

CONSCIOUS CHRISTMAS

WINTER 2021



The indulgent season lies ahead of us and it's time to embrace the magic and sparkle. But, while it's lovely to get into the festive spirit, let's ensure we have the least environmental impact possible, too. It's true that we want to be bright-eyed and bushy-tailed this winter, but we'd also like a bright future to look forward to. Let's wrap it up differently this year and focus on respectful replenishing. Inspired by cosy nights by the fire, this treatment collection is warming and rejuvenating, perfect for protecting our bodies, our minds and our planet through the bleak midwinter. Guide your clients on their journey through the festivities and party season pampering, but encourage them to do so consciously and join the fight against climate change this winter. Evoke images of the traditional earthy and natural tones of the season (think mistletoe, pine cones, holly and ivy), and wish them a merry but green Christmas.

IN THE SPOTLIGHT

Reviving, eco-friendly, effective products all sourced from nature, without any chemicals, SLS, microbeads, parabens, MI or synthetic colour. Let skin recover and regenerate this winter while helping the environment to do the same.

DOWNLOAD THE NATURAL SPA FACTORY SPOTIFY PLAYLIST TO SURROUND YOUR SPA IN SOOTHING AND CHILLED OUT TUNES.



CONSCIOUS CHRISTMAS

NO TIME LIKE THE PRESENT – 55 MINUTES

NOURISHING FACIAL – Nurture your skin and soak up the soothing effects of the natural warriors, aloe vera, bilberry or cucumber, to offer a sustainable sparkle for seasonal celebrations. In true Christmas spirit, while nature works its magic and boosts your beauty, you'll be giving the environment a boost too.

TREATMENT PROCEDURE

CLEANSE: Illuminate Melting Cleanser – double cleanse to thoroughly remove make up.

STONE: Illuminate Facial Toner – spritz the face in an arc allowing the toner to gently fall.

EXFOLIATE: Illuminate Facial Polish – apply using small circular movements with light pressure.

FACIAL MASSAGE: Avocado Oil – sweep from the decollate over the shoulders and up to the face.

MASK: Bilberry Peel Off Mask - strengthen and calm stressed and sensitive skin.

MASSAGE: Avocado Oil – massage oil to the hands and feet 5 mins each.

REMOVE MASK: Peel the mask gently upwards from the chin.

HYDRATE: Illuminate Serum - a concentrate of ingredients to boost the skin.

PROTECT: Illuminate Moisturiser - lock in all the hydration with this light and radiant cream.

SPA SPECIALIST TOP TIP: Use hot mitts to remove excess product.



ILLUMINATE MELTING
CLEANSER 50ML
RRP £24



ILLUMINATE FACIAL
POLISH 50ML
RRP £19.40



AVOCADO OIL
50ML
RRP £18.90

CONSCIOUS CHRISTMAS

THE CLAUSE & EFFECT – 25 MINUTES

FACIAL MASSAGE – Nothing makes you feel better than replenishing frostbitten skin, especially when it comes from products that are supporting the repair of our ravaged planet. This treatment uses nature’s most enriched ingredients to evoke a sense of calm reflection, encouraging the client to care for their two homes – earth and body. What’s the point in looking good if we’ve got nowhere to call home, hey?

TREATMENT PROCEDURE

CLEANSE: Apply Damascene Cleanser – gentle enough for the eyes and lips.

TONE: Boosting Tonic – aloe vera to soothe.

EXFOLIATE: Bamboo Intense Exfoliation – gently apply and polish off dead skin

MASK: Choice of Peel Off Masks – depending on your clients skin.

REMOVE MASK: Peel the mask gently upwards from the chin.

PROTECT: Every Day Cream to nourish.

— FACE —



DAMASCENE MELTING
CLEANSER 50ML
RRP £24



BOOSTING FACE
TONIC 200ML
RRP £21.50



MASK TRIO
GIFT SET
RRP £20



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THE OPEN YOUR EYES - 25 MINUTES

EYE REVIVE - Found yourself dreaming of a white Christmas, just like the one's you used to know? Close your eyes with this calming treatment and soak up the eco-friendly ingredients, safe in the knowledge that you're alleviating pressure from the environment as well as your body. After all, there won't be any snowy scenes in the future if we don't reverse the damage of climate change. Time to let it snow, let it snow, let it snow...

— FACE —



TREATMENT PROCEDURE

EYE CLEANSE: Illuminate Eye Cleansing Gel - lightly cleanse each eye, support the brow and sweep down.

