

SPLENDISHES DINNERS DONE! Freezer Meal Program

MENU 8 INSTRUCTIONS

ALL MEALS MUST BE DEFROSTED BEFORE COOKING. MEALS WILL HEAT MORE EVENLY AND QUICKER IF BROUGHT TO ROOM TEMPERATURE 1ST.

#1 Chicken Pot Pie

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place pot pie uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through and pie crust is golden brown.

#2 Chicken Enchilada Casserole

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through and cheese is bubbling.

#3 Cheesy Broccoli Chicken & Rice

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place casserole uncovered on a lined baking sheet and bake for 25-30 minutes or until warmed through.

#4 Sheppard's Pie

NEED: Nothing

1. Bring to room temperature or defrost. Preheat oven to 375F. Place pie uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#5 Cheeseburger Casserole

NEED: Nothing

2. Bring to room temperature or defrost. Preheat oven to 375F. Place pie uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

#6 Lasagna

NEED: Nothing

3. Bring to room temperature or defrost. Preheat oven to 375F. Place lasagna uncovered on a lined baking sheet and bake for 30-35 minutes or until warmed through.

SIMPLE SIDES ARE MEANT TO BE SERVED FRESH. DO NOT FREEZE

#7 Garden Salad

#8 Garlic Bread

NEED: Nothing

1. Preheat oven to 375F. Place garlic bread on baking sheet and bake for 12-15 minutes.

#9 Broccoli Salad

NEED: Nothing.

1. Serve chilled.

#10 Roasted Seasonal Vegetables

NEED: Nothing.

1. Preheat oven to 375F. Place veggies on parchment lined baking sheet and roast for 15 minutes, toss and roast another 5-10 minutes until tender.