

MEDICAMENTOS DE HEEL

Trastornos gastrointestinales

Guía de consulta



-Heel

Healthcare designed by nature

NAVEGAR POR LOS USOS CLAVE DE LOS PRODUCTOS

Principales productos de Heel

para los siguientes síntomas y dolencias

NAVEGAR POR LOS SÍNTOMAS PRINCIPALES

	Spascupreel®	Gastricumeel®	Nux vomica Homaccord®	Diarrheel®	Echinacea compositum	Mucosa compositum	Neurexan®**
Dolor y espasmos abdominales	■						
Gastritis aguda y crónica		■					●
Pirosis, dispepsia refractaria por reflujo gastroesofágico (ERGE)		■				●	
Meteorismo/distensión abdominal		■	●				●
Trastornos gástricos generales de carácter leve (p. ej., dispepsia, dolor abdominal, inapetencia, estreñimiento)		●	■				●
Diarrea aguda				■			
Diarrea crónica				■		●	●
Diarrea/gastroenteritis de origen bacteriano o infeccioso*				■	●	●	
Refuerzo del sistema inmunitario después de una gastroenteritis					■	●	
Hemorroides (sangre en las heces y defecación dolorosa)						●	
Regeneración de la membrana mucosa del tubo digestivo superior e inferior						■	

■ Producto principal



● Producto complementario

* En caso de diarrea infecciosa con componente viral, considere combinar Diarrheel con Engystol

** La mayoría de los trastornos GI tienen un componente psicológico subyacente. Por tanto es recomendable combinar el tratamiento de los síntomas anteriormente mencionados con Neurexan, si los pacientes presentan estrés, ansiedad, trastornos del sueño, nerviosismo

Productos e indicaciones

Producto	Indicaciones
Spascupreel®	<ul style="list-style-type: none">— Trastornos espasmódicos— Espasmos abdominales
Gastricumeel®	<ul style="list-style-type: none">— Gastritis aguda y crónica— Pirosis (dispepsia, enfermedad por reflujo gastroesofágico [ERGE])— Meteorismo
Nux vomica-Homaccord®	<ul style="list-style-type: none">— Trastornos gastrointestinales funcionales
Diarrheel®	<ul style="list-style-type: none">— Diarrea aguda y crónica— Gastroenteritis
Echinacea compositum	<ul style="list-style-type: none">— Inmunoestimulación— Alivio sintomático en las infecciones agudas (especialmente bacterianas)
Mucosa compositum	<ul style="list-style-type: none">— Regulación y apoyo de las funciones de las membranas mucosas, incluido el tubo digestivo
Neurexan®	<ul style="list-style-type: none">— Agitación nerviosa y trastornos del sueño

TRASTORNOS GASTROINTESTINALES

Spascupreel®

CALMA SUS ESPASMOS GASTROINTESTINALES Y UROGENITALES

- Dolencias espasmódicas y espasmos abdominales y urogenitales







Cualidades del producto


- Ofrece un perfil de tolerabilidad y seguridad excelente, tanto a corto como a largo plazo
- Proporciona un alivio rápido y eficaz de los trastornos espasmódicos agudos



Recomendaciones posológicas

 Comprimidos		Posología aguda o inicial	Posología estándar
Adultos (y niños a partir de los 12 años)	+ 12	1 comprimido cada 1/2-1 hora, hasta 12 veces al día	1 comprimido 3 veces al día
Niños 6-11 años		1 comprimido cada 1-2 horas, hasta 8 veces al día	1 comprimido 2 veces al día
Niños 2-5 años		1 comprimido cada 1-2 horas, hasta 6 veces al día	1 comprimido 1-2 veces al día
Niños 0-1 año		1 comprimido cada 1-2 horas, hasta 4 veces al día	1 comprimido 1 vez al día

 Solución para inyección		Posología aguda o inicial	Posología estándar
Adultos (y niños a partir de los 12 años)	+ 12	1 ampolla al día	1 ampolla entre 1 y 3 veces por semana
Niños 6-11 años		2/3 de ampolla al día	2/3 de ampolla entre 1 y 3 veces por semana
Niños 2-5 años		1/2 de ampolla al día	1/2 de ampolla entre 1 y 3 veces por semana

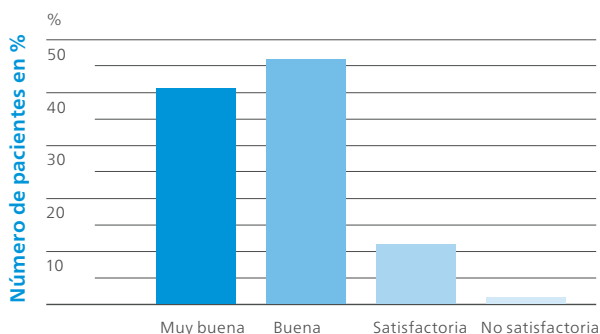
 Supositorios		Posología aguda o inicial	Posología estándar
Adultos (y niños a partir de los 12 años)	+ 12	1 supositorio cada 2 horas, hasta 6 veces al día	1 supositorio 3 veces al día
Niños 6-11 años		1 supositorio cada 2 horas, hasta 4 veces al día	1 supositorio 2 veces al día



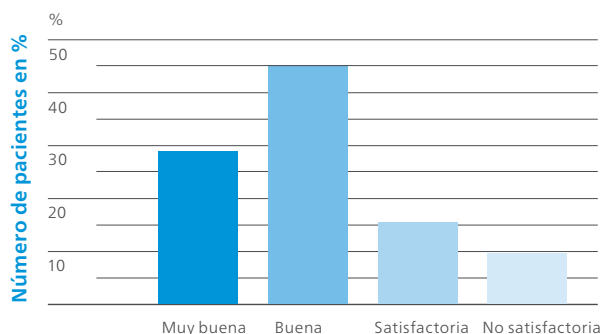
Datos clínicos

En un estudio prospectivo de cohortes en el que participaron 698 pacientes, Spascupreel® ha demostrado ser seguro y eficaz en el tratamiento de espasmos abdominales/intestinales, calambres menstruales y espasmos de las vías urinarias.¹

