

# CR7 DRIVE



## Nutritional information

Serving size: 27 g

Servings per canister: 20

Servings per box: 10 Sachets

	Per 100g	Per 500 ml made up product*	
Energy	1524 kJ 358 kcal	411 kJ 97 kcal	
Fat of which: saturates	0 g 0 g	0 g 0 g	
Carbohydrate of which: sugars	86 g 66 g	23 g 18 g	
Fibre	2.2 g	0.6 g	
Protein	0 g	0 g	
Salt	2.3 g	0.6 g	
<b>VITAMINS AND MINERAL</b>		<b>% NRV**</b>	<b>% NRV**</b>
Thiamin	4.1 mg	373 %	1.1 mg 100 %
Vitamin B12	9.3 µg	372 %	2.5 µg 100 %
Magnesium	526 mg	140 %	142 mg 38 %

\* Per made up product = 27 g serving (2 scoops or 1 sachet) with 500 ml water

\*\* Nutrient reference values

## INGREDIENTS:

Dextrose, sugar, maltodextrin, trisodium citrate, isomaltulose\*\*\*, acidity regulator (citric acid), magnesium salts of citric acid, potassium citrate, flavourings, colours (anthocyanins), cyanocobalamin, thiamin mononitrate.

\*\*\* Isomaltulose is a source of glucose and fructose.

## Sports & Fitness

CR7 Drive is a carbohydrate-electrolyte drink for maintaining endurance performance during prolonged exercise, perfect for taking during exercise or sports.

It is a carbohydrate-electrolyte solution that is proven to enhance the absorption of water during physical activity and help maintain endurance performance\*, whether it be an intense game of football or you are hitting the treadmill.

CR7 Drive also contains vitamin B12 which helps maintain energy-yielding metabolism as well as the normal function of the immune system, as well as magnesium which helps reduce tiredness and fatigue and contributes to electrolyte balance.

Each serve contains under 100kcal per serving and is easy to drink while on the move, with a light Acai Berry flavour.

\* Carbohydrate-electrolyte solutions contribute to the maintenance of endurance performance during prolonged exercise.

\*\* Carbohydrate-electrolyte solutions enhance the absorption of water during physical exercise.

## KEY BENEFITS

- Delicious and refreshing carbohydrate-electrolyte drink to take during exercise.
- Developed in conjunction with Cristiano Ronaldo, one of the elite players of world football.
- Carbohydrate-electrolyte solution that is proven to help sustain endurance performance\*.
- Also enhances the absorption of water during exercise\*\*.
- Under 100kcal per serving to help manage your calorie intake.

## USAGE

- Sachets: Mix 27g (one sachet) of powder with 500ml of water, shake vigorously. Best consumed during exercise.
- Canister: Mix 27g (2 scoops) of powder with 500ml of water, shake vigorously. Best consumed during exercise.

To find out more, contact me today: