

## The Blood Circulation Fork



The 337 Hz blood circulation fork is used for aches, pain, soreness, stiffness, sprains, and strains. It is especially helpful in removing inflammation in injured tissue, and relieving blood stasis that causes pain and swelling.



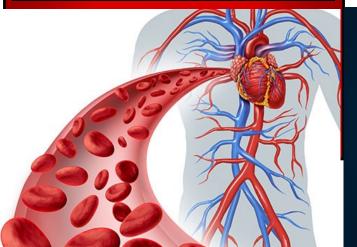
## The Blood Circulation Fork

#### Oxygen Flow

Strike the tuning fork on a hockey puck activator or mallet and sweep over desired area 2-3 inches off the body. This can be repeated as much as desired. This will assist in relieving pain and stiffness and all areas to include the joints. Also, by increasing oxygen in the body. This fork will also reduce cholesterol.

#### **Blood Circulation**

Using this fork as described above, will help to increase blood circulation to the body. Therefore, it will help reduce inflammation as brought on by some conditions like arthritis.





# The Nerve Tuning Fork

Nerves send and carry messages from the brain at 50 Hz. The nerves tell the brain when trauma occurs and something is not right. The brain tries to correct this. If a major trauma has occurred, the brain sends endorphins to ease the pain. If the damage occurs to the nerve, the communication to the brain is hindered.

#### **Application**

Activate the fork by tapping the flat end of the circular weights on the palm of your hand. Place the stem of the fork on the desired area and let it vibrate. This should *only* be done twice in an area about 3 inches in circumference.. To increase the vibrations and healing, put a crystal on the physical body in the desired area. Then place the stem of the activated fork on the crystal. The crystal works as a conductor to increase vibrations.

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### The Genesis Fork

#### Sound

Strike the tuning fork on the hockey puck activator. Bring the fork within 6 inches of your ear. When the sound and vibration has stopped, repeat the process for your other ear. The fork can be used to stimulate the create process by just listening to it.

#### Vertebrae/Hips/DNA

Strike both the Genesis fork 531 Hz and the Miracle 528 Hz simultaneously on a hockey puck activator. With the Genesis on one side of the vertebrae or hip and the Miracle fork on the other side, sweep the area from low to high. Because the frequencies are so close to each other, it allows for healing to come in. \*\*\* I have tried this on clients and they have reported that their back and/or hips feel much better after the session. Both the Genesis and Miracle fork also work to repair DNA.

#### Muscles and Tissue

This fork also reportedly repairs and rebuilds tissue. Strike the fork on the activator and wave over the area about 2-3 inches from the body. This can be done as often as needed.

#### **Cell Support**

This fork also reportedly supports healthy cells when used with the Shekinah 1185 Hz Tuning fork.