Espasmos de las vías urinarias



Calambres menstruales^A



Espasmos abdominales/intestinales^B



A) Dismenorrea primaria, espasmos uterinos

B) Más otros calambres/espasmos de la musculatura lisa (resultados de un estudio prospectivo, n = 698)

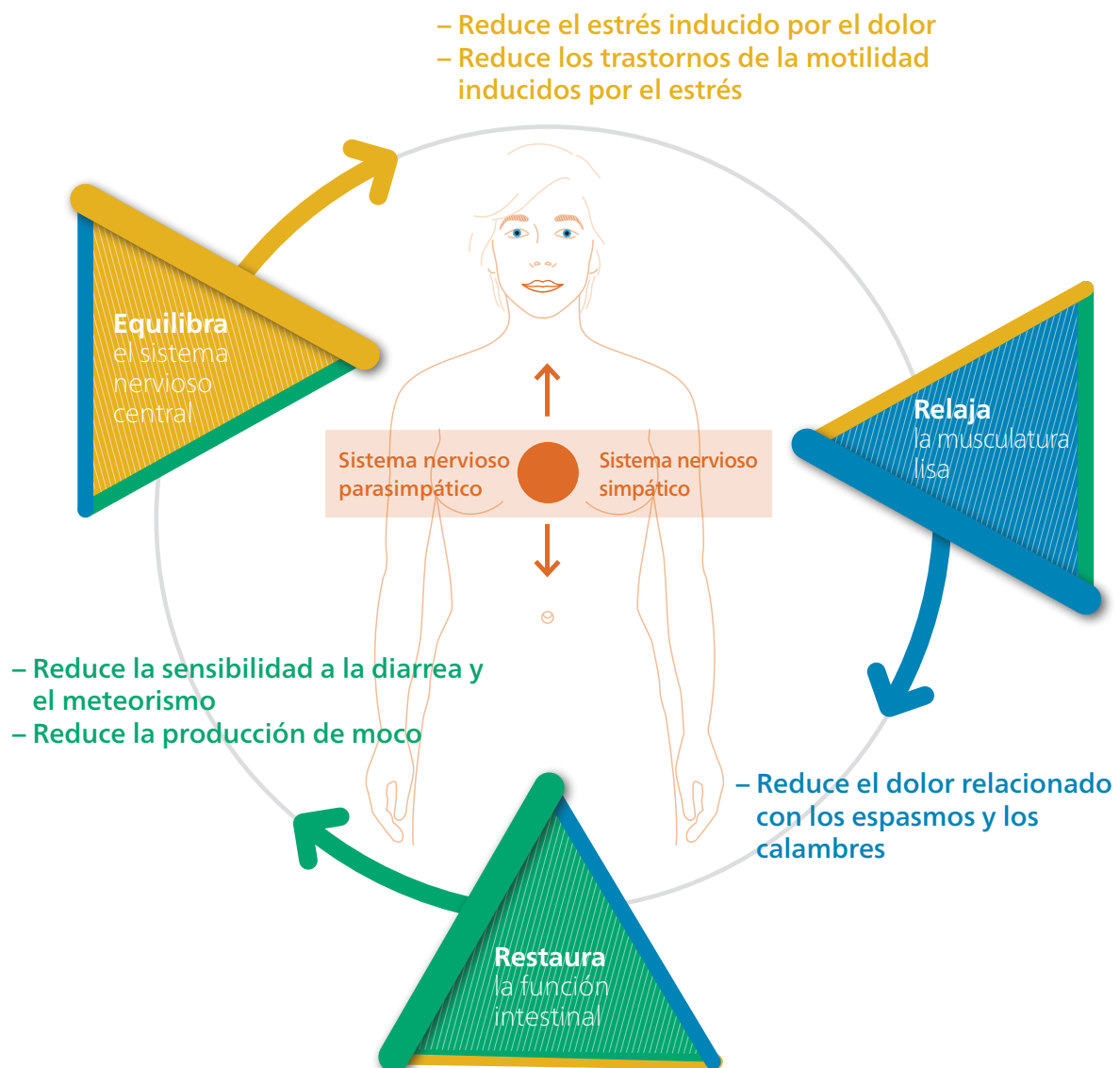
Bibliografía

1) Weiser M., Reuss V., Treating Spasmodic Conditions with Spascupreel, Biological Therapy 2000; 29 (1): 14-17 Gráficos adaptados de 1)

