

REBUILD STRENGTH



Energy, Sports & Fitness

Recovery high protein drink for use after strength training.

KEY BENEFITS

- For use after anaerobic exercise
- Contains 25g protein that contributes to the growth and maintenance of lean muscle mass, delivering protein to fatigued muscles
- Iron contributes to normal energy metabolism, the formation of red blood cells and oxygen transport in the body
- No artificial colours, flavours or sweeteners
- Casein and whey proteins are both high quality dairy proteins and are recognised for their excellent amino acid content.

WHO CAN BENEFIT FROM REBUILD STRENGTH?

- Anyone who lifts weights at the gym
- CrossFit athlete after a workout
- Football player looking to build lean muscle
- Anyone who needs high protein

USAGE

Mix 5 level scoops (50g) to 250ml of water. Shake vigorously. Consume within 30 minutes following anaerobic activity.

This product should be used as part of a balanced and varied diet in line with a healthy lifestyle.

We guarantee that every product from every batch produced is screened for prohibited substances by an independent third party. For your assurance, products may be tracked using the batch number on the product and checked at www.koelnerliste.com

Your Herbalife Independent Distributor is: