

- 1. Print and cut out the filter pattern.
- 2. Trace onto your filter material of choice and cut out. Some options are a vacuum bag or other household HEPA filter, coffe filter, or even a face tissue or tissue paper. The filtration ability/breathability will vary with your material.
- 3. To use, insert filter inside your clean mask, edge to edge.
- 4. After use, toss the filter and wash your fabric mask in hot water. Do not reuse filters!