

SLEEP PRETTY EXPRESS FACIAL

INTENSITY LEVEL:

MEDIUM

TREATMENT TIME:

30 minutes

PRODUCTS:

MAKEUP MELT

CASHMERE CLEANSE

PRE-TREATMENT TONER

HONEY TRI-ZYME PEEL

POWER SERUM

HYDRO-LOCK MASK

LIP SERVICE

LIPLOCK HYDRATOR

MOISTURE RESET

FIRMING MOISTURIZER

SOOTHING BALM

EYE AUTHORITY

POWER LIFT

PRE-CLEANSE: 2 minutes
½ tsp. MAKEUP MELT

With wet hands apply a small amount and gently massage around dry lashes, eye area and the facial area. Tissue off or remove with damp towel.

CLEANSE: 2 minutes
½ tsp. CASHMERE CLEANSE

With wet hands apply a small amount and gently massage over entire face. Remove with wet sponges or cotton 4x4s.

tone: 1 minute
¼ tsp. PRE-TREATMENT TONER

Saturate cotton pad and wipe face to remove excess oils and prep skin. Examine skin and perform skin consultation.

PEEL: 10 minutes
½ tsp. HONEY TRI-ZYME PEEL

Apply thin layer to face and neck, with gloved hands or spatula, avoiding the eye area. Leave on the skin 7-10 minutes depending on client's skin type. Check in with your client to gauge their comfort level on a scale from 1 to 10. Remove thoroughly with cotton 4x4s or a luke-warm towel.

HAND AND ARM MASSAGE
½ tsp. FIRMING MOISTURIZER +
½ tsp. SOOTHING BALM

Perform during Mask treatment. Warm Soothing Balm between hands. Mix with Firming Moisturizer and perform hand and arm massage.

FACIAL MASSAGE: 5 minutes
⅛ tsp. POWER SERUM +
¼ tsp. SOOTHING BALM

Warm between hands. Mix and perform facial massage or pressure points. Remove using a steamed towel.

TREAT: 1 minute
⅛ tsp. POWER SERUM

Apply to entire face. This is a great time to educate your client about a home care regimen.

EYE REPAIR: 1 minute
⅓ tsp. EYE AUTHORITY

Apply to entire orbital area.

MOISTURIZE: 1 minute
3 drops MOISTURE RESET +
¼ tsp. POWER LIFT

Mix 3 drops Moisture Reset into Power Lift and apply to entire facial area as well as neck and décolleté, if desired.

MASK: 1 minute
1 tsp. HYDRO-LOCK MASK

Apply thin layer of Hydro-Lock Mask to entire face and leave on skin.

LIP 1 minute
⅓ tsp. LIP SERVICE +
⅓ tsp. LIPLOCK HYDRATOR

Apply Lip Service to entire lip area staying within the lip line.
Layer LipLock over the top to seal in moisture.