

SENSORY AND ART & CRAFT EBOOK

THEJOYLEARNERS

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THE JOY LEARNERS





1 Sorting the pom pom by sizes or colours into muffin tray/egg tray.



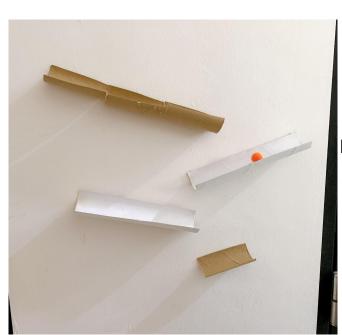
Materials needed

- Pom Pom
- Muffin tray /Egg tray
- Tongs / spoon

How to play?

- Sort the pom pom by sizes or colours
- Do counting activity by writing the number of pom pom should be in each cup.

2 Pom Pom run



Materials needed

- Pom Pom
- Toilet rolls / Kitchen roll
- Masking Tape/blue tack
- Tray or egg carton to collect pom pom

Instructions:

Cut the toilet roll into half and let your child to create a few slides. For younger child, you can create it for them to play.





3 Create craft - caterpillar , polar bear craft





Materials needed

- Pom Pom
- Tongs (optional)
- Googly eyes
- Black paper
- White paint

How to create?

- Draw an outline of a polar bear by drawing a big circle for the face and two small circles for the ears.
- Dab the pom pom with white paint and dab on the picture to create a furry effect.
- Paste the googly eyes or cut out the black paper to paste the features.

4 Math activity



Materials needed

- Pom Pom
- A big and a small bowl
- Spoon for scooping
- Dice

- Put all the pom pom in a bowl
- Take turns to throw the dice and scoop the exact number of pom pom onto the small bowl





5 Sensory drawing or tracing



Materials needed

- Coloured sand
- Paper plate or wooden tray
- Paper and pen

How to create?

- Write words/letters/chinese characters or a picture on the paper
- Show it to your child and ask him/her to do the same on the coloured sand

6 Coloured Sand craft-learning words





Materials needed

- A canvas / drawing block
- A spoon
- Coloured sand
- Washi tape/ masking tape
- Glue
- Painting tools

- Form the name of your child with a masking tape.
- Paint the rest of the paper and allow it to dry (recommended a thin layer of paint)
- Remove the masking tape and put glue over it.
- Scoop the coloured sand over the letters.

 the JOY Learners



7 I-spy coloured sand



Materials needed

- Coloured sand
- Paper
- Paper and pen
- Any learning materials

How to create?

- Hide the words beneath the coloured sand.
- Ask your child to find the words, read it out loud and match them.

8 Sensory coloured sand play



Materials needed

- Coloured sand
- Figurines
- Optional Scoops, cups, bowl

- Create a small world play using the coloured sand.
 Using any figurines you have at home to create a under the sea, farm or even space thematic play.
- To enhance learning, pair it up with a book.





9 Growing of water beads



Materials needed

- Water Beads
- Water
- Measuring cylinder / Bottles (optional)

How to grow water beads?

- Use about 15 g of water beads to fill up half a tub of an Ikea small trofast tray.
- Add water and allow it to grow for about 6 hours for small water beads and overnight for jumbo water beads. Let your child add the water using a measuring cylinder or bottles to develop motor skills.

98 water beads - Sensory bin





1aterials needed

- Water beads
- Spoon, cups, funnels or scoops
- Animals/insects figurines

- Create a small world play using the coloured sand.
 Using any figurines you have at home to create an under the sea, arctic or even dinosaur thematic play.
- For literacy learning, pair it up with a book before showing them the sensory bin.





10 Shaving cream with water beads



Materials needed

- Water Beads
- Shaving cream / Snow kids bubble foam
- Cupcake holder or muffin tray

Instructions:

- Add shaving cream to the cupcake holder/muffin tray
- Decorate it with the water beads and you can do pretend play with your child.

11 water beads bottles



Materials needed

- Water beads
- Bottles
- Food colouring
- Water/baby oil

- Sort the water beads by colour and let your child fill the bottle using a funnel.
- Add only a few drops of food colouring (one at a time) so that it is not too dark.
- Your child is now ready to explore.
 Extend the colour by doing matching to the name of the colour.





12 Freeze the water beads



Materials needed

- Water Beads
- Sea creatures figurines (optional)
- Big tub
- Water
- Spraying bottle

Instructions:

- Freeze the water beads overnight
- Use a spray bottle to melt the ice and ask your child to rescue the sea animals.

13 Smash the water beads



Materials needed

- Water beads
- Masher (optional)
- Shallow tray/tub

Instructions:

 After the play of water beads, save the last bit for your child to mash them up before disposing using a masher or hands.





14 Tangram Shapes



Materials needed

- Tangram

Instructions:

 Form pictures with the tangram and ask each other to guess the picture. (It can be anything 0 numbers or letters)

15 Domino



Materials needed

- Tangram shapes
- Building blocks

Instructions:

 Build domino with the tangram and lego or any other building blocks you have at home





16 Glitters, pom pom and playdough



Materials needed

- Glitters
- Playdough
- Playdough cutter/cookies cutter

Instructions:

- Form different shapes using cookies cutters
- Decorate it with glitters or even pom pom.

17 Small world play with glitters



Materials needed

- Glitters
- Tub
- Food colouring (optional)



- Freeze the glitters in a tub
- Mix it with water to allow the ice to melt and let the glitters float
- Add in items for free play
- Extend the learning to talk about items that can float or sink. You can even do sorting of these items.





18 Expired pasta and playdough



Materials needed

- Straw / spaghetti
- Pasta
- Playdough

Instructions:

- Use playdough to hold the straw/spaghetti.
- Thread the pasta to the straw or spaghetti according to the number e.g. 1

19 Pasta art



Materials needed

- Pasta
- Printout or draw a picture
- White glue

- Print a learning activity that you want to work on
- Put white glue and ask your child to paste the pasta over it.





20 Ice cube painting



Materials needed

- Food colouring / Paint
- Water

Instructions:

- Add a drop of food colouring or create coloured paint with poster colours onto an ice cube tray
- Put ice cream stick or straw
- Freeze them overnight
- Use them for painting the next day

21 Sponge stamping



Materials needed

- Pasta
- Printout or draw a picture
- White glue

- Print a learning activity that you want to work on
- Put white glue and ask your child to paste the pasta over it.

