

OAT APPLE FIBRE BASED POWDERED MIX FOR A FLAVOURED DRINK

WITH NO ARTIFICIAL SWEETENERS



SKU #2554



*Per made up product = 6.8g serving with 150ml of water.

**Contains 0.1g of naturally occurring sugar.

Nutritional information, average serving:

| Serving Size: 6.8 g Servings per Container: 30 | | |
|---|--------------------|--------------------------------------|
| | Per 100 g | Per 150 ml of made up product* |
| Energy | 1101 kJ (268 kcal) | 75 kJ (18 kcal) |
| Fat | 0.7 g | 0 g |
| of which: saturates | 0 g | 0 g |
| Carbohydrate | 26 g | 2 g |
| of which: sugars | 1.6 g | 0.1 g |
| Fibre | 74 g | 5 g |
| Protein | 2.6 g | 0.2 g |
| Salt | 0.20 g | 0.01 g |

Ingredients:

Oat fibre (28 %), apple fibre (24 %), maize dextrin (24 %), **soya** fibre (9 %), citrus fibre (5 %), inulin (from chicory – 5 %), flavouring, thickener (acacia gum / xanthan gum), maltodextrin, anti-caking agent (silicon dioxide). Allergy advice: for allergens, including cereals containing gluten, see ingredients in **bold**.

Targeted Nutrition

Oat Apple Fibre Drink is a delicious and easy way to help increase your daily fibre intake.

A unique blend of soluble and insoluble fibres. Oat Apple Fibre Drink contains six fibre sources – apple, oat, maize, citrus, chicory and soya.

Each serving contains 5g of fibre and 18 calories.*

KEY BENEFITS

- No artificial sweeteners
- Sugar Free**
- Increase your daily fibre intake with Oat Apple Fibre Drink
- 5g of fibre per serving
- 6 fibre sources
- Contains both soluble and insoluble fibre
- 18kcal per serving*

USAGE

- Mix 1 measuring spoon (6.8 g) with 150ml of water or add a scoop to your favourite shake mix and enjoy.

To find out more, contact me today:

*When made up with 150ml of water

**Contains 0.1g of naturally occurring sugar.