Datos clínicos

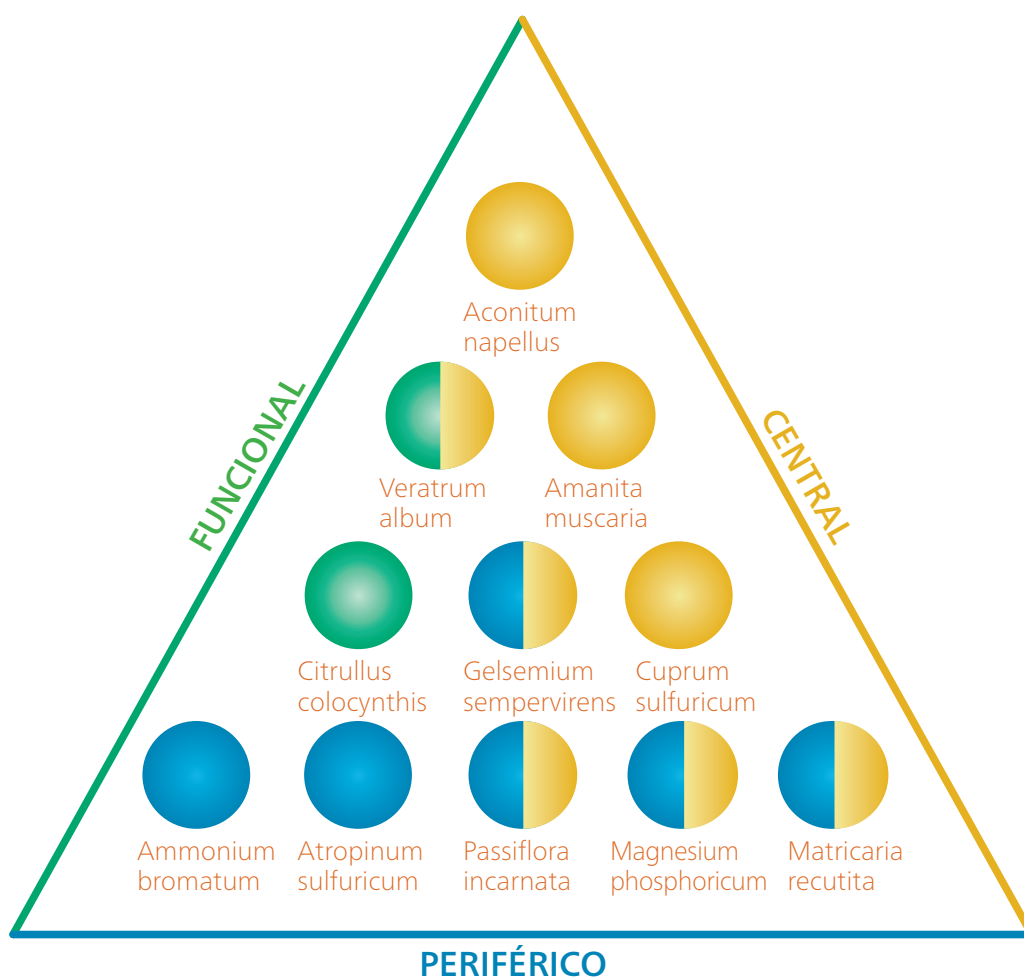
- El 89 % de los pacientes con síntomas agudos refirieron una mejora en las primeras dos semanas del tratamiento.¹
- En tres de cada cuatro casos, el tratamiento con **Spascupreel®** eliminó por completo los síntomas o produjo una mejora evidente.¹
- El tratamiento con **Spascupreel®** fue eficaz, tanto en enfermedades agudas como en crónicas.¹

Mecanismo de acción



— Spascupreel®, con su triple acción, trata las múltiples causas de los trastornos gastrointestinales espasmódicos.

Mecanismo de acción



- El efecto funcional de Spascupreel® restablece la función intestinal.
- El efecto periférico de Spascupreel® relaja la musculatura lisa.
- El efecto central de Spascupreel® equilibra el sistema nervioso central.

Spascupreel®

Perfil del paciente

CINTIA, 46 AÑOS

Soltera, sin hijos.



RECOMENDACIÓN

Spascupreel®

Trabajo: gerente en la industria alimentaria, frecuentes viajes de negocios internacionales.

Antecedentes médicos: trastornos depresivos. A veces, espasmos abdominales.

Trastornos actuales: Espasmos abdominales.

CARLOS, 49 AÑOS

Soltero, sin hijos.



RECOMENDACIÓN

Spascupreel®

Trabajo: Director de Control en una empresa del sector de la seguridad.

Antecedentes médicos: gastritis por estrés causada probablemente por un exceso de trabajo y unos hábitos alimenticios poco saludables, como almuerzos y cenas de negocios.

Trastornos actuales: espasmos y calambres muy frecuentes en el tubo digestivo.

TRASTORNOS GASTROINTESTINALES

Gastricumeel®

ALIVIE LAS MOLESTIAS DE LA GASTRITIS, DE LA PIROSIS Y DEL METEORISMO


Triple acción frente a

- gastritis aguda y crónica
- pirosis (dispepsia, ERGE)
- meteorismo

mediante

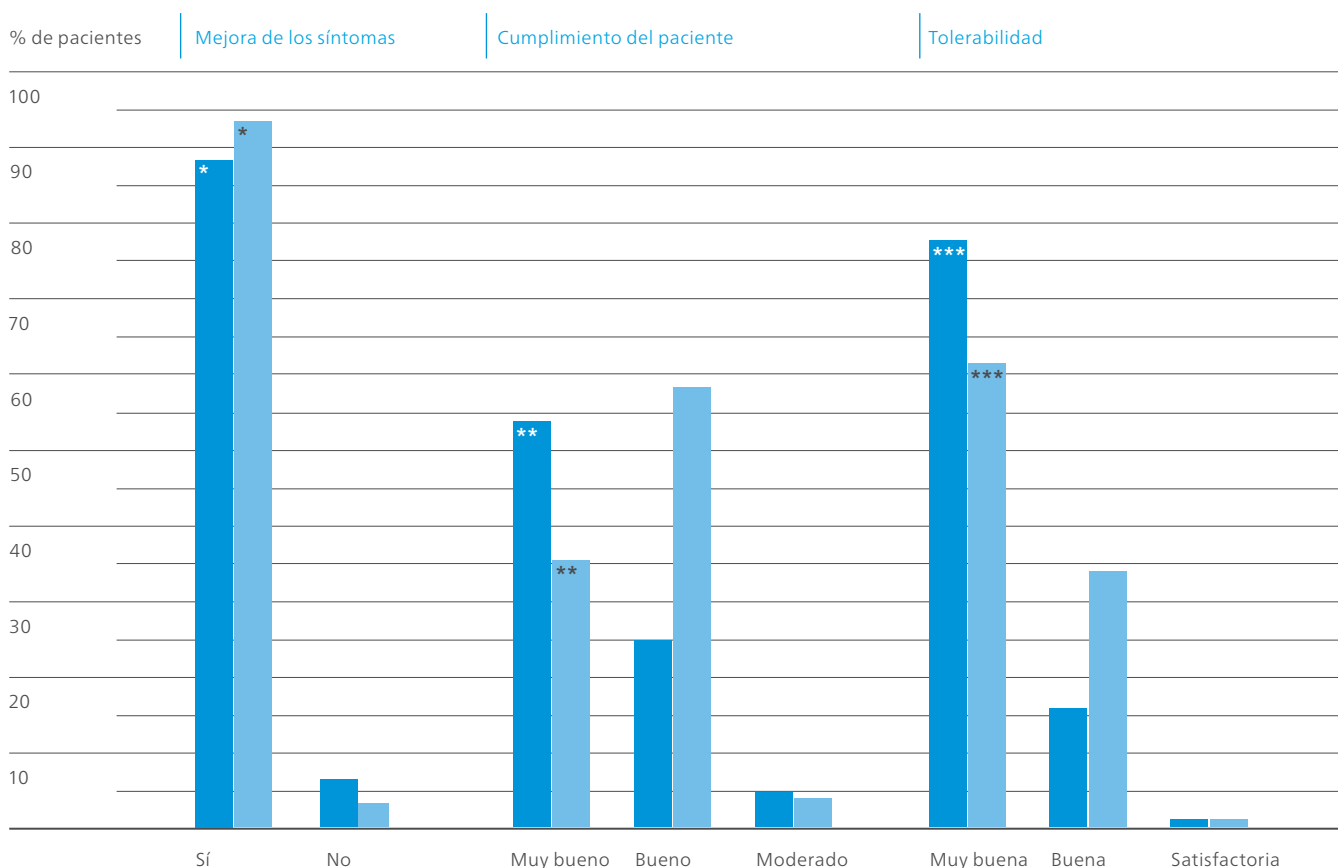
- el control de la acidez
- el fortalecimiento de la mucosa gástrica



