HERBAL BEVERAGE



Nutritional Information

	Per 100 g	Per serving (1.7 g)
Energy	361 kcal (1535 kJ)	6 kcal (26 kJ)
Protein	10.6 g	0.18 g
Carbohydrate	79.4 g	1.35 g
of which: sugars	22.4 g	0.38 g
Fat	0.1 g	0.002 g
of which: saturates	0.1 g	0.002 g
Fibre	0.1 g	0.002 g
Sodium	0.1 g	0.002 g

Ingredients:

Maltodextrin, fructose, orange pekoe tea extract (*Camellia sinensis*, 20.3 %), green tea extract (*Camellia sinensis*, 8.2 %), natural caffeine powder (4.1 %), stabiliser (modified starch), natural lemon flavouring, malva extract (*Malva sylvestris*, 0.12 %), hibiscus powder (*Hibiscus sabdariffa* L., 0.12 %), cardamom extract (*Elettaria cardamomum*, 0.004 %). For up to date ingredient & nutritional values please refer to the label on the product.

Weight Management

A low calorie refreshing drink infused with green and black tea.

KEY BENEFITS

- Low calorie approx 6 kcal per serving.
- One cup of Instant Herbal Beverage contains 85mg of caffeine to help increase alertness and improve concentration.
- Our green tea is water extracted to give you the full spectrum of compounds found in green tea.
- Available in Original, Lemon, Raspberry and Peach flavours.
- Can be enjoyed hot or cold to suit your mood.

This unique blend of orange pekoe – a traditional black tea, and green tea, with extracts of malva flower, hibiscus flower and cardomom seed, is designed to revive and refresh.

HOW CAN IT HELP YOU?

When leading a busy or active lifestyle, do you often feel less than alert and struggle to concentrate? With 6 kcal per serving, Instant Herbal Beverage is a refreshing drink enjoyed hot or cold, and a great way to help you reach your required fluid intake each day.

USAGE

Mix $\frac{1}{2}$ teaspoon (approx 1.7g) with 250ml of hot or cold water. Instant Herbal Beverage is a refreshing drink enjoyed alone or with meals and contains only 6.2 calories per serving.

ALSO TRY

Why not try our Protein Bars, a delicious high protein snack for when you're on the go.

Available in Chocolate Peanut, Vanilla Almond and Citrus Lemon flavours.



Your Herbalife Independent Distributor is: