

SPLENDISHES DINNERS DONE! Freezer Meal Program

MENU 9 INSTRUCTIONS

ALL MEALS MUST BE DEFROSTED BEFORE COOKING. MEALS WILL HEAT MORE EVENLY AND QUICKER IF BROUGHT TO ROOM TEMPERATURE 1ST.

#1 French Onion Chicken Pasta

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#2 Chicken Cordon Bleu & Potatoes

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through and cheese is bubbling.

#3 Chicken Alfredo & Rice

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 25-30 minutes or until warmed through.

#4 Cheesesteak Pasta

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#5 Chili Cheese Casserole

NEED: Nothing

2. Bring to room temperature or defrost. Preheat oven to 375F. Place pie uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#6 Baked Ziti

NEED: Nothing

3. Bring to room temperature or defrost. Preheat oven to 375F. Place ziti uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#7 Smoked Sausage Gumbo & Rice

NEED: Nothing

4. Bring to room temperature or defrost. Preheat oven to 375F. Place gumbo uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#8 Mac & Cheese

NEED: Nothing

5. Bring to room temperature or defrost. Preheat oven to 375F. Place Mac & Cheese covered on a lined baking sheet and bake for 20 minutes, then remove cover and stir and bake another 15 minutes or until warmed through.

#9 Enchilada Meatballs & Rice

NEED: Nothing

6. Bring to room temperature or defrost. Preheat oven to 375F. Place enchiladas uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#10 Cheesy Beef & Mashed Potatoes

NEED: Nothing

7. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.