

STRAND

D E N M A R K



S752U

Smart watch user manual

Safety:

- 1) **IMPORTANT:** The device should use 5V 500MA to charge. Do NOT use a power supply with higher voltage than this.
- 2) Please prevent your smart watch from being exposed to high temperatures and sun for a long time.
- 3) Please do not disassemble, repair, or change the device.
- 4) To be used at temperatures between 0 to 45 degrees.
- 5) Do not put the watch in a fire, as it may cause the watch to explode.
- 6) Please charge only after drying the smart watch with a soft cloth, otherwise, the charging touch points may corrode, leading to a charge error.
- 7) Do not use the watch in a high voltage and high magnetic environment.
- 8) If you have sensitive or dry skin, or wear the watch too tightly, your skin may feel uncomfortable. Dry off sweat from your wrist before use, to avoid itches or allergies.
- 9) In case of frequent use, it is suggested to clean the watch weekly. Please wipe with a slightly humid cloth, and remove oil or dust with mild soap.
- 10) This product is an electronic monitoring product, not to be used as a medical reference.

Charging

How to charge: Please place the smart watch in the charging dock and align the two touch points of the charger.

Connecting & Pairing the Application (app)

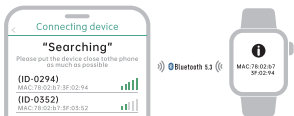
Scan the following QR code or download and install the application called 'GloryFit' from your iPhone or Android App store.

You will need IOS 9.0 or above; Android 4.4 or above. Bluetooth 5.0 is supported.



APP

Open the app: go to Device > Add a new device > Select device, to connect device to your phone.

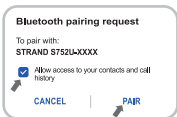


In order to use the watch, you will need to connect it to the app. The smart watch will automatically synchronize the time after connecting successfully. If you do not connect the watch to the app, the step count and sleep data will be incorrect.

Bluetooth connection:

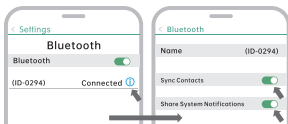
1. For Android: click "Pairing" when the "Bluetooth

Pairing Request” pops up. Besides, allow access to your contacts and call history, in this way, the watch can synchronize the phone address book name when answering or making a call.



2. For iPhone:

- 1) Click "Pairing" when the "Bluetooth Pairing Request" pops up.
- 2) Click "Allow" when "Receive your iPhone notification" pops up.
- 3) Go to the Bluetooth page in the settings menu on your phone and ensure that Bluetooth is enabled. Make sure "Sync Contacts" and "Share System Notifications" are open (as shown in below picture). The watch will show incoming calls with the name of your iPhone.



The app will automatically save the watch Bluetooth address. When the app is open or operating in the background, it will automatically search and connect to the watch.

Data synchronization manually:

Open the main page of the GloryFit app on your phone. The data will be automatically synchronized from your watch if your Bluetooth is on. The watch can save offline data for 7 days. It should not take more than 2 seconds to synchronize the data.

App Profile settings

When connecting to the app for the first time, please set your personal information; Gender, height, weight, and age. This information will enhance the accuracy of the data.

You can customize your personal exercise goals. When you reach your set goals, the watch will remind you by vibrating and displaying an icon.

Power On / Off

- 1) When the watch is off, press and hold the button for 3 seconds to turn on the watch.
- 2) When the watch is on, and set at the watch face page, press and hold the button for 3 seconds. Then the shutdown interface will pop up to confirm the shutdown.
- 3) You can also go to the Settings page and click the Off option. Then the shutdown interface will pop up to confirm the shutdown.

Main interface



Your Smart Watch has 6 main interfaces. On the main interface, press and hold the screen for three seconds. Then you can switch the dial by swiping left or right.

You can have your own customized watch face. In

the GloryFit App on your phone, go to App > Device > Watch face, enter Dial Center or Custom dial page to customize your watch face.

Function list

Phone Call

The smartwatch supports Bluetooth calls, and users can make, answer, and reject calls directly on the watch.

Click the "Switch" icon to turn on or off the Bluetooth call function.

Training

When you click on the training interface, there are 100+ sport modes available. Click on the desired sport icon and start monitoring your exercise after three seconds. Swipe right and click "■" to end. Right slide back to go to the previous menu.

Status

Enter the status interface to view the current step count, distance, and calorie status.

Heart Rate

Enter the heart rate interface to automatically detect the heart rate.

Blood pressure

Enter the blood pressure interface to start automatic blood pressure measurement.

SpO2

Enter the blood oxygen interface to start automatic measurement of your blood oxygen levels.

Sleep

Records your sleeping time and you can see your sleep status.

Keep the watch connected to your phone. The watch will automatically monitor your sleep breathing quality when it detects that you wear the device during sleep.

Weather

In the weather interface you can view the current weather, temperature, and weather forecast for the next 4 days.

Music

When the watch and mobile phones are connected, you can control your music remotely. You can play/stop, select last or next song, increase/decrease volume.

If you want to play music through the watch, please make sure

- 1) the Bluetooth call function is on.
- 2) the sound function is on which is under Voice menu. (go to Setting > Voice > Sound)

Body temperature

Enter the temperature interface to start automatic temperature measurement. Automatic interval measurement can be set in the app. The default 37.3C is the alarm threshold, and the alarm threshold can also be set in the app.

RESP

Click to start respiratory rate measurement.

Breathing training

Enter the breathing training interface and follow

the animation for breathing rhythm training.

Message

Click this icon to view detailed information. You can choose to delete the information at the bottom of the screen. The watch can save up to 8 pieces of information recently pushed by the app.

Alarm clock

You can set a maximum of 8 alarm clocks and repeat the alarms if desired.

