil to drain away any swelling and relieve puffy ankles.

remove — remove the face mask.

moisturise — apply a few drops of the Organic Rosehip Oil into hands and press this into the skin.

top tip — retail the Bumps a Daisy range with a pamper take away to use during the rest of the pregnancy.



Ab:scent Unscented Melting Cleanser 50ml | 500ml
 Bumps a Daisy Top to Toe Polish 250g | 2.5kg
 Bilberry and Chamomile Peel Off Face Mask 30g
 Bumps a Daisy Face, Bump & Body Oil 100ml | 1ltr
 Organic Rosehip Oil 30ml