

BLEMISH FIGHTING BACK TREATMENT

INTENSITY LEVEL:

MEDIUM-AGGRESSIVE

TREATMENT TIME:

40 minutes

PRODUCTS:

INVIGORATING BODY WASH

ACTIVE BODY SCRUB

EXTRA STRENGTH PEEL 2

PUMPKIN PEEL

MIRACLE MASK

FIRMING MOISTURIZER

SOOTHING BALM

BALANCING MASK

RADIANCE MASK

EXTRA STRENGTH PEEL 2

A note on steam:
Steam may be used on during the cleansing and toning or peel steps if appropriate for client's skin. However, steam is not recommended over Pumpkin Peel Intense 5X Power Peel.

For allergies and contraindication, please see page 65 of the Esthetics Guide.

PREPARE

Turn on steamer. Place Pumpkin Peel, Mask, and Balm in hot towel cabinet to warm up before applying.

CLEANSE: 5 minutes

3 tsp. INVIGORATING BODY WASH

Begin steam. Lather cleanser with wet hands and massage onto shoulders, back of the arms, and back. Turn off steamer. Remove with steamed towel.

EXFOLIATE: 5 minutes

CHOOSE ONE:

2 tsp. ACTIVE BODY SCRUB

1 tsp. EXTRA STRENGTH PEEL 2

With wet hands, gently massage Active Body Scrub onto back for 2 minutes. For additional chemical exfoliation, apply Extra Strength Peel 2 over Active Body Scrub and massage for an additional 2 minutes. Remove with a steamed towel.

PEEL: 1 - 3 minutes

3 tsp. PUMPKIN PEEL

Apply a thin layer of warm Pumpkin Peel with a body brush. Leave on the skin for 1-3 minutes. Remove with steamed towel.

MASK: 7 minutes

3 tsp. MIRACLE MASK

Apply to the back and shoulders. Let sit for 7-10 minutes. Remove with a steamed towel. At this time, a hand/arm massage is recommended.

HAND & ARM MASSAGE: 10 Minutes

¼ tsp. SOOTHING BALM

⅛ tsp. FIRMING MOISTURIZER

Perform while mask is setting. Warm massage mixture between hands and perform hand and arm massage.

MASSAGE: 10 minutes

½ tsp. SOOTHING BALM

Apply to entire back and perform massage.