Comprimidos		Posología aguda o inicial	Posología estándar
Adultos (y niños a partir de los 12 años)	+ 12	1 comprimido cada 1/2-1 hora, hasta 12 veces al día	1 comprimido 3 veces al día
Niños 6-11 años		1 comprimido cada 1-2 horas, hasta 8 veces al día	1 comprimido 2 veces al día
Niños 2-5 años		1 comprimido cada 1-2 horas, hasta 6 veces al día	1 comprimido 1-2 veces al día
Niños 0-1 año		1 comprimido cada 1-2 horas, hasta 4 veces al día	1 comprimido 1 vez al día

Eficacia clínica

en pacientes con gastritis aguda/crónica o pirosis¹



■ Gastricumeel®
■ Inhibidores de la bomba de protones

* ninguna diferencia significativa (p = 0,19)
 ** p = 0,0017
 *** p = 0,0001

Estudio prospectivo de cohortes con 617 pacientes (Gastricumeel® = 434, inhibidores de la bomba de protones = 183) con gastritis aguda/crónica o pirosis.

Criterios principales para la evaluación de la eficacia: grado real de gravedad, intensidad de los síntomas y evaluación global del tratamiento al final del período de observación (<5 semanas, 5–7 semanas, >7 semanas).

Los síntomas incluían: eructos ácidos, sensación de empacho/presión abdominal, pirosis, náuseas, vómitos, dolor abdominal, hambre dolorosa, disfagia.

Las dosis de Gastricumeel® y de los inhibidores de la bomba de protones (principalmente omeprazol y pantoprazol) se recetaron individualmente para cada caso.

Bibliografía:

1) Tratamiento de la gastritis aguda/crónica o de la pirosis con Gastricumeel® frente a los inhibidores de la bomba de protones: estudio observacional prospectivo, controlado con referencias. Datos en archivo, Heel 2017 e



TRASTORNOS GASTROINTESTINALES


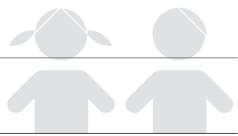
Nux vomica-Homaccord®

TRATAMIENTO EFICAZ DE PROBLEMAS GASTROINTESTINALES LEVES

- Trastornos gastrointestinales funcionales, con náuseas, indigestión, estreñimiento, meteorismo y diarrea



Gotas		Posología aguda o inicial	Posología estándar
 Adultos (y niños a partir de los 12 años) + 12		10 gotas cada 1/2-1 hora, hasta 12 veces al día	10 gotas 3 veces al día
Niños 6-11 años		7 gotas cada 1/2-1 hora, hasta 12 veces al día	7 gotas 3 veces al día
Niños 2-5 años		5 gotas cada 1/2-1 hora, hasta 12 veces al día	5 gotas 3 veces al día
Niños 0-1 año		3 gotas cada 1/2-1 hora, hasta 12 veces al día	3 gotas 3 veces al día




Solución para inyección		Posología aguda o inicial	Posología estándar
 Adultos (y niños a partir de los 12 años) + 12		1 ampolla al día	1 ampolla entre 1 y 3 veces por semana
Niños 6-11 años		2/3 de ampolla al día	2/3 de ampolla entre 1 y 3 veces por semana
Niños 2-5 años		1/2 de ampolla al día	1/2 de ampolla entre 1 y 3 veces por semana

Diarrheel®

LA ELECCIÓN NATURAL PARA EL TRATAMIENTO DE LA DIARREA

- Diarrea aguda y crónica
- Gastroenteritis





Comprimidos		Posología aguda o inicial	Posología estándar
 <p>Adultos (y niños a partir de los 12 años)</p>	+ 12	1 comprimido cada 1/2-1 hora, hasta 12 veces al día	1 comprimido 3 veces al día
<p>Niños 6-11 años</p> 		1 comprimido cada 1-2 horas, hasta 8 veces al día	1 comprimido 2 veces al día
<p>Niños 2-5 años</p> 		1 comprimido cada 1-2 horas, hasta 6 veces al día	1 comprimido 1-2 veces al día



Echinacea compositum

REFUERCE SU INMUNIDAD EN TIEMPO DE INFECCIONES

- Inmunoestimulación
- Alivio sintomático en las infecciones agudas (especialmente bacterianas)



