

# MINT™

Minimally Invasive Non-surgical Thread

## MINT™ PDO Thread Lifting Aftercare



Apply SPF 30 and avoid direct sunlight



Gently wash the treated area (Do not rub or massage for 2 weeks)



Do not open mouth too wide for 3-4 weeks



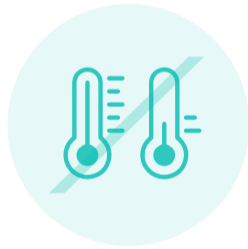
Take paracetamol 500mg 6-hourly (If required)



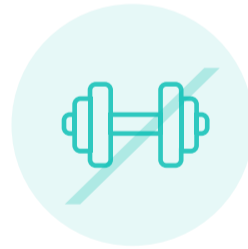
Avoid Alcohol and anti-coagulant medicine for 7 days



Avoid blood thinning vitamin C&E for 7 days



Avoid temperature extremes such as saunas or very cold climates for 10 days



Avoid physical exercise for 7 days



Avoid any heat producing device Radio Frequency, HIFU/Ultherapy or Laser for at least 10 weeks



Anti-inflammatory medication may be taken after 7 days

If you start experiencing (or suspect experiencing) any sort of side effect or adverse reaction following the treatment, you could contact the treating physician or clinic using the contact information.