TIMELESS HAND TREATMENT

INTENSITY LEVEL:

MILD/MEDIUM

TREATMENT TIME:

15 minutes

1/4 tsp. HAND GUARD

PRODUCTS:

PRE-TREATMENT TONER
VITAMIN C PEEL 1
HONEY TRI-ZYME PEEL
SOOTHING BALM

FIRMING MOISTURIZER

FIRMA-BRIGHT

HAND GUARD

HAND CLEANSE 2 minutes 1 pump PRE-TREATMENT TONER	Saturate a cotton round and swipe the tops of hands.
HAND EXFOLIATION 5 minutes 4 tsp. VITAMIN C PEEL 1	Exfoliate the back of hands and fingers, do not remove crystals.
1/4 tsp. HONEY TRI-ZYME PEEL	Apply over crystals and continue to massage into area to exfoliate. Wrap each hand in a warm moist towel and cover that towel with a hand mitt or dry hand towel.
ARM MASSAGE 5 minutes ½ tsp. FIRMING MOISTURIZER + ½ tsp. SOOTHING BALM	Massage arms while hands are wrapped. Warm Soothing Balm and Firming Moisturizer between hands and perform arm massage.
HAND MASSAGE 5 minutes	Gently pull off the warm towel wraps from hands and use to fully remove peel products.
TREAT AND PROTECT: 1 minute 3 Drops FIRMA-BRIGHT +	Apply over to hands, focusing on backs of hands and fingers.