Comprimidos		Posología aguda o inicial	Posología estándar
 <p>Adultos (y niños a partir de los 12 años)</p>	+ 12	1 comprimido cada 1/2-1 hora, hasta 12 veces al día	1 comprimido 3 veces al día
<p>Niños 6-11 años</p>		1 comprimido cada 1-2 horas, hasta 8 veces al día	1 comprimido 2 veces al día
<p>Niños 2-5 años</p>		1 comprimido cada 1-2 horas, hasta 6 veces al día	1 comprimido 1-2 veces al día
<p>Niños 0-1 año</p>		1 comprimido cada 1-2 horas, hasta 4 veces al día	1 comprimido 1 vez al día



Solución para inyección		Posología aguda o inicial	Posología estándar
 <p>Adultos (y niños a partir de los 12 años)</p>	+ 12	1 ampolla al día	1 ampolla entre 1 y 3 veces por semana
<p>Niños 6-11 años</p>		2/3 de ampolla al día	2/3 de ampolla entre 1 y 3 veces por semana
<p>Niños 2-5 años</p>		1/2 de ampolla al día	1/2 de ampolla entre 1 y 3 veces por semana



Mucosa compositum

PARA UNA MUCOSA GASTROINTESTINAL SANA

- Regulación y apoyo de las funciones de las membranas mucosas, incluido el tubo digestivo



Comprimidos		Posología aguda o inicial	Posología estándar
 <p>Adultos (y niños a partir de los 12 años)</p>	+ 12	1 comprimido cada 1/2-1 hora, hasta 12 veces al día	1 comprimido 3 veces al día
<p>Niños 6-11 años</p>		1 comprimido cada 1-2 horas, hasta 8 veces al día	1 comprimido 2 veces al día
<p>Niños 2-5 años</p> 		1 comprimido cada 1-2 horas, hasta 6 veces al día	1 comprimido 1-2 veces al día
<p>Niños 0-1 año</p>		1 comprimido cada 1-2 horas, hasta 4 veces al día	1 comprimido 1 vez al día

Solución para inyección		Posología aguda o inicial	Posología estándar
 <p>Adultos (y niños a partir de los 12 años)</p>	+ 12	1 ampolla al día	1 ampolla entre 1 y 3 veces por semana
<p>Niños 6-11 años</p> 		2/3 de ampolla al día	2/3 de ampolla entre 1 y 3 veces por semana
<p>Niños 2-5 años</p>		1/2 de ampolla al día	1/2 de ampolla entre 1 y 3 veces por semana



TRASTORNOS GASTROINTESTINALES



Neurexan®

LA RESPUESTA NATURAL AL ESTRÉS, LA AGITACIÓN NERVIOSA Y LOS TRASTORNOS DEL SUEÑO

- Efecto relajante en situaciones estresantes agudas
- Inicio de acción rápido, no adictivo
- Seguro y bien tolerado
- Sin efectos sedantes
- No causa cansancio
- Puede tomarse en cualquier lugar y en cualquier momento



 Comprimidos		Posología aguda o inicial	Posología estándar
Adultos (y niños a partir de los 12 años)	+ 12	1 comprimido cada 1/2-1 hora, hasta 12 veces al día	1 comprimido 3 veces al día
Niños 6-11 años		1 comprimido cada 1-2 horas, hasta 8 veces al día	1 comprimido 2 veces al día
Niños 2-5 años		1 comprimido cada 1-2 horas, hasta 6 veces al día	1 comprimido 1-2 veces al día
Niños 0-1 año		1 comprimido cada 1-2 horas, hasta 4 veces al día	1 comprimido 1 vez al día

 Gotas		Posología aguda o inicial	Posología estándar
Adultos (y niños a partir de los 12 años)	+ 12	10 gotas cada 1/2-1 hora, hasta 12 veces al día	10 gotas 3 veces al día
Niños 6-11 años		7 gotas cada 1/2-1 hora, hasta 12 veces al día	7 gotas 3 veces al día
Niños 2-5 años		5 gotas cada 1/21 hora, hasta 12 veces al día	5 gotas 3 veces al día
Niños 0-1 año		3 gotas cada 1/21 hora, hasta 12 veces al día	3 gotas 3 veces al día

Información del producto en orden alfabético

Diarrheel®

Diarrheel Summary of Product Characteristics

Tablets

Compositions: Tablets: 1 tablet contains: Active ingredients: Acidum arsenicosum D8 30 mg, Argentum nitricum D8 30 mg, Citrullus colocynthis D6 30 mg, Colchicum autumnale D6 30 mg, Hydrargyrum bichloratum D8 30 mg, Podophyllum peltatum D6 30 mg, Veratrum album D4 30 mg. Excipients: Lactose monohydrate 90.0 mg, Magnesium stearate 1.5 mg. Contains lactose.

Indications: Tablets: Gastroenteritis, acute and chronic diarrhea.

Contraindications: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

Side effects: Tablets: Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

Interactions with other medication: Tablets: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets: For this product, no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets: No effect on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

Overdose: Tablets: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (51833): Packs containing 50 and 250 tablets.

**SmPC needs to be adapted locally
RCP se debe adaptar localmente**

Echinacea compositum

Echinacea compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: **Tablets:** 1 tablet contains: Active ingredients: Bryonia D4 0.3 mg, Echinacea D2 0.9 mg, Lachesis D10 0.3 mg, Matricaria recutita D6 0.3 mg, Phytolacca americana D4 0.3 mg, Rhus toxicodendron D4 0.3 mg, Thuja occidentalis D4 0.3 mg, Hepar sulfuris D8 0.3 mg. Excipients: Lactose monohydrate 299.7 mg, Magnesium stearate 1.5 mg. **Injection solution:** 1 ampoule = 2.2 g contains: Active ingredients: Acidum arsenicosum D8 22 mg, Aconitum napellus D3 22 mg, Argentum nitricum D8 22 mg, Arnica montana D4 22 mg, Baptisia tinctoria D4 22 mg, Bryonia D6 22 mg, Cortisonum aceticum D13 22 mg, Echinacea D5 22 mg, Eupatorium perfoliatum D6 22 mg, Euphorbium D6 22 mg, Gelsemium sempervirens D6 22 mg, Hepar sulfuris D10 22 mg, Hydrargyrum bichloratum D8 22 mg, Lachesis D10 22 mg, Phosphorus D8 22 mg, Phytolacca americana D6 22 mg, Pulsatilla pratensis D8 22 mg, Rhus toxicodendron D4 22 mg, Sanguinaria canadensis D5 22 mg, Sulfur D8 22 mg, Thuja occidentalis D8 22 mg, Zincum metallicum D10 22 mg. Excipients: Sodium chloride 18.5–19.7 mg, Water for injections 1716 mg.

