



Final Report

Order # Sample ID: 2019-004566-01 **Company:** FiberGourmet
Customer Sample ID: Beigels Challa V 2
Sample Description: Increased RS Levels

Analytical Testing

<u>Method:</u>	<u>Component:</u>	<u>Result:</u>	<u>Test Date:</u>
² Mock Serving Label	Serving Size	71g	04-Jun-2019

Analytical Testing

<u>Method:</u>	<u>Component:</u>	<u>Result:</u>	<u>Test Date:</u>
Ash	Ash	1.294 %	03-Jun-2019
Ash	Ash	1.452 %	03-Jun-2019
² Calories	Calories	301 Calories/100 g	31-May-2019
	Calories, 2020	183 Calories/100 g	31-May-2019
	Calories from Fat	53 Calories/100 g	31-May-2019
	Calories from Saturated Fat	25 Calories/100 g	31-May-2019
	Calories (Insoluble Fiber Subtracted)	190 Calories/100 g	31-May-2019
² Carbohydrates	Carbohydrates	53.6 %	31-May-2019
Cholesterol	Total Cholesterol	27.1 mg/100g	30-May-2019
Fat (Gas Chromatography)	Total Fat	5.94 %	30-May-2019
	Saturated Fat	2.80 %	30-May-2019
	Monounsaturated Fat	1.80 %	30-May-2019
	cis-cis Polyunsaturated Fat	1.00 %	30-May-2019
	trans Fat	0.07 %	30-May-2019
² Fiber (AOAC 2001.03 & AOAC 991.43)	Insoluble Dietary Fiber	27.8 %	17-May-2019
	Soluble Dietary Fiber Gravimetric	2.4 %	17-May-2019
	Soluble Dietary Fiber HPLC	0.9 %	17-May-2019
	Soluble Dietary Fiber Total	3.3 %	17-May-2019
	Total Dietary Fiber	31.1 %	17-May-2019
Metals (ICP-OES)	Calcium	50.2 mg/100g	29-May-2019

Medallion Labs maintains A2LA accreditation to ISO/IEC 17025 for the specific tests listed in certificates # 2769.01 and 2769.02. Medallion Labs' services, including this report, are provided subject to all provisions of Medallion's Standard Terms and Conditions, a copy of which appears at www.medallionlabs.com. Unless otherwise noted above, samples were received in acceptable condition and analyzed as received.

² This test is not considered in-scope of our current A2LA accreditation. For a listing of in-scope tests, please visit www.medallionlabs.com.



Final Report

Order # Sample ID: 2019-004566-01 **Company:** FiberGourmet
Customer Sample ID: Beigels Challa V 2
Sample Description: Increased RS Levels

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<u>Method:</u>	<u>Component:</u>	<u>Result:</u>	<u>Test Date:</u>
Metals (ICP-OES)	Potassium	66.8 mg/100g	29-May-2019
Metals (ICP-OES)	Iron	1.53 mg/100g	29-May-2019
Metals (ICP-OES)	Sodium	459 mg/100g	29-May-2019
Moisture by Forced Air Oven	Moisture	30.347 %	28-May-2019
Protein	Protein (6.25)	8.28 %	30-May-2019
Sugars	Galactose	<0.1 %	31-May-2019
	Fructose	3.59 %	31-May-2019
	Glucose	2.80 %	31-May-2019
	Sucrose	0.628 %	31-May-2019
	Maltose	1.09 %	31-May-2019
	Lactose	<0.1 %	31-May-2019
	Total Sugar	8.11 %	31-May-2019
Vitamin D	Vitamin D2	<1.00 mcg/100 g	31-May-2019
	Vitamin D3	<1.00 mcg/100 g	31-May-2019
	Vitamin D Total	<LOQ mcg/100 g	31-May-2019

Results Approved By: Steven Murray
(Authorized Reviewer)

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Revised Final Report

Order # Sample ID:	2019-007263-01	Company:	FiberGourmet
Customer Sample ID:	Dry Short Pasta PS		
Sample Description:	Dry Short Pasta PSFGPSFR01		

Analytical Testing

<u>Method:</u>	<u>Component:</u>	<u>Result:</u>	<u>Test Date:</u>
² Mock Serving Label	Serving Size	2 oz	30-Jul-2019

Analytical Testing

<u>Method:</u>	<u>Component:</u>	<u>Result:</u>	<u>Test Date:</u>
Ash	Ash	1.030 %	25-Jul-2019
^{2 3} Calories	Calories	358 Calories/100 g	19-Aug-2019
	Calories, 2020	186 Calories/100 g	19-Aug-2019
	Calories from Fat	15 Calories/100 g	19-Aug-2019
	Calories from Saturated Fat	4 Calories/100 g	19-Aug-2019
	Calories (Insoluble Fiber Subtracted)	189 Calories/100 g	19-Aug-2019
^{2 3} Carbohydrates	Carbohydrates	73.2 %	19-Aug-2019
Fat (Gas Chromatography)	Total Fat	1.64 %	29-Jul-2019
	Saturated Fat	0.43 %	29-Jul-2019
	Monounsaturated Fat	0.22 %	29-Jul-2019
	cis-cis Polyunsaturated Fat	0.92 %	29-Jul-2019
	trans Fat	<LOQ %	29-Jul-2019
^{2 3} Fiber (AOAC 2001.03 & AOAC 991.43)	Insoluble Dietary Fiber	42.1 %	15-Aug-2019
	Soluble Dietary Fiber Gravimetric	1.0 %	15-Aug-2019
	Soluble Dietary Fiber HPLC	0.8 %	15-Aug-2019
	Soluble Dietary Fiber Total	1.8 %	15-Aug-2019
	Total Dietary Fiber	43.9 %	15-Aug-2019
Metals (ICP-OES)	Calcium	25.4 mg/100g	30-Jul-2019
Metals (ICP-OES)	Iron	1.57 mg/100g	30-Jul-2019

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³ Reported value has been revised from original report # 18712



Revised Final Report

Order # Sample ID: 2019-007263-01 **Company:** FiberGourmet
Customer Sample ID: Dry Short Pasta PS
Sample Description: Dry Short Pasta PSFGPSFR01

Analytical Testing

<u>Method:</u>	<u>Component:</u>	<u>Result:</u>	<u>Test Date:</u>
Metals (ICP-OES)	Potassium	123 mg/100g	30-Jul-2019
Metals (ICP-OES)	Sodium	175 mg/100g	30-Jul-2019
Moisture by Forced Air Oven	Moisture	11.586 %	25-Jul-2019
Protein	Protein (6.25)	12.5 %	26-Jul-2019
Sugars	Galactose	<0.1 %	26-Jul-2019
	Fructose	<0.1 %	26-Jul-2019
	Glucose	<0.1 %	26-Jul-2019
	Sucrose	0.205 %	26-Jul-2019
	Maltose	1.79 %	26-Jul-2019
	Lactose	<0.1 %	26-Jul-2019
	Total Sugar	1.99 %	26-Jul-2019

Results Approved By: Laura Marshak
 (Authorized Reviewer)

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