

FIRE AND ICE FACIAL

INTENSITY LEVEL:

AGGRESSIVE

TREATMENT TIME:

45-60 minutes

PRODUCTS:

CLEANSING GEL
EXFOLIATING CLEANSER
PRE-TREATMENT TONER
PUMPKIN PEEL
CLARIFYING TONER
MIRACLE MASK (OPTIONAL)
BALANCING MASK
SOOTHING SERUM
FIRMING MOISTURIZER
SOOTHING BALM

CHOOSE ONE:

UPLIFT EYE
EYE AUTHORITY

CHOOSE ONE:

AQUABOOST
FACE LIFT
POWER LIFT

CHOOSE ONE:

SOLAR DEFENSE TINTED
SOLAR DEFENSE NON-TINTED
PERFECTING GLOSS

A note on steam:
Steam may be used on during the cleansing and toning or peel steps if appropriate for client's skin. However, steam is not recommended over Pumpkin Peel Intense 5X Power Peel.

For allergies and contraindication, please see page 65 of the Esthetics Guide.

PRE-CLEANSE: 3 minutes
½ tsp. CLEANSING GEL

With wet hands, apply a small amount and gently massage into skin to cleanse. Remove with wet sponges or cotton 4x4s.

CLEANSE: 3 minutes
½ tsp. EXFOLIATING CLEANSER

Massage into skin focusing on areas of congestion. Remove with wet sponges or cotton 4x4s.

tone: 1 minute
¼ tsp. PRE-TREATMENT TONER

Saturate cotton pad and wipe face to remove excess oils and prep skin.

PEEL 1: 1-3 minutes
¼ tsp. PUMPKIN PEEL

Apply a thin layer to the facial area with a fan brush. Leave on the skin for 1-3 minutes. Remove with a luke-warm steamed towel.

Note: The client will feel immediate stimulation and a warming sensation. Gauge their sensitivity level.

EXTRACT: 5 - 10 minutes (OPTIONAL)
1 PAD CLARIFYING TONER

Saturate cotton pad and apply over the areas that need extractions.

FACIAL MASSAGE: 15 minutes
¼ tsp. SOOTHING BALM +
⅛ tsp. SOOTHING SERUM

Warm between hands and perform facial massage or pressure points.

Option: Soothing Balm can be removed if desired, but is recommended to let absorb for additional nourishing benefits and apply the mask on top.

MASK: 15-20 minutes
1 tsp. MIRACLE MASK +
1 tsp. BALANCING MASK +
COLD GLOBES (or COLD STONES)

Apply the Miracle Mask first, and then layer the Balancing Mask on top. Use the Cold Globes and move them in an upward motion over the layered masks on the facial area for 5 - 10 minutes. Continue to let mask set for another 5 - 10 minutes.

HAND AND ARM MASSAGE
½ tsp. FIRMING MOISTURIZER +
½ tsp. SOOTHING BALM

While the mask continues to set, warm Soothing Balm and Firming Moisturizer mixture between hands and perform hand and arm massage.

TREAT: 1 minute
⅛ tsp. SOOTHING SERUM

Apply a thin layer of Soothing Serum to entire face. This is a great time to educate your client about recommending the appropriate HydroPeptide home care regimen.

EYE REPAIR: 1 minute
½ tsp. UPLIFT EYE
OR
½ tsp. EYE AUTHORITY

Uplift: Lifting, Firming, Hydrating (safe for eyelid)
Eye Authority: Dark Circles, Puffiness, Crow's Feet

Apply to entire orbital area.

MOISTURIZE: 1 minute
CHOOSE ONE:
¼ tsp. AQUABOOST
¼ tsp. FACE LIFT
¼ tsp. POWER LIFT
¼ tsp. SOOTHING BALM

AquaBoost: Oily/Acne-Prone Skin
Face Lift: Normal to Combination Skin
Power Lift: Normal to Dry Skin
Soothing Balm: Dry/Sensitive Skin

Apply to entire facial area.

PROTECT: 1 minute
CHOOSE ONE:
¼ tsp. SOLAR DEFENSE TINTED
¼ tsp. SOLAR DEFENSE NON-TINTED

Choose SPF based on client's preference. Apply to client's entire face and massage until blended.

Solar Defense Tinted: SPF 30, Light Tint, Acai Scented
Solar Defense Non-Tinted: SPF 50, No Tint, Scent Free

LIP: 1 minute
¼ tsp. PERFECTING GLOSS

Apply a small portion of Perfecting Gloss within lip line.