Indications: **Tablets, Injection solution:** Stimulation of the body's intrinsic defense system for uses of inflammations and infections of all tissues and organs.

Contraindications: **Tablets, injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Tablets:** Patients with the hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not use this medicinal product. **Injection solution:** None.

Side effects: **Tablets, injection solution:** None have been reported.

Interactions with other medicinal products: **Tablets, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Tablets, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Tablets, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Tablets:** **Standard Dosage:** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs.: up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. **Acute or Initial Dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Echinacea comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: **Tablets, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: **Tablets (9820):** Packs containing 50 and 250 tablets. **Injection solution (52729):** Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml.

SmPC needs to be adapted locally
ROP se debe adaptar localmente

Gastricumeel®

Gastricumeel® Summary of Product Characteristics

Tablets

Compositions: Tablets: 1 tablet contains: Active ingredients: Acidum arsenicosum D6 30.0 mg, Argentum nitricum D6 30.0 mg, Carbo vegetabilis D6 60.0 mg, Pulsatilla pratensis D4 60.0 mg, Stibium sulfuratum nigrum D6 60.0 mg, Strychnos nux-vomica D4 60.0 mg. Excipients: Magnesium stearate 1.5 mg. Contains lactose.

Indications: Tablets: Acute and chronic gastritis, acid reflux, heartburn and abdominal bloating.

Contraindications: Tablets: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product.

Side effects: Tablets: Like all medicinal products, homeopathic medicines can cause side effects. In isolated cases, such as transient allergic reactions.

Interactions with other medication: Tablets: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals.

Overdose: Tablets: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (9673): Packs containing 50 and 250 tablets.

**SmPC needs to be adapted locally
RCP se debe adaptar localmente**

Mucosa compositum

Mucosa compositum Summary of Product Characteristics

Tablets • Injection solution

Compositions: Tablets: 1 tablet contains: Active ingredients: Argentum nitricum D6 1.0 mg, Atropa bella-donna D10 1.0 mg, Ceanothus americanus D4 1.0 mg, Hydrastis canadensis D6 1.0 mg, Kalium bichromicum D8 1.0 mg, Kreosotum D12 1.0 mg, Lachesis D10 1.0 mg, Mandragora e radice siccata D10 1.0 mg, Marsdenia cundurango D6 1.0 mg, Momordica balsamina D6 1.0 mg, Mucosa coli suis D8 1.0 mg, Mucosa ductus choledochi suis D8 1.0 mg, Mucosa duodeni suis D8 1.0 mg, Mucosa ilei suis D8 1.0 mg, Mucosa jejuni suis D8 1.0 mg, Mucosa nasalis suis D8 1.0 mg, Mucosa oculi suis D8 1.0 mg, Mucosa oesophagi suis D8 1.0 mg, Mucosa oris suis D8 1.0 mg, Mucosa pulmonis suis D8 1.0 mg, Mucosa pylori suis D8 1.0 mg, Mucosa recti suis D8 1.0 mg, Mucosa vesicae felleae suis D8 1.0 mg, Mucosa vesicae urinariae suis D8 1.0 mg, Oxalis acetosella D6 1.0 mg, Pankreas suis D10 1.0 mg, Phosphorus D8 1.0 mg, Psychotria ipecacuanha D8 1.0 mg, Pulsatilla pratensis D6 1.0 mg, Semecarpus anacardium D6 1.0 mg, Strychnos nux-vomica D13 1.0 mg, Sulfur D8 1.0 mg, Ventriculus suis D8 1.0 mg, Veratrum album D6 1.0 mg. Excipients: Lactose monohydrate 300.0 mg, Magnesium stearate 1.5 mg. Contains lactose. **Injection solution:** 1 ampoule of 2.2 ml (=2.2 g) contains: Active ingredients: Argentum nitricum D6 22.0 mg, Atropa bella-donna D10 22.0 mg, Ceanothus americanus D4 22.0 mg, Hydrastis canadensis D6 22.0 mg, Kalium bichromicum D8 22.0 mg, Kreosotum D10 22.0 mg, Lachesis D10 22.0 mg, Mandragora e radice siccata D10 22.0 mg, Marsdenia cundurango D6 22.0 mg, Momordica balsamina D6 22.0 mg, Mucosa coli suis D8 22.0 mg, Mucosa ductus choledochi suis D8 22.0 mg, Mucosa duodeni suis D8 22.0 mg, Mucosa ilei suis D8 22.0 mg, Mucosa jejuni suis D8 22.0 mg, Mucosa nasalis suis D8 22.0 mg, Mucosa oculi suis D8 22.0 mg, Mucosa oesophagi suis D8 22.0 mg, Mucosa oris suis D8 22.0 mg, Mucosa pulmonis suis D8 22.0 mg, Mucosa pylori suis D8 22.0 mg, Mucosa recti suis D8 22.0 mg, Mucosa vesicae felleae suis D8 22.0 mg, Mucosa vesicae urinariae suis D8 22.0 mg, Oxalis acetosella D6 22.0 mg, Pankreas suis D10 22.0 mg, Phosphorus D8 22.0 mg, Psychotria ipecacuanha D8 22.0 mg, Pulsatilla pratensis D6 22.0 mg, Semecarpus anacardium D6 22.0 mg, Strychnos nux-vomica D13 22.0 mg, Sulfur D8 22.0 mg, Ventriculus suis D8 22.0 mg, Veratrum album D4 22.0 mg, Natrium diethyloxalaceticum D8 22.0 mg. Excipients: Sodium chloride 19.1 mg, Water for injections 1430.0 mg.