The alarm clock will remind you by vibration and ringing.

If the watch is in quiet mode, the alarm clock will remind you by vibration only.

More

In the More interface, you will find:

- 1) Stopwatch: Click to start timing. Swipe to the right to exit and go back to the previous interface.
- 2) Timer: You can choose a set or a custom timer.
- 3) Find your phone: Click to find your mobile phone. If it is connected to the watch, then the phone will vibrate and ring.
- 4) Flashlight: Click to start the flashlight function. Swipe to the right to exit to the previous interface.

Setting

In the Setting interface you will find:

- 1) Watch face: Click to switch the watch face. Swipe left or right, then click to select the one you want.
- 2) Theme: There are 3 themes to choose from.
- 3) Brightness adjustment: Click to select a different brightness. There are four levels of

brightness.

- 4) Bright screen duration adjustment: Click to select how long your screen should be on. You can choose between 5, 10 and 15 seconds.
- 5) Voice: Click to open/close media sound, or you can open/close the Quiet mode.
- 6) Info: Click to view the firmware version and Bluetooth MAC address of the watch.
- 7) Reset: Click and confirm to factory reset (clear all data).
- 8) Off: Click to turn off the device.
- 9) QR code: Click to see the QR code to download the app.



Voice assistant

Compatible with voice assistants such as Siri and Google Assistant. Click to activate your phone's voice assistant.



Female menstrual cycle

This function will only be enabled when female users are logged in.

Go to the APP profile page , click to enter the "Physiological cycle" page. Then click the reminder switch and set the personal physiological cycle status. Then you can view it on the watch.

Shortcut actions

On the watch face page,

1. Swipe down to go to the control center for the following system functions.



- 1) Turn the Bluetooth call function on/off
 - 2) DND mode (do not disturb mode). This mode turns off the vibration and information pushes from the phone.
 - 3) Brightness adjustment
 - 4) Find your phone
 - 5) Theme switch
 - 6) Setting
2. Swipe up to go to the message notification interface.
 3. Swipe right/left to easily enter Bluetooth call, status, heart rate, blood oxygen, blood pressure, body temperature, respiratory rate measurement, breath training, sleep and music interface.

Other functions to set in the GloryFit app:

1. Reminder Function:

To set reminders, you need to open the reminder switch in the app setting center on your phone, and keep a successful connection between your mobile phone and the watch.

1) Sedentary reminder setting:

Go to GloryFit app > Device > Sedentary reminder. The default reminder interval is one hour. When this reminder is turned on, the watch will vibrate to remind the user to move.

2) App message reminder:

Go to GloryFit app > Device > App / App reminder, choose which application message notification you want to have, such as WhatsApp, Facebook, Snapchat etc. The smart watch will inform you of a new message by vibrating and displaying an icon

after receiving messages. Click to check the message.

2. Remote camera control

The watch should be connected with your phone. Go to GloryFit app > Device > More settings / Universal settings > Shake to take picture. Then you can choose the “click camera” icon on the watch or shake the watch to take pictures.

3. Raise hand to light up the screen

The watch should be connected with your phone. Go to GloryFit app > Device > Light up / Raise hand to activate the display. Open the switch to activate this function. Now when you raise your hand, the screen will automatically light up.

Frequently Asked Questions

Q1: I can't connect my smartwatch.

- 1) Please check that the smartphone GPS and Bluetooth are turned on.
- 2) Make sure the smartwatch and smartphone are not too far from each other.
- 3) Check that your smartphone is not in airplane mode. In airplane mode, the smartwatch cannot be connected.
- 4) Make sure the smartwatch is not connected to another account or smartphone.
- 5) Make sure the operating system of your smartphone is Android 4.4 or higher or iOS 9.0 or higher.
- 6) Please check whether the app is operating normally in the background. Otherwise, it may fail to connect.

Q2: I can't call via my smartwatch.

- 1) Make sure the smartwatch is connected to the app and the phone via Bluetooth.
- 2) Make sure the phone call mode is open.
- 3) Make sure your smartwatch and smartphone are not too far from each other. The range of the Bluetooth connection must be a maximum of 10 meters.

Q3: Why can't I receive my notifications when I have opened the reminder function?

For an Android phone: Make sure the phone and the watch are connected. After connecting, set the corresponding permission in the phone settings; Allow the "GloryFit" app to access calls, text messages, contacts, and keep "GloryFit" running in the background.

If the phone has security software installed, please add "GloryFit" as a trusted app.

For iPhone: You can reconnect the device via the following steps.

- 1) Unpair the device in the GloryFit app.
- 2) Go to the iPhone Bluetooth page in settings. Find the Bluetooth connection for the watch. If it is connected, click "Connected", then click "Forget this device".
- 3) Reset the watch.
- 4) Restart your iPhone and connect with the watch again.
- 5) When connecting, click "Pairing" when "Bluetooth Pairing Request" pops up.
- 6) Click "Allow" when "receive your iPhone notification" pops up. Then you can receive notifications.

Q4 : Why do I need to wear the watch tightly when measuring my heart rate?

The smart watch measures the heart rate from a light-reflection principle. The sensors will calculate the heart rate from the light penetrating the skin. If you do not wear the watch tightly, the surrounding light may be seen by the sensors and accuracy will be affected.

Technical Specifications

Screen size: 1.72" HD TFT display

Screen resolution: 320*380 pixels

Touch Screen: Full touch screen

CPU: Realtek 8763E

Battery Capacity: 300 mAh

Waterproof level: IP67

Product size (without strap): 45*38*10.5mm

Weight (without strap): approximately 39g

List of contents:

1 x smart watch,

1 x charging dock

1 x user manual

1 x warranty card

1 x extra black silicone strap