



Extra Dirty, Please — £3.42

Rhassoul Mud is a natural mineral clay sourced from the Austrian Alps. The clay contains Mica, which helps improve the feel of your skin, Bentonite, an excellent detox aid, and Silica, which aids skin regeneration and has moisturizing properties. These authentic detoxifying muds have been used for decades as part of a cleansing ritual that combines steam and heat to draw out impurities and remove dead skin cells. Our mud is naturally sourced and has absolutely nothing added to it.

Mud is also known to have anti-inflammatory properties, which can alleviate aches and pains, including pain from rheumatoid arthritis. Some people use mud to simply de-stress, relax, and boost their well-being, or to have a bit of fun painting it onto their skin in a Rasul with a partner or close friends.

Mud Body Wrap

Scrub — begin the treatment with a scrub to open the pores and slather away any dead skin, followed by a shower.

Apply — have your client lay down on a sheet of plastic, towels, or thermal blanket and apply the mud all over the body.

Wrap — wrap in covers for 20 minutes, so that the heat of the wrap relaxes the muscles and allows the body to absorb the mud's benefits.



Body Scrub from 250g
Rasul Mud from 4kg