

FORMULA 2 VITAMIN & MINERAL COMPLEX MEN



SKU #1800

NUTRITIONAL INFORMATION

Daily serving: 2 tablets Servings per container: 30		
VITAMINS	2 tablets provide	% NRV*
Vitamin A	1000 µg RE	125%
Vitamin D	20 µg	400%
Vitamin E	30 mg α-TE	250%
Vitamin K	75 µg	100%
Vitamin C	250 mg	313%
Thiamin (vitamin B1)	1.6 mg	145%
Riboflavin (vitamin B2)	5 mg	357%
Niacin (vitamin B3)	14 mg NE	88%
Vitamin B6	2 mg	143%
Folic acid	174 µg	87%
Vitamin B12	1.9 µg	76%
Biotin	100 µg	200%
Pantothenic acid (vitamin B5)	5.7 mg	95%
MINERALS		
Calcium	250 mg	31%
Phosphorus	250 mg	36%
Magnesium	113 mg	30%
Iron	6 mg	43%
Zinc	8.7 mg	87%
Copper	0.50 mg	50%
Manganese	1 mg	50%
Selenium	79 µg	144%
Chromium	40 µg	100%
Iodine	93 µg	62%
OTHER SUBSTANCES		
Choline	82.5 mg	

Core Nutrition

Are you looking to optimise your daily vitamin and mineral intake?

Discover Formula 2 Vitamin & Mineral Complex Men, your easy route to 24 nutrients to support what your body needs. It contains essential vitamins and minerals in just the right amounts to target the daily health needs of men.



IMMUNE SYSTEM: Contains vitamins A and C which contribute to the normal function of the immune system.



MUSCLE FUNCTION: Includes magnesium to contribute to normal muscle function.



ENERGY METABOLISM: Contains riboflavin which contributes to normal energy-yielding metabolism.



MENTAL PERFORMANCE: Includes pantothenic acid to contribute to normal mental performance.

*Nutrient Reference Value.

KEY BENEFITS:

- Tailored to the individual health needs of men.
- Provides the optimal amount of key nutrients that your body needs.
- Delivers 71 individual EU authorised claims.
- Developed by experts in nutrition and backed by proven science.

USAGE

- Take 2 tablets daily with food.
- For the ultimate in daily nutrition use this product in conjunction with Herbalife Formula 1 Nutritional Shake Mix. Take 1 tablet a day if you are taking 2 shakes a day, and 2 tablets a day if you are taking 1 shake a day.

To find out more, contact me today: