

SozoSoundz Pineal Tuning Fork & YL Essential Oil

As we grow older the pineal gland begins to calcify and degenerates from all the substances (hormones, chemicals, fluoride, etc.) found in our food and water. At SozoSoundz, we created a tuning fork with a healing frequency that will help to balance this gland and help restore normal functions.

In addition to the fork, we have added Young Living's (YL) Idaho Blue Spruce (IBS) essential oil. This oil is used by Corinne Allen Ph.D. (Brain Specialist and nutritionist). According to Dr. Allen, "IBS opens the pineal gland, that becomes calcified/blocked because of chemical and other toxins. Cell receptors (in all parts of the body) for the pineal gland can't take in nutrients, when they are blocked by toxins. IBS assists the body in clearing the receptor sites, assisting the pineal gland to function better." The benefits of this oil include opening the pineal gland, clearing emotional trauma, and evoking deep peace and security.

When both the tuning fork and Idaho Blue Spruce essential oil are used simultaneously, the rate of healing and potential is exponentially increased. IBS also clears of the receptor sites allowing the pineal gland to function again. The combination of the fork and the oil will help this gland to receive vital nutrients that were previously blocked. Clearing and restoring this gland also is believed to bring spiritual enlightenment.

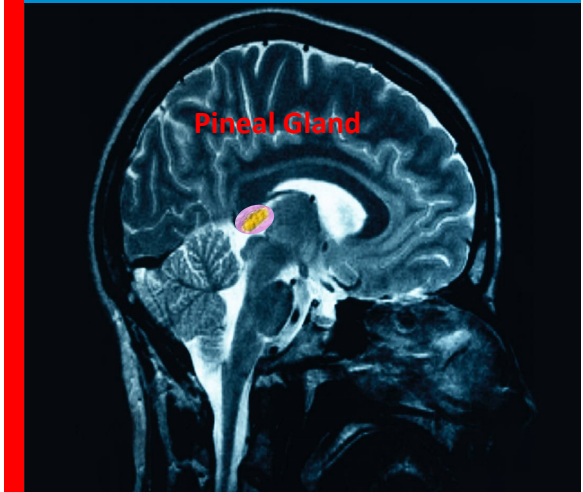
Restore your pineal gland back to health with this powerful combination of tuning fork and essential oil.



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Pineal Gland Decalcification & Optimization



**Pineal Gland Tuning Fork
and Young Living's "Idaho
Blue Spruce" Essential Oil.**

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The Pineal Gland

This gland is an endocrine gland and is located behind the third cerebral ventricle in the midline (between the two cerebral hemispheres) of the brain. The shape of the gland is like that of a pine cone. It's name is derived from that shape (Latin *pineae*).

This gland produces Melatonin which regulates our circadian rhythm (sleep cycle) and Serotonin which is the chemical that helps us to be happy and to maintain a balanced state of mind.

The 17th-century French Philosopher-mathematician Rene Descartes concluded that the pineal gland was the seat of the soul. Many spiritualists have commented that this gland is a key energy center in the body and that it is the receptor and sender for the subtle vibrations which carry our thoughts and promote intuitive abilities. This gland is the storehouse of imagination and creation.

When this gland is awakened, we experience vivid imagery and complete relaxation. We enter a Theta brain state just between wakefulness and sleep. In this state we are extremely receptive to the wisdom of our universe and higher power.

Application of Essential Oil

1. Apply Young Living Idaho Blue Spruce Essential Oil (2-4 drops) to the top of the foot and between the first and 2nd toe. (Figure 1)
2. Apply the Idaho Blue Spruce (IBS) essential oil to the middle of the forehead at the hairline (3rd eye) (2-3 drops)



Figure 1

Application of Tuning Fork

1. Hold the tuning fork by the stem and gently tap the prongs (flat side) against your knee cap or a hockey puck activator.
2. Bring the tuning fork within 3-6 inches of your ear canal on the left side and listen to the sound (approximately 20 seconds). Repeat the process on the right side.
3. Tap the fork again and bring the fork within 3-6 inches of your middle forehead at the hairline.
4. Complete 3 complete cycles of movements with the tuning fork by starting at the middle forehead and drawing the tuning fork back to the brain stem and

returning back to the middle forehead. (Connecting Cerebrum to Cerebellum)

(Figure 2)

5. Tap the fork again and bring the fork within 3-6 inches from your left ear canal.
6. Circle the fork from the left ear, around the back, right ear and complete the circle by the left ear. Complete 3 circles. (Connecting left brain and right brain)

(Figure 3)

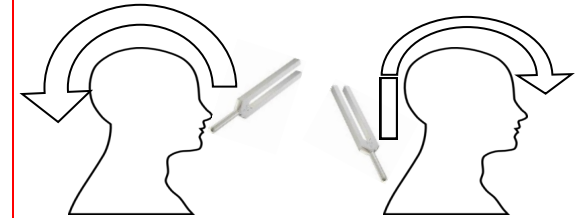


Figure 2

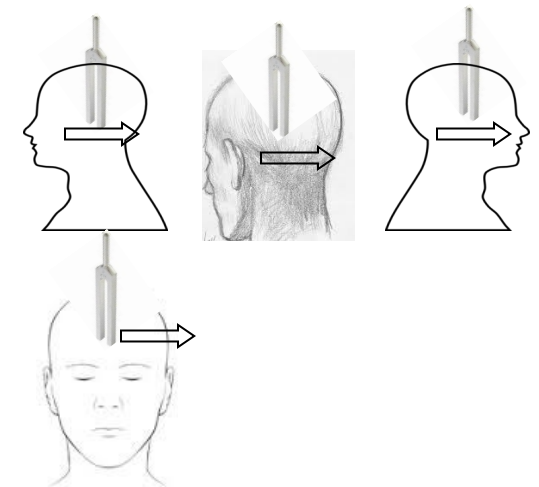


Figure 3