

ADVANCED RESURFACING STEM CELL FACIAL

INTENSITY LEVEL:
MEDIUM - AGGRESSIVE

TREATMENT TIME:
45-60 minutes

PRODUCTS:
CLEANSING GEL
EXFOLIATING CLEANSER
PRE-TREATMENT TONER
APPLE PEEL 1
EXTRA STRENGTH PEEL 2
CLARIFYING TONER (OPTIONAL)
RADIANCE MASK
HYDROSTEM
FIRMING MOISTURIZER
SOOTHING BALM
CHOOSE ONE:
UPLIFT EYE
EYE AUTHORITY
CHOOSE ONE:
AQUABOOST
FACE LIFT
POWER LIFT
CHOOSE ONE:
SOLAR DEFENSE TINTED
SOLAR DEFENSE NON-TINTED
PERFECTING GLOSS

A note on steam:
Steam may be used on during the cleansing and toning or peel steps if appropriate for client's skin. However, steam is not recommended over Pumpkin Peel Intense 5X Power Peel.

For allergies and contraindication, please see page 65 of the Esthetics Guide.

PRE-CLEANSE: 3 minutes
½ tsp. CLEANSING GEL

With wet hands, apply a small amount and gently massage into skin to cleanse. Remove with wet sponges or cotton 4x4s.

CLEANSE: 3 minutes
½ tsp. EXFOLIATING CLEANSER

Massage into skin focusing on areas of congestion. Remove with wet sponges or cotton 4x4s.

tone: 1 minute
¼ tsp. PRE-TREATMENT TONER

Saturate cotton pad and wipe face to remove excess oils and prep skin. Examine skin and perform skin consultation.

PEEL 1: 3 minutes
¼ tsp. APPLE PEEL 1

Begin steam. Make sure it covers the décolleté. Massage face for 1-2 minutes. Do not remove.
Note: Massage only. Do not scrub vigorously.

PEEL 2: 4 minutes
¼ tsp. EXTRA STRENGTH PEEL 2

Apply over Apple Peel 1 and continue gently massaging for 2-3 more minutes. To achieve more exfoliation, peel combination may be left on skin for up to 6 minutes. Turn off steam. Remove with luke-warm steamed towel.
Note: If client has sensitive skin, reduce the manual exfoliation by pre-mixing Peel 1 and 2. Let sit for up to 5 minutes.

EXTRACT: 5 - 10 minutes (OPTIONAL)
1 PAD CLARIFYING TONER

Saturate cotton pad and apply over the areas that need extractions.

FACIAL MASSAGE: 15 minutes
⅛ tsp. HYDROSTEM +
¼ tsp. SOOTHING BALM

Warm between hands. Mix and perform facial massage or pressure points. Soothing Balm/HydroStem mixture may be left on under Mask or removed using a steamed towel.

MASK: 10 - 15 minutes
1 tsp. RADIANCE MASK

Apply thin layer to entire face for 10 - 15 minutes and perform hand massage while mask is setting. Remove mask with warm steamed towel.

HAND AND ARM MASSAGE
½ tsp. FIRMING MOISTURIZER +
½ tsp. SOOTHING BALM

Perform during Mask treatment. Warm Soothing Balm between hands. Mix with Firming Moisturizer and perform hand and arm massage.

TREAT: 1 minute
⅛ tsp. HYDROSTEM

Apply to entire face. This is a great time to educate your client about a home care regimen.

EYE REPAIR: 1 minute
½ tsp. UPLIFT EYE
OR
½ tsp. EYE AUTHORITY

Uplift: Lifting, Firming, Hydrating (safe for eyelid)
Eye Authority: Dark Circles, Puffiness, Crow's Feet

Apply to entire orbital area.

MOISTURIZE: 1 minute
CHOOSE ONE:
¼ tsp. AQUABOOST
¼ tsp. FACE LIFT
¼ tsp. POWER LIFT
¼ tsp. SOOTHING BALM

AquaBoost: Oily/Acne-Prone Skin
Face Lift: Normal to Combination Skin
Power Lift: Normal to Dry Skin
Soothing Balm: Dry/Sensitive Skin

Apply to entire facial area.

PROTECT: 1 minute
CHOOSE ONE:
¼ tsp. SOLAR DEFENSE TINTED
¼ tsp. SOLAR DEFENSE NON-TINTED

Choose SPF based on client's preference. Apply to client's entire face and massage until blended.
Solar Defense Tinted: SPF 30, Light Tint, Acai Scented
Solar Defense Non-Tinted: SPF 50, No Tint, Scent Free

LIP: 1 minute
¼ tsp. PERFECTING GLOSS

Apply a small portion of Perfecting Gloss within lip line.