MASSAGE: Gold Contour Eye Serum - apply 6 drops around the eye bone and gently use pressure to alleviate tension.

EYE MASK: Biocellulose Eye & Mouth Patches - apply the patches to the eye area.

HAND MASSAGE: Fig & Vanilla Hand Cream.

PROTECT: Gold Contour Eye Serum with Hyaluronic Acid.



ILLUMINATE EYE GEL
CLEANSER 50ML
RRP £32.20



GOLD CONTOUR
EYE SERUM 30ML
RRP £61.20



BIOCELLULOSE EYE &
MOUTH PATCHES 5G
RRP £7.70

CONSCIOUS CHRISTMAS

THE REINVENT AND RESTORE – 25 MINUTES

HAND TREATMENT – Get all wrapped up with this restoring organic treatment, soak up the warming notes of bergamot and black tea, and revive your hands and or feet from their wintery slumber. While you're getting all cosy, the world won't be heating up any more because of your indulgent actions. 'Tis the season, so conjure up memories of toasty celebrations and sit back with a festive tippie knowing you're supporting environmental wellbeing too.

TREATMENT PROCEDURE

SOAK: Bergamot & Black Tea Hand Wash – soak clients hands in warm water.

MASSAGE: Bergamot & Black Tea Hand Lotion – massage right hand including the elbow for 10 mins.

WRAP: Wrap in a warm towel and allow client to relax.

MASSAGE: Bergamot & Black Tea Hand Lotion – massage left hand including the elbow for 10 mins.

WRAP: Wrap in a warm towel and allow client to relax.

ADD ON: Upsell manicure / pedicure.



BERGAMOT & BLACK TEA HAND CARE
GIFT SET
RRP £27



THE FIGHT FOR THE FUTURE - 55 MINUTES

PREGNANCY MASSAGE – Pregnancy can be stressful for the body, and you don't want the added stress of wondering what world is being created for your baby, too. This grounding massage uses vegan-friendly sweet almond oil to evoke feelings of joy. Feel the body and mind unwind, while the natural ingredients support environmental renewal alongside your special birth journey. Christmas is about giving, as well as receiving, so give the gift of the future and give back to our planet today.

TREATMENT PROCEDURE

EXFOLIATE: Bumps A Daisy Top to Toe Polish – gently exfoliate the body with small gentle circular movements, focussing on shoulders, arms, back & legs

REMOVE: Take off excess product with hot mitts, turn them over and wipe again.

MASSAGE: Bumps A Daisy Oil – gently massage – no pressure over the bump, if client is uncomfortable use a large V support pillow under the knees.

PROTECT: Bumps A Daisy Moisturiser – gently apply over the body, bust and legs, sweeping upwards with light pressure.

— BODY —



BUMPS A DAISY TOP TO TOE POLISH 250G
RRP £16.90



BUMPS A DAISY FACE, BUMP & BODY OIL 100ML
RRP £15.90



BUMPS A DAISY FACE, BODY & BUMP MOISTURISER 250ML
RRP £19.40



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THE REFLECT AND ACT - 50 MINUTES

FULL BODY - Ho, ho, no! While we don't want to be a Scrooge, there's no time like the present. So, don't go for brands that destroy the planet with plastic or suffocate the environment with over-consumption. Instead, ease away the stresses of winter with this plant-based massage, and focus on areas of concern in both body and nature. Oh, and as a festive treat for going green, let the sweet indulgent scents bring you your figgy pudding!

— BODY —



TREATMENT PROCEDURE

TO START: De:Stress Bath & Shower Oil - lay client face up, warm 2 drops of oil in hands, hover over clients face and breathe in 3 breaths.

EXFOLIATE: Choose from Fig & Vanilla or Pear & Nigella Seed Salt Scrub - full body exfoliation.

REMOVE: Fig & Vanilla Body Wash - shower off the scrub or remove with hot mitts.

MASSAGE: Rose Massage Candle - full body, back first then front, paying particular attention to areas of concern for client.

SPA SPECIALIST TOP TIP: Finish with grounding the client - hold your clients feet with your palm facing for 10 seconds.



SPA RELAXATION
GIFT SET
RRP £50



FIG & VANILLA BODY
WASH 250ML
RRP £12.80



ROSE MASSAGE CANDLE
30G RRP £9.20
PER CANDLE