

FORMULA 1 SPORT



Energy, Sports & Fitness

Healthy nutritional shake for athletes.
Formula 1 Sport contains 219 calories per serving to help manage your calorific intake.

KEY BENEFITS

- Contains 18g of protein which supports the growth of lean muscle mass
- F1 Sport contains both Casein and Whey protein, both high quality dairy proteins
- 219 kcal per serving to help manage your calorific intake
- Unique protein-carbohydrate blend with fibre and essential vitamins and minerals
- Vitamins C, E and Selenium help to protect the body's cells from oxidative stress
- No artificial colours, preservatives or sweeteners.

WHO CAN BENEFIT FROM FORMULA 1 SPORT?

- Formula 1 Sport is for everyone
- Recreational sports players or gym junkies who need a reliable, healthy meal
- Busy professional who is constantly on the go, but works out to stay fit
- Athletes who need to manage their weight and maintain a healthy diet

USAGE

Blend 2 scoops (26g) of Formula 1 Sport with 250ml of semi-skimmed milk (1.5% fat).

- For weight control: Replace two meals per day with a delicious shake and eat one nutritious meal.
- For healthy control: Replace one meal per day with a delicious shake and eat two nutritious meals.

A healthy meal to be taken before or after your workout.

We guarantee that every product from every batch produced is screened for prohibited substances by an independent third party. For your assurance, products may be tracked using the batch number on the product and checked at www.koelnerliste.com

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