Indications: Tablets, injection solution: Disorders of mucous membranes (gastrointestinal, respiratory and genitourinary system and the eye).

Contraindications: Tablets, injection solution: Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: Tablets: Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

Side effects: Tablets: Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them, **injection solution:** None have been reported.

Interactions with other medication: Tablets, injection solution: No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: Tablets, injection solution: For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: Tablets, injection solution: No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: Tablets: Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution: Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Mucosa comp.-Heel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: Tablets, injection solution: No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: Tablets (52268): Packs containing 50 and 250 tablets. **Injection solution (52546):** Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

SmPC needs to be adapted locally
RCP se debe adaptar localmente

Neurexan® Summary of Product Characteristics

Tablets • Oral drops

Compositions: **Tablets:** 1 tablet contains: Active ingredients: Avena sativa D2 0.6 mg, Coffea arabica D12 0.6 mg, Passiflora incarnata D2 0.6 mg, Zincum isovalerianicum D4 0.6 mg. Excipients: Lactose monohydrate 300 mg, Magnesium stearate 1.5 mg. Contains lactose. **Oral drops:** 100 g contain: Active ingredients: Avena sativa D2 0.06 g, Coffea arabica D12 0.06 g, Passiflora incarnata D2 0.06 g, Zincum isovalerianicum D4 0.06 g. Excipients: Ethanol 96% (V/V) 31.34 g; water, purified 68.42 g.

Indications: **Tablets, oral drops:** Nervous restlessness and sleep disturbances.

Contraindications: **Tablets, oral drops:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Oral drops:** This medicinal product contains 36 vol.-% ethanol (alcohol).

Side effects: **Tablets:** Allergic (hypersensitivity) skin reactions may occur in very rare cases (i.e. affects less than 1 in 10,000 users). Due to the homeopathic nature of Neurexan tablets a temporary worsening in symptoms (initial aggravation) is possible but harmless. **Oral drops:** Due to the homeopathic nature of Neurexan drops a temporary worsening in symptoms (initial aggravation) is possible but harmless.

Interactions with other medication: **Tablets, oral drops:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Tablets, oral drops:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicinal product are not known to be teratogenic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Tablets, oral drops:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Tablets:** **Standard dosage:** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Oral drops:** **Standard dosage:** Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. **Method of administration:** This medicine should be taken away from meals. For children, add drops to a small amount of water.

Overdose: **Tablets, oral drops:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: **Tablets (9519):** Packs containing 50 and 250 tablets. **Oral drops (9880):** Packs containing 30 ml and 100 ml.

SmPC needs to be adapted locally
RCP se debe adaptar localmente

Nux vomica- Homaccord®

Nux vomica-Homaccord® Summary of Product Characteristics

Oral drops • Injection solution

Compositions: *Oral drops:* 100 g contain: Active ingredients; Bryonia D2 0.2 g, Bryonia D6 0.2 g, Bryonia D10 0.2 g, Bryonia D15 0.2 g, Bryonia D30 0.2 g, Bryonia D200 0.2 g, Bryonia D1000 0.2 g, Citrullus colocynthis D3 0.3 g, Citrullus colocynthis D10 0.3 g, Citrullus colocynthis D30 0.3 g, Citrullus colocynthis D200 0.3 g, Lycopodium clavatum D3 0.3 g, Lycopodium clavatum D10 0.3 g, Lycopodium clavatum D30 0.3 g, Lycopodium clavatum D200 0.3 g, Lycopodium clavatum D1000 0.3 g, Strychnos nux-vomica D2 0.2 g, Strychnos nux-vomica D10 0.2 g, Strychnos nux-vomica D15 0.2 g, Strychnos nux-vomica D30 0.2 g, Strychnos nux-vomica D200 0.2 g, Strychnos nux-vomica D1000 0.2 g. Excipients: Ethanol (96 per cent) 27.8 g; water, purified 66.9 g. *Injection solution:* 1 ampoule of 11 ml (=1.1g) contains: Active ingredients: Bryonia D4 2.2 mg, Bryonia D6 2.2 mg, Bryonia D10 2.2 mg, Bryonia D15 2.2 mg, Bryonia D30 2.2 mg, Bryonia D200 2.2 mg, Bryonia D1000 2.2 mg, Citrullus colocynthis D5 3.3 mg, Citrullus colocynthis D10 3.3 mg, Citrullus colocynthis D30 3.3 mg, Citrullus colocynthis D200 3.3 mg, Lycopodium clavatum D5 3.3 mg, Lycopodium clavatum D10 3.3 mg, Lycopodium clavatum D30 3.3 mg, Lycopodium clavatum D200 3.3 mg, Lycopodium clavatum D1000 3.3 mg, Strychnos nux-vomica D4 2.2 mg, Strychnos nux-vomica D6 2.2 mg, Strychnos nux-vomica D10 2.2 mg, Strychnos nux-vomica D15 2.2 mg, Strychnos nux-vomica D30 2.2 mg, Strychnos nux-vomica D200 2.2 mg, Strychnos nux-vomica D1000 2.2 mg. Excipients: Sodium chloride 10.2 mg, water for injections 1041.7 mg.

Indications: *Oral drops, injection solution:* Functional disturbances of the liver and gastrointestinal system, including nausea, indigestion, constipation, abdominal bloating and flatulence; symptoms associated with consumption of alcohol, coffee or nicotine. Support of detoxification and elimination processes of the liver and gastrointestinal system.

Contraindications: *Oral drops, injection solution:* Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: *Oral drops:* This medicinal product contains 35 vol.-% ethanol (alcohol). *Injection solution:* None.

Side effects: *Oral drops, injection solution:* Like all medicinal products, homeopathic medicines may cause side effects. In isolated cases transient skin reactions (eg. rash, pruritus) have been reported. The frequency of these effects is not known.

