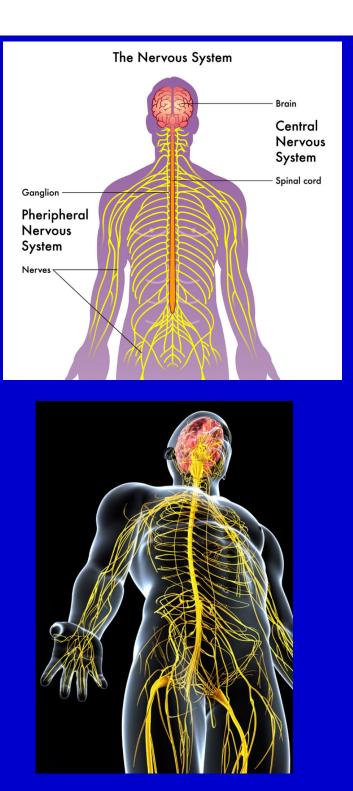


## The Nerve Tuning Fork

The Nerve Fork is 50Hz in frequency. This is a weighted tuning fork.

Use this tuning fork to help relieve pain from pulled or strained muscles, muscle cramps, Charlie Horse, and muscle spasms.

You can also use this tuning fork to help release knotted muscles which makes this a great fork for massage therapists and bodyworkers. This fork also spikes Nitric Oxide.



## The Nerve Tuning Fork

Nerves send and carry messages from the brain at 50 Hz. The nerves tell the brain when trauma occurs and something is not right. The brain tries to correct this. If a major trauma has occurred, the brain sends endorphins to ease the pain. If the damage occurs to the nerve, the communication to the brain is hindered.

## **Application**

Activate the fork by tapping the flat end of the circular weights on the palm of your hand. Place the stem of the fork on the desired area and let it vibrate. This should *only* be done twice in an area about 3 inches in circumference.. To increase the vibrations and healing, put a crystal on the physical body in the desired area. Then place the stem of the activated fork on the crystal. The crystal works as a conductor to increase vibrations.