



SPLENDISHES DINNERS DONE!

Freezer Meal Program

MENU 2

One-Two Pot/Pan Meals

#1 Balsamic Caprese Chicken (GF/LC)

Seasoned chicken, balsamic sauce, tomatoes, cheese, veggies

#2 One Pot Pork Chow Mein (GF)

Seasoned pork, sauce, veggies

#3 BBQ Pork Bowl (GF/LC)

Seasoned pork, BBQ sauce, veggies

#4 French Onion Pork Chops (GF/LC)

Seasoned pork, caramelized onions, sauce, veggies

#5 Hibachi Beef (GF/LC)

Seasoned beef, sauce, veggies

#6 Cheesy Meatball Parmesan (GF)

Meatballs, homemade marinara sauce, cheese, veggies

Crock Pot & Instant Pot Options

#7 Chicken Cacciatore (GF/LC)

Seasoned chicken, sauce, onions and peppers

#8 White Chicken Tortilla Soup (GF)

#9 One Pot Beef Stew (GF)

Seasoned beef, sauce, veggies

#10 Chicken Enchiladas (GF)

Seasoned chicken with green chilis, homemade enchilada sauce, cheese

Fresh Proteins (no antibiotics) ~ Fresh Seasonal Vegetables ~ House Made Sauces
Gluten Free (GF) Options ~ Low Carb (LC) Options ~ NO Preservatives or MSG