Interactions with other medication: *Oral drops, injection solution:* No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: *Oral drops, injection solution:* For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: *Oral drops, injection solution:* No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: *Oral drops:* Standard dosage: Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water. *Injection solution:* Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. Method of administration: Strychnos nux-vomica-Homaccord, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

Overdose: *Oral drops, injection solution:* No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

Package sizes: *Oral drops (9786):* Packs containing 30 ml and 100 ml. *Injection solution (8587):* Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

SmPC needs to be adapted locally
RCP se debe adaptar localmente

Spascupreel®

Spascupreel® Summary of Product Characteristics

Tablets • Injection solution • Suppositories

Compositions: **Tablets:** 1 tablet contains: Active ingredients: Aconitum napellus D6 60 mg, Amanita muscaria D4 15 mg, Ammonium bromatum Trit. D4 30 mg, Atropinum sulfuricum D6 30 mg, Citrullus colocynthis D4 30 mg, Cuprum sulfuricum D6 15 mg, Gelsemium sempervirens D6 30 mg, Magnesium phosphoricum D6 30 mg, Matricaria recutita D3 15 mg, Passiflora incarnata D2 15 mg, Veratrum album D6 30 mg; Excipients: Magnesium stearate 1.5 mg; contains lactose. **Injection solution:** 1 ampoule of 1,1 ml (=1,1 g) contains: Active ingredients: Aconitum napellus D6 2.20 mg, Amanita muscaria D4 0.55 mg, Ammonium bromatum D4 1.10 mg, Atropinum sulfuricum D6 1.10 mg, Citrullus colocynthis D4 1.10 mg, Cuprum sulfuricum D6 0.55 mg, Gelsemium sempervirens D6 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D3 0.55 mg, Passiflora incarnata D2 0.55 mg, Veratrum album D6 1.10 mg; Excipients: Sodium chloride 10.4 mg, water for injections 1089.0 mg. **Suppositories:** 1 suppository = 2.0 g containing: Active ingredients: Aconitum napellus D5 2.20 mg, Amanita muscaria D3 0.55 mg, Ammonium bromatum D3 1.10 mg, Atropinum sulfuricum D5 1.10 mg, Citrullus colocynthis D3 1.10 mg, Cuprum sulfuricum D5 0.55 mg, Gelsemium sempervirens D5 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D2 0.55 mg, Passiflora incarnata D1 0.55 mg, Veratrum album D5 1.10 mg; Excipients: Hard fat 1989.0 mg.

Indications: **Tablets, Injection solution, Suppositories:** Spasms of the smooth musculature of the gastrointestinal and the urogenital tract.

Contraindications: **Tablets, Injection solution, Suppositories:** Known allergy (hypersensitivity) to one or more of the ingredients.

Special warnings and special precautions for use: **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution, Suppositories:** None.

Side effects: **Tablets:** Like all medicinal products, this homeopathic medicinal product can cause side effects, although not everybody gets them. **Injection solution, Suppositories:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

Interactions with other medication: **Tablets, Injection solution, Suppositories:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

Pregnancy and lactation: **Tablets, Injection solution, Suppositories:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

Effects on ability to drive and use machines: **Tablets, Injection solution, Suppositories:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

Dosage: **Tablets:** **Standard dosage:** Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs. up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. **Method of administration:** Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution:** **Standard dosage:** Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅔ of an ampoule 1 to 3x weekly. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅔ of an ampoule daily, and then continue with standard dosage. **Method of administration:** Spascupreel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route. **Suppositories:** **Standard dosage:** Adults (and children 12 yrs. and older): 1 suppository 3x daily. Pediatric: 6–11 yrs.: 1 suppository 2x daily. **Acute or initial dosage:** Adults (and children 12 yrs. and older): 1 suppository every 2 hrs. up to 6x daily, and then continue with standard dosage. Pediatric: 6–11 yrs.: 1 suppository every 2 hrs. up to 4x daily, and then continue with standard dosage. **Method of administration:** Insert suppository into the rectum.

Overdose: **Tablets, Injection solution, Suppositories:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

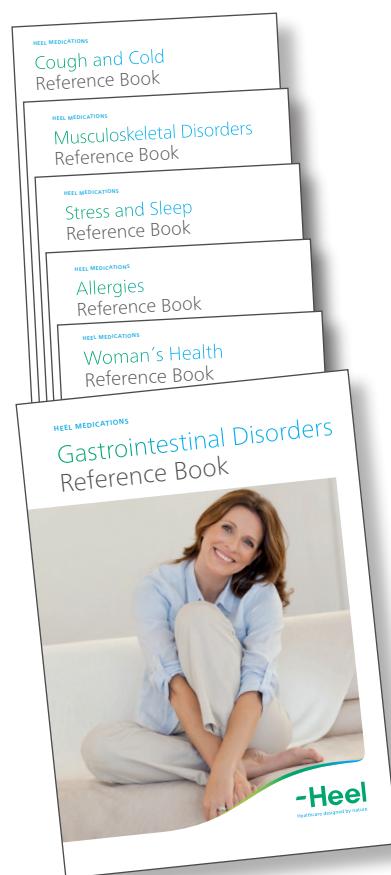
Package sizes: **Tablets (9749):** Packs containing 50 and 250 tablets. **Injection solution (8558):** Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each. **Suppositories (9573):** Packs containing 12 and 60 suppositories of 2.0 g

SMPC needs to be adapted locally
RCP se debe adaptar localmente

LIBROS DE REFERENCIA

Vista general

1. Trastornos gastrointestinales
2. Tos y resfriado
3. Trastornos musculoesqueléticos
4. Estrés y sueño
5. Alergias
6. Salud de la mujer



Esta carpeta contiene información útil sobre la salud basada en datos científicos. Su propósito es meramente informativo. La información o las recomendaciones terapéuticas no constituyen un tratamiento específico de ningún caso concreto. No sustituyen ni son contrarias a las recomendaciones terapéuticas del médico responsable del tratamiento u otro profesional sanitario cualificado. Heel no se hace responsable de ningún daño o perjuicio derivado o presuntamente derivado, directa o indirectamente, de la información proporcionada en el presente folleto.

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