

SUMMER BLUEBERRY LEMONADE REFRESHER FACIAL

INTENSITY LEVEL:

MEDIUM

TREATMENT TIME:

45-60 minutes

PRODUCTS:

CLEANSING GEL
PRE-TREATMENT TONER
VITAMIN C PEEL 1
BLUEBERRY PEEL
REJUVENATING MASK
SOOTHING SERUM
FIRMING MOISTURIZER
SOOTHING BALM

CHOOSE ONE:

UPLIFT

EYE AUTHORITY

CHOOSE ONE:

AQUABOOST

FACE LIFT

POWER LIFT

CHOOSE ONE:

SOLAR DEFENSE TINTED

SOLAR DEFENSE NON-TINTED

PERFECTING GLOSS

A note on steam:
Steam may be used on during the cleansing and toning or peel steps if appropriate for client's skin. However, steam is not recommended over Pumpkin Peel Intense 5X Power Peel.

For allergies and contraindication, please see page 65 of the Esthetics Guide.

PRE-CLEANSE: 3 minutes
½ tsp. CLEANSING GEL

With wet hands, apply a small amount and gently massage into skin to cleanse. Remove with wet sponges or cotton 4x4s.

-tone: 1 minute
¼ tsp. PRE-TREATMENT TONER

Saturate cotton pad and wipe face to remove excess oils and prep skin. Examine skin and perform skin consultation.

PEEL 1: 3 minutes
¼ tsp. VITAMIN C PEEL 1

Begin steam. Make sure it covers the décolleté. Massage face for 1-2 minutes. Do not remove.

Note: Massage only. Do not scrub vigorously.

PEEL 2: 3 minutes
½ tsp. BLUEBERRY PEEL

Apply over Vitamin C Peel 1 and continue gently massaging for 2-3 more minutes. Turn off steam. (Check in with your client to gauge their comfort level on a scale from 1 to 10.)

Remove thoroughly with a cool or luke warm towel.

EXTRACT: 5 - 10 minutes
(OPTIONAL)
1 PAD CLARIFYING TONER

Saturate cotton pad and apply over the areas that need extractions.

FACIAL MASSAGE: 15 - 20 minutes
⅛ tsp. SOOTHING SERUM +
¼ tsp. SOOTHING BALM

Warm between hands. Mix and perform facial massage or pressure points. Soothing Balm/ Soothing Serum mixture may be left on under Mask or removed using a steamed towel.

MASK: 10 - 15 minutes
1 tsp. REJUVENATING MASK

Apply eye compress. Apply thin layer to entire face for 10 - 15 minutes and perform hand massage while mask is setting. Remove mask with warm steamed towel.

HAND AND ARM MASSAGE
½ tsp. FIRMING MOISTURIZER +
½ tsp. SOOTHING BALM

Perform during Mask treatment. Warm Soothing Balm between hands. Mix with Firming Moisturizer and perform hand and arm massage.

Option: You may also incorporate an add-on service of your choice during this time.

TREAT: 1 minute
⅛ tsp. SOOTHING SERUM

Apply Soothing Serum to entire face. This is a great time to educate your client about peptides and recommend a home care regimen.

EYE REPAIR: 1 minute
½ tsp. UPLIFT EYE
OR
½ tsp. EYE AUTHORITY

Uplift: Lifting, Firming, Hydrating (safe for eyelid)
Eye Authority: Dark Circles, Puffiness, Crow's Feet

Apply to entire orbital area.

MOISTURIZE: 1 minute
CHOOSE ONE:
¼ tsp. AQUABOOST
¼ tsp. FACE LIFT
¼ tsp. POWER LIFT
¼ tsp. SOOTHING BALM

AquaBoost: Oily/Acne-Prone Skin
Face Lift: Normal to Combination Skin
Power Lift: Normal to Dry Skin
Soothing Balm: Dry/Sensitive Skin

Apply to entire facial area.

PROTECT: 1 minute
CHOOSE ONE:
¼ tsp. SOLAR DEFENSE TINTED
¼ tsp. SOLAR DEFENSE NON-TINTED

Choose SPF based on client's preference. Apply to client's entire face and massage until blended.

Solar Defense Tinted: SPF 30, Light Tint, Acai Scented
Solar Defense Non-Tinted: SPF 50, No Tint, Scent Free

LIP: 1 minute
¼ tsp. PERFECTING GLOSS

Apply a small portion of Perfecting Gloss within lip line.

