Workhorse \(\cappa\)



Disclaimer

These products are not intended for treating any medical conditions. You are solely responsible for how you use them. We are not liable for any damage, embarrassment, or economic losses that may or may not occur while using them. By putting the devices together and/or start using them you forfeit any claims on the company, the owner, employees, or vendors. Once you have received your products, we will not refund you. Parts that are damage upon arrival will be replaced. We reserve the right to judge what constitutes a damaged part.

Parts

The knee band shown below is not an exact rendering, it's a visualization. Your knee band will therefore look slightly different. Inspect all parts and contact us if any parts are damaged or missing. If you are unsure about parts or their status, please do not hesitate to contact us at the store for further support.



- 1. Frame
- 2. Cover
- 3. Gripper

- 4. Knee band
- 5. Rubber bands (multiple)

Maintenance

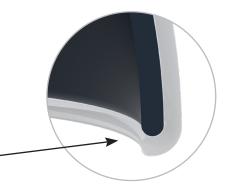
Clean all the parts when you find it appropriate. We suggest at least once or twice a week. Do not use any chemicals or other toxic materials. Clean with regular soap and lukewarm water.

Assembly instruction

If you would prefer you can find an instructional video at the store, on how to assemble the device. The image on the left of the page shows the correct orientation of the parts relative to each other. Before you start the assembly, clean all the plastic and silicone parts with regular soap and lukewarm water.



A. Pull the cover down on to the frame. Adjust it so that the silicone lip covers the bottom of the frame evenly around.





B. Pull the gripper over the cover and frame. Adjust it so that it sits evenly on the device and that the top ring of the gripper is located beneath the dominant edge of the frame.





- C. Adjust your knee band to fit comfortably around your leg. The band should sit right below your kneecap. We suggest you wear it so that the buckle is on the outside of your leg and the hook on the inside.
- D. Secure one or more rubber bands in the top loop of the frame.



The above image shows a rendering of the assembled device with the gripper in its natural state and with the gripper flipped up, ready to use. It also shows two ways you can attach the rubber band to the frame. Use the one most suited to your needs and length of rubber bands.

When using the device, start light and gradually add more rubber bands until you reach the desired amount of pull. Do not continue to use the device if you feel any pain. Immediately contact your doctor if you believe that you have suffered any injuries while using the products.

Thank you for purchasing our products!

Revision: 1.3 Last updated: 2